

**PAIN RELIEF PM EXTRA STRENGTH- acetaminophen and diphenhydramine hydrochloride tablet, coated**  
**Chain Drug Marketing Association**

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**QCH - 1095 - 2019-1004**

***Drug Facts***

<b><i>Active ingredients (in each caplet)</i></b>	<b><i>Purpose</i></b>
Acetaminophen 500 mg	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

**Uses**

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**

**Liver warning**

This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning**

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

**Directions**

- **do not take more than directed (see overdose warning)**

adults and children 12 years and over	<ul style="list-style-type: none"> <li>• take 2 caplets at bedtime</li> <li>• do not take more than 2 caplets of this product in 24 hours</li> </ul>
children under 12 years	<ul style="list-style-type: none"> <li>• do not use this adult product in children under 12 years of age; this will provide more than the recommended dose (overdose) and may cause liver damage</li> </ul>

**Other information**

- store between 20-25°C (68-77°F) in a dry place
- retain carton for complete product information

**Inactive ingredients**

colloidal silicon dioxide, copovidone, croscarmellose sodium, FD&C blue #1, hypromellose, lactose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, sodium starch glycolate, stearic acid, titanium dioxide

**PRINCIPAL DISPLAY PANEL**

NDC 63868-325-50

QUALITY CHOICE

†Compare to Extra Strength TYLENOL® PM active ingredients

Extra Strength

Pain Relief PM

Pain Reliever, Nighttime Sleep Aid

Acetaminophen, Diphenhydramine HCl

50 Caplets

COATING FREE AREA

**Drug Facts**  
**Active ingredients (in each caplet)** Purpose  
 Acetaminophen 500 mg. Pain reliever  
 Diphenhydramine HCl 25 mg. Nighttime sleep aid  
**Uses** temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness  
**Warnings**  
 Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take  
 ■ more than 4,000 mg of acetaminophen in 24 hours  
 ■ with other drugs containing acetaminophen  
 ■ 3 or more alcoholic drinks every day while using this product  
**Do not use**  
 ■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.  
 ■ with any other product containing diphenhydramine, even one used on skin  
 ■ in children under 12 years of age  
 ■ if you have ever had an allergic reaction to this product or any of its ingredients  
**Ask a doctor before use if you have**  
 ■ liver disease ■ glaucoma  
 ■ a breathing problem such as emphysema or chronic bronchitis  
 ■ trouble urinating due to an enlarged prostate gland  
**Ask a doctor or pharmacist before use if you are**  
 ■ taking the blood thinning drug warfarin  
 ■ taking sedatives or tranquilizers  
**When using this product** ■ avoid alcoholic drinks  
 ■ drowsiness will occur

QC QUALITY CHOICE NDC 63868-325-50

\*Compare to Extra Strength TYLENOL® PM active ingredients

**Extra Strength Pain Relief PM**  
 Pain Reliever, Nighttime Sleep Aid  
 Acetaminophen, Diphenhydramine HCl

50 Caplets

QC QUALITY CHOICE NDC 63868-325-50

\*Compare to Extra Strength TYLENOL® PM active ingredients

**Extra Strength Pain Relief PM**  
 Pain Reliever, Nighttime Sleep Aid  
 Acetaminophen, Diphenhydramine HCl

50 Caplets

**Drug Facts (continued)**  
 ■ retain carton for complete product information  
**Inactive ingredients** colloidal silicon dioxide, copovidone, croscarmellose sodium, FD&C blue #1, hypromellose, lactose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, sodium starch glycolate, stearic acid, titanium dioxide

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 www.qualitychoice.com  
 Questions: 248-449-9300

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**Drug Facts (continued)**  
 ■ do not drive a motor vehicle or operate machinery  
**Stop use and ask a doctor if**  
 ■ sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.  
 ■ pain gets worse or lasts more than 10 days  
 ■ fever gets worse or lasts more than 3 days  
 ■ redness or swelling is present  
 ■ new symptoms occur  
 These could be signs of a serious condition.  
**If pregnant or breast-feeding**, ask a health professional before use.  
**Keep out of reach of children.**  
**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.  
**Directions** ■ do not take more than directed (see overdose warning)  
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**Other information**  
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INK AND COATING FREE FOR LOT AND EXPIRATION STAMPING



DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING

This product is not manufactured or distributed by McKel Consumer Healthcare, distributor of Extra Strength Tylenol PM.

**PAIN RELIEF PM EXTRA STRENGTH**  
 acetaminophen and diphenhydramine hydrochloride tablet, coated

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:63868-325
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>COPOVIDONE K25-31</b> (UNII: D9C330MD8B)	
<b>CROSCARMELLOSE SODIUM</b> (UNII: M28OL1HH48)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>LACTOSE</b> (UNII: J2B2A4N98G)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>CELLULOSE, MICROCRYSTALLINE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>SODIUM STARCH GLYCOLATE TYPE A CORN</b> (UNII: AG9B65PV6B)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

## Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	17mm
<b>Flavor</b>		<b>Imprint Code</b>	AAA;1031
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63868-325-50	1 in 1 CARTON	11/08/2007	
1		50 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:63868-325-01	100 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/08/2007	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	11/08/2007	

Revised: 11/2023

Chain Drug Marketing Association