

**THERMACARE HEAT THERAPY MAX STRENGTH LIDOCAINE PAIN RELIEF  
ROLLON- thermacare heat therapy max strength lidocaine pain relief  
rollon liquid  
Clarion Brands LLC**

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Benzyl alcohol 10%

Lidocaine HCl 4%

Topical anesthetic

Use for the temporary relief of pain

**For external use only**

**Flammable keep away from heat and open flame**

**Do not use**

- in large quantities
- on wounds, damaged, broken, or irritated skin
- for more than one week without consulting a doctor

**When using this product**

- use only as directed. Read and follow all directions and warnings on this label
- avoid contact with the eyes and mucous membranes
- do not bandage tightly or apply local heat such as a heating pad or a medicated patch
- do not use with other topical analgesics

**Stop use and ask a doctor if**

- rash or irritation develops
- symptoms worsen or persist for more than 7 days or clear up and occur again within a few days

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

- **adults and children 2 years of age and older:** apply to the affected area no more than 3 to 4 times daily
- **children under 2 years of age:** consult a doctor before use

1, 2 hexanediol

alcohol

aloe barbadensis leaf juice

aminomethyl propanol

bisabolol

caprylyl glycol

disodium EDTA

hydroxyethylcellulose  
isopropyl alcohol  
maltodextrin  
polyacrylate crosspolymer-6  
propylene glycol  
vanillyl butyl ether  
water  
zingiber officinale (ginger) root extract  
1-800-323-3383  
Benzyl alcohol 10%  
Lidocaine HCl 4%

### **Directions**

**adults and children 2 years of age and older:** apply to affected area no more than 3 to 4 times daily

**children under 2 years of age:** consult a doctor before use.

Thermacare Heat Therapy

Heat + Max Strength Lidocaine Pain Relief

Roll On NET WT 2.5 OZ (70 g)

No Mess Applicator

Vanishing Scent

Start with Small Amount; Skin Sensitivity Varies

Distributed by: Bridges Consumer Healthcare

811 Broad Street, Suite 600

Chattanooga, TN 37402

2026 Bridges CHC

Thermacare.com

**ThermaCare**  
HEAT THERAPY™

**HEAT+**  
**MAX STRENGTH<sup>†</sup>**  
**LIDOCAINE**  
**PAIN RELIEF**

**ROLL ON**  
NET WT 2.5 OZ (70 g)

No Mess Applicator • Vanishing Scent

**Active ingredients** Benzyl alcohol 10%, Lidocaine HCl 4% .....  
**Purpose** Topical anesthetic **Use** for the temporary relief of pain  
**Warnings** For external use only. **Flammable** ■ keep away from heat and open flame **Do not use** ■ in large quantities ■ on wounds, damaged, broken, or irritated skin ■ for more than one week without consulting a doctor **When using this product** ■ use only as directed. Read and follow all directions and warnings on this label ■ avoid contact with the eyes and mucous membranes ■ do not bandage tightly or apply local heat such as a heating pad or a medicated patch ■ do not use with other topical analgesics. **Stop use and ask a doctor if** ■ rash or irritation develops ■ symptoms worsen or persist for more than 7 days or clear up and occur again within a few days **If pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away. **Directions** ■ **adults and children 2 years of age and older:** apply to the affected area no more than 3 to 4 times daily ■ **children under 2 years of age:** consult a doctor before use. **Inactive ingredients** 1,2-hexanediol, alcohol, aloe barbadensis leaf juice, aminomethyl propanol, bisabolol, caprylyl glycol, disodium EDTA, hydroxyethylcellulose, isopropyl alcohol, maltodextrin, polyacrylate crosspolymer-6, propylene glycol, vanillyl butyl ether, water, zingiber officinale (ginger) root extract  
**Questions?** call 1-800-323-3383

**START WITH SMALL AMOUNT; SKIN SENSITIVITY VARIES**

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Chattanooga, TN 37402  
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ThermaCare.com †without a prescription

1000384

## THERMACARE HEAT THERAPY MAX STRENGTH LIDOCAINE PAIN RELIEF ROLLON

thermacare heat therapy max strength lidocaine pain relief rollon liquid

### Product Information

|                         |                |                    |               |
|-------------------------|----------------|--------------------|---------------|
| Product Type            | HUMAN OTC DRUG | Item Code (Source) | NDC:69693-002 |
| Route of Administration | TOPICAL        |                    |               |

### Active Ingredient/Active Moiety

| Ingredient Name  | Basis of Strength                 | Strength       |
|--|-----------------------------------|----------------|
| <b>LIDOCAINE HYDROCHLORIDE</b> (UNII: V13007Z 41A) (LIDOCAINE - UNII:98PI200987) | LIDOCAINE HYDROCHLORIDE ANHYDROUS | 4 g in 100 mL  |
| <b>BENZYL ALCOHOL</b> (UNII: LKG8494WBH) (BENZYL ALCOHOL - UNII:LKG8494WBH)      | BENZYL ALCOHOL                    | 10 g in 100 mL |

### Inactive Ingredients

| Ingredient Name                                       | Strength |
|---|----------|
| <b>POLYACRYLATE CROSSPOLYMER-6</b> (UNII: Q7UI015FF9) |          |
| <b>VANILLYL BUTYL ETHER</b> (UNII: S2ULN37C9R)        |          |
| <b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)            |          |

|   |  |
|---|--|
| <b>CAPRYLYL GLYCOL</b> (UNII: 00YIU5438U)             |  |
| <b>1,2-HEXANEDIOL</b> (UNII: TR046Y3K1G)              |  |
| <b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)            |  |
| <b>HYDROXYETHYLCELLULOSE</b> (UNII: T4V6TWG28D)       |  |
| <b>WATER</b> (UNII: 059QF0KO0R)                       |  |
| <b>BISABOLOL</b> (UNII: 24WE03BX2T)                   |  |
| <b>ALOE BARBADENSIS LEAF JUICE</b> (UNII: RUE8E6T4NB) |  |
| <b>AMINOMETHYLPROPANOL</b> (UNII: LU49E6626Q)         |  |
| <b>GINGER</b> (UNII: C5529G5JPQ)                      |  |
| <b>ALCOHOL</b> (UNII: 3K9958V90M)                     |  |
| <b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)                |  |

### Product Characteristics

|                 |       |                     |  |
|-----------------|-------|---------------------|--|
| <b>Color</b>    |       | <b>Score</b>        |  |
| <b>Shape</b>    | ROUND | <b>Size</b>         |  |
| <b>Flavor</b>   |       | <b>Imprint Code</b> |  |
| <b>Contains</b> |       |                     |  |

### Packaging

| # | Item Code        | Package Description                                 | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:69693-002-25 | 1 mL in 1 BOTTLE; Type 0: Not a Combination Product | 11/15/2025           |                    |

### Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| OTC Monograph Drug | M017                                     | 11/15/2025           |                    |

**Labeler** - Clarion Brands LLC (079742703)