

ALLERGY RELIEF- cetirizine hcl capsule
Whole Foods Market, INC.

Cetirizine HCl Capsules, 10 mg dye free-whole foods

Active ingredient (in each capsule)

Cetirizine HCl 10 mg

Purpose

Antihistamine

Uses

temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:

■ runny nose ■ sneezing ■ itchy, watery eyes ■ itching of the nose or throat

Warnings

Do not use

if you have ever had an allergic reaction to this product or any of its ingredients or to an antihistamine containing hydroxyzine.

Ask a doctor before use if you have

liver or kidney disease. Your doctor should determine if you need a different dose.

Ask a doctor or pharmacist before use if you are

taking tranquilizers or sedatives.

When using this product

- drowsiness may occur
- alcohol, sedatives, and tranquilizers may increase drowsiness
- avoid alcoholic drinks
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

an allergic reaction to this product occurs. Seek medical help right away.

If pregnant or breast-feeding:

- if breast-feeding: not recommended
- if pregnant: ask a health professional before use

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

adults and children 6 years and over	one 10 mg capsule once daily; do not take more than one 10 mg capsule in 24 hours. A 5 mg product may be appropriate for less severe symptoms.
adults 65 years and over	ask a doctor
children under 6 years of age	ask a doctor
consumers with liver or kidney disease	ask a doctor

Other information

- store at 20°-25°C (68°-77°F)
- avoid high humidity and excessive heat above 40°C (104°F)
- protect from light

Inactive ingredients

gelatin, glycerin, mannitol, pharmaceutical ink, polyethylene glycol, purified water, sodium hydroxide, sorbitan, sorbitol

Questions or comments?

call toll free **1-888-235-2466**(Mon - Fri 9AM - 5PM EST)

*"This product is not manufactured or distributed by the owners of Zyrtec®

TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

KEEP THIS CARD FOR COMPLETE WARNINGS AND PRODUCT INFORMATION

DISTRIBUTED BY:

WHOLE FOODS MARKET

550 BOWIE STREET | AUSTIN, TX 78703

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www.wholefoodsmarket.com

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Principal Display Panel-30s count

NDC 42681-0056-1

365

WHOLE FOODS

MARKET

Antihistamine

Allergy Relief

Cetirizine HCl

Capsules, 10 mg

** Compare to the Active Ingredient in Zyrtec

Indoor & Outdoor Allergies

Sneezing | Runny Nose

Itchy, Watery Eyes | Itchy Throat or Nose

24 Hour

Relief

30 SOFTGELSt

tLiquid-filled capsules



ALLERGY RELIEF

cetirizine hcl capsule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:42681-0056
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CETIRIZINE HYDROCHLORIDE (UNII: 64O047KTOA) (CETIRIZINE - UNII:YO7261ME24)	CETIRIZINE HYDROCHLORIDE	10 mg

Inactive Ingredients

Ingredient Name	Strength
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GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
MANNITOL (UNII: 3OWL53L36A)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0KO0R)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
SORBITAN (UNII: 6O92ICV9RU)	
SORBITOL (UNII: 506T60A25R)	

Product Characteristics

Color	white (clear)	Score	no score
Shape	OVAL	Size	13mm
Flavor		Imprint Code	CE2
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42681-0056-1	1 in 1 CARTON	12/09/2025	
1		30 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:42681-0056-2	1 in 1 CARTON	12/09/2025	
2		90 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
NDA	NDA022429	12/09/2025	

Labeler - Whole Foods Market, INC. (196175616)

Registrant - Bionpharma Inc. (079637826)

Establishment

Name	Address	ID/FEI	Business Operations
Patheon Softgels Inc.		002193829	manufacture(42681-0056)

Revised: 12/2025

Whole Foods Market, INC.