

**THERMACARE HEAT THERAPY MAX STRENGTH LIDOCAINE PAIN RELIEF GEL-**  
**thermacare heat therapy max strength lidocaine pain relief gel gel**  
**Clarion Brands LLC**

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Benzyl alcohol 10%

Lidocaine HCl 4%

Topical anesthetic

Use for the temporary relief of pain

**For external use only**

**Flammable** keep away from heat and open flame

**Do not use**

- **in large quantities**
- **on wounds, damaged, broken, or irritated skin**
- **for more than one week without consulting a doctor**

**When using this product**

- use only as directed. Read and follow all directions and warnings on this label
- avoid contact with the eyes and mucous membranes
- do not bandage tightly or apply local heat such as a heating pad or a medicated patch
- do not use with other topical analgesics

**Stop use and ask a doctor if**

- rash or irritation develops
- symptoms worsen or persist for more than 7 days or clear up and occur again within a few days

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

- **adults and children 2 years of age and older:** apply to the affected area no more than 3 to 4 times daily
- **children under 2 years of age:** consult a doctor before use

1, 2 hexanediol

alcohol

aloe barbadensis leaf juice

aminomethyl propanol

bisabolol

caprylyl glycol

disodium EDTA

hydroxyethylcellulose

isopropyl alcohol  
maltodextrin  
polyacrylate crosspolymer-6  
propylene glycol  
vanillyl butyl ether  
water  
zingiber officinale (ginger) root extract  
1-800-323-3383

Benzyl alcohol 10%

Lidocaine HCl 4%

### **Directions**

- **adults and children 2 years of age and older:** apply to affected area no more than 3 to 4 times daily
- **children under 2 years of age:** consult a doctor before use.

NEW!

ThermaCare Heat Therapy  
Soothing Heat 2x Dual Action Maximum Lidocaine  
Heat + Max Strength Lidocaine Pain Relief  
Fast Acting, Long Lasting  
Penetrates to the Source  
#1 Doctor Recommended  
Gel NET WT 3 OZ (85g)  
Non Greasy Vanishing Scent  
Distributed by:  
Bridges Consumer Healthcare  
811 Broad Street, Suite 600  
Chattanooga, TN 37402 2026

**NEW!**

# ThermaCare

HEAT THERAPY™



**HEAT+**  
MAX STRENGTH<sup>†</sup>  
**LIDOCAINE**  
PAIN RELIEF

- ✓ Fast Acting, Long Lasting
- ✓ Penetrates to the Source
- ✓ #1 Doctor Recommended\*

**GEL** NET WT 3 OZ (85 g)  
Non Greasy • Vanishing Scent

Drug Facts	
<b>Active ingredients</b>	<b>Purpose</b>
Benzyl alcohol 10% .....	Topical anesthetic
Lidocaine HCl 4% .....	Topical anesthetic
<b>Use</b> ■ for the temporary relief of pain	
<b>Warnings</b>	
For external use only	
<b>Flammable</b> ■ keep away from heat and open flame	
<b>Do not use</b> ■ in large quantities ■ on wounds, damaged, broken, or irritated skin ■ for more than one week without consulting a doctor	
<b>When using this product</b>	
■ use only as directed. Read and follow all directions and warnings on this label	
■ avoid contact with the eyes and mucous membranes	
■ do not bandage tightly or apply local heat such as a heating pad or a medicated patch	
■ do not use with other topical analgesics	
<b>Stop use and ask a doctor if</b> ■ rash or irritation develops ■ symptoms worsen or persist for more than 7 days or clear up and occur again within a few days	
<b>If pregnant or breast-feeding</b> , ask a health professional before use. <b>Keep out of reach of children.</b> If swallowed, get medical help or contact a Poison Control Center right away.	
<b>Directions</b>	
■ <b>adults and children 2 years of age and older:</b> apply to the affected area no more than 3 to 4 times daily	
■ <b>children under 2 years of age:</b> consult a doctor before use	
<b>Inactive ingredients</b> 1,2-hexanediol, alcohol, aloe barbadensis leaf juice, aminomethyl propanol, bisabolol, caprylyl glycol, disodium EDTA, hydroxyethylcellulose, isopropyl alcohol, maltodextrin, polyacrylate crosspolymer-6, propylene glycol, vanillyl butyl ether, water, zingiber officinale (ginger) root extract	
<b>Questions?</b> call 1-800-323-3383	

Distributed by:  
Bridges Consumer Healthcare  
811 Broad Street, Suite 600  
Chattanooga, TN 37402 ©2026  
\*ProClaim Solutions 2025  
†without a prescription

For most recent product information,  
visit [ThermaCare.com](http://ThermaCare.com)



1000375

## THERMACARE HEAT THERAPY MAX STRENGTH LIDOCAINE PAIN RELIEF GEL

thermacare heat therapy max strength lidocaine pain relief gel gel

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:69693-003
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>BENZYL ALCOHOL</b> (UNII: LKG8494WBH) (BENZYL ALCOHOL - UNII:LKG8494WBH)	BENZYL ALCOHOL	10 g in 100 mL
<b>LIDOCAINE HYDROCHLORIDE</b> (UNII: V13007Z41A) (LIDOCAINE - UNII:98PI200987)	LIDOCAINE HYDROCHLORIDE ANHYDROUS	4 g in 100 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>1,2-HEXANEDIOL</b> (UNII: TR046Y3K1G)	
<b>CAPRYLYL GLYCOL</b> (UNII: 00YIU5438U)	
<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>HYDROXYETHYLCELLULOSE</b> (UNII: T4V6TWG28D)	
<b>ISOPROPYL ALCOHOL</b> (UNII: ND2M416302)	
<b>VANILLYL BUTYL ETHER</b> (UNII: S2ULN37C9R)	
<b>GINGER</b> (UNII: C5529G5JPQ)	
<b>BISABOLOL</b> (UNII: 24WE03BX2T)	
<b>ALOE BARBADENSIS LEAF JUICE</b> (UNII: RUE8E6T4NB)	
<b>AMINOMETHYLPROPANOL</b> (UNII: LU49E6626Q)	
<b>POLYACRYLATE CROSSPOLYMER-6</b> (UNII: Q7UI015FF9)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>WATER</b> (UNII: 059QF0K00R)	

## Product Characteristics

<b>Color</b>		<b>Score</b>	
<b>Shape</b>	ROUND	<b>Size</b>	
<b>Flavor</b>		<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69693-003-03	1 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/22/2025	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	11/15/2025	

**Labeler** - Clarion Brands LLC (079742703)