

ENEMA MINERAL OIL- mineral oil enema
Natureplex LLC

Enema Mineral Oil

Drug Facts

Active ingredient (in each 120 ml delivered dose)

Mineral oil 100%

Purpose

Lubricant laxative

Use

- for relief of occasional constipation
- this product generally produces bowel movement in 2 to 15 minutes

Warnings

For rectal use only.

Caution

To be taken only at bedtime. Do not use at any other time or administer to infants, except upon the advice of a physician.

Do not use

- on children under 13 years of age
- on pregnant women
- on persons with difficulty swallowing
- on bedridden patients
- if you are presently taking a stool softener laxative
- or take with meals

Ask a doctor before use if you

- have already used a laxative for more than 3 days
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits that persist over a period of 2 weeks

Stop use and ask a doctor if

- you have rectal bleeding
- you have no bowel movement within 30 minutes of enema use

As with any drug, if you are nursing a baby, seek the advice of a health professional before using this product.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

Directions (or as directed by a doctor)

Rectal enema dosage is 120 ml in a single daily dosage (per 24 hours).

Adults & children 13 years old and older	1 bottle
Children under 13 years old	DO NOT USE

Other information

- Store at 15 to 30°C (59 to 86°F).
- **Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

Inactive ingredient

None

Questions or comments?

1-866-323-0107 or www.natureplex.com

PRINCIPAL DISPLAY PANEL - 133 mL Bottle Carton

***Compare To Fleet[®] Mineral Oil Enema**

Natureplex™

READY TO USE

Enema

***Mineral
Oil***

***Sodium
Free***

**For
Relief Of
Occasional
Constipation**

**Not Made
With
Natural
Rubber
Latex**

**Soft,
Easy To
Use
Bottle**

NDC 67234-019-01

1
Bottle
4.5 Fl Oz
(133 mL)

Tamper Resistant
Do not use if top or bottom flap
of carton is torn or missing

Natureplex

READY TO USE

Enema

CAUTION:
REMOVE ORANGE
PROTECTIVE
SHIELD FROM
ENEMA TIP
BEFORE
INSERTING
3070B
V03

CARTON SEALED
FOR SAFETY. IF
SAFETY SEAL ON
THE TOP FLAP IS
BROKEN OR
MISSING, DO
NOT USE.

*Compare To Fleet® Mineral Oil Enema

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* This product is not manufactured or distributed by C. B. Fleet Company Inc., owner of the registered trademark Fleet®.



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Complete Enema In A Disposable Squeeze Bottle With Soft, Pre-Lubricated Tip.



How To Use This Enema

- REMOVE ORANGE PROTECTIVE SHIELD BEFORE INSERTING. Hold bottle upright grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



- POSITIONING: Left-side position: Lie on left side with knee bent and arms at rest.



Knee-chest position: Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



ADMINISTERING ENEMA:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this may cause injury.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and maintain position until urge to evacuate is strong (usually 2 to 15 minutes).
- Discontinue use if resistance is encountered, forcing the enema can result in injury.
- Retain enema in accordance with doctor's instructions.

Bottle, cap and shield are NOT MADE WITH NATURAL RUBBER LATEX

Allergic reaction to materials containing Latex is a growing and serious medical problem.



Natureplex

OLIVE BRANCH, MS
38654

ENEMA MINERAL OIL

mineral oil enema

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:67234-019
Route of Administration	RECTAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
Mineral Oil (UNII: T5L8T28FGP) (Mineral Oil - UNII:T5L8T28FGP)	Mineral Oil	118 g in 118 mL

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:67234-019-01	1 in 1 CARTON	01/05/2013	
1		133 mL in 1 BOTTLE, WTH APPLICATOR; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	01/05/2013	

Labeler - Natureplex LLC (062808196)

Establishment

Name	Address	ID/FEI	Business Operations
Natureplex LLC		062808196	MANUFACTURE(67234-019)

Revised: 12/2024

Natureplex LLC