

**NIGHTTIME SLEEP AID- diphenhydramine hydrochloride capsule, liquid filled**  
**SPIRIT PHARMACEUTICALS LLC**

-----  
**NIGHTTIME SLEEP-AID**

***Drug Facts***

***Active ingredient***  
***(in each softgel)***

Diphenhydramine HCL 50 mg

***Purpose***

Nighttime sleep-aid

***Uses***

- for relief of occasional sleeplessness

***Warnings***

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are** taking sedatives or tranquilizers

**When using this product**

avoid alcoholic drinks

**Stop use and ask a doctor if**

sleeplessness persist continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,** ask a health professional before use.

**keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.  
1(800)222-1222

***Directions***

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

### ***Inactive ingredients***

FD&C Blue#1, gelatin, glycerin, polyethylene glycol-400, propylene glycol, sorbitol, titanium dioxide, water

### ***Questions or comments?***

**1-888-333-9792**

### **PRINCIPAL DISPLAY PANEL**

Maximum Strength

Nighttime Sleep-aid

Diphenhydramine HCl 50 mg - Nighttime Sleep-Aid

Helps reduce difficulty falling asleep

Non-habit forming

8 Softgels



# NIGHTTIME SLEEP AID

diphenhydramine hydrochloride capsule, liquid filled

## Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68210-4147
Route of Administration	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>POLYETHYLENE GLYCOL 400</b> (UNII: B697894SGQ)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	
<b>WATER</b> (UNII: 059QF0KO0R)	

## Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	13mm
Flavor		Imprint Code	206;903
Contains			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68210-4147-8	1 in 1 CARTON	04/28/2021	
1		8 in 1 BLISTER PACK; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	04/28/2021	

