

**GOOD SENSE STOOL SOFTENER- docusate sodium capsule, liquid filled
L. Perrigo Company**

Perrigo Stool Softener Drug Facts

Active ingredient (in each softgel)

Docusate sodium 100 mg

Purpose

Stool softener laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 12 to 72 hours

Warnings

Do not use

- if you are presently taking mineral oil, unless told to do so by a doctor

Ask a doctor before use if you have

- stomach pain
- nausea
- vomiting
- noticed a sudden change in bowel habits that lasts over 2 weeks

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

- you have rectal bleeding or fail to have a bowel movement after use of a laxative. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

- Take only by mouth. Doses may be taken as a single daily dose or in divided doses.

adults and children 12 years and over	take 1 - 3 softgels daily
children 2 to under 12 years of age	take 1 softgel daily
children under 2 years	ask a doctor

Other information

- **each softgel contains:** sodium 6 mg
- very low sodium
- store at 20-25°C (68-77°F)

Inactive ingredients

D&C red no. 33, edible ink, FD&C blue no. 1, FD&C red no. 40, FD&C yellow no. 6, gelatin, glycerin, polyethylene glycol, propylene glycol, purified water, sorbitol sorbitan solution, titanium dioxide

Questions or comments?

1-800-719-9260

Principal Display Panel

GOODSENSE®

Stimulant-Free

Stool Softener Laxative

Stool Softener

Docusate Sodium 100 mg

- Gentle
- Dependable Effect

Compare to active ingredient of Colace® Capsules

100 Softgels

N
0113-0486-78
9



PEEL
BACK
HERE

NDC 0113-0486-78

GOODSENSE®
Stimulant-Free

Stool
Softener
Laxative

**Stool
Softener**

Docusate Sodium 100 mg

- Gentle
- Dependable Effect

Compare to ^{active ingredient of}
Colace® Capsules

100 Softgels

: 48b78 C2 F1

Drug Facts (continued)

Other Information

- each softgel contains sodium 6 mg
- very low sodium
- store at 20-25°C (68-77°F)

Inactive Ingredients D&C red no. 33, edible ink, FD&C blue no. 1, FD&C red no. 40, FD&C yellow no. 6, gelatin, glycerin, polyethylene glycol, propylene glycol, purified water, sorbitol solution, titanium dioxide

Questions or comments? 1-800-719-9280

Drug Facts (continued)

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- Take only by mouth. Doses may be taken as a single dose daily or in divided doses.

Age Group	Dose	Frequency
adults and children 12 years and over	take 1 - 3 softgels	daily
children 2 to under 12 years of age	take 1 softgel daily	
children under 2 years	ask a doctor	

GOOD SENSE STOOL SOFTENER

docusate sodium capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0113-0486
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DOCUSATE SODIUM (UNII: F05Q2T2JA0) (DOCUSATE - UNII:M7P27195AG)	DOCUSATE SODIUM	100 mg

Inactive Ingredients

Ingredient Name	Strength
D&C RED NO. 33 (UNII: 9DBA05BB0L)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SORBITOL SOLUTION (UNII: 8KW3E207O2)	
SORBITAN (UNII: 6O921CV9RU)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	RED, WHITE (to off beige)	Score	no score
Shape	OVAL (softgel)	Size	13mm
Flavor		Imprint Code	L486
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0113-0486-72	1 in 1 CARTON	10/29/1991	03/31/2023
1		60 in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:0113-0486-78	100 in 1 BOTTLE; Type 0: Not a Combination Product	08/14/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	10/29/1991	

Labeler - L. Perrigo Company (006013346)

Revised: 11/2025

L. Perrigo Company