

PAIN RELIEF- arnica, menthol crystals, cinnamon, peppermint, ginger, rosemary salve

Spry Life LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Pain Relief

Purpose

External Analgesic

OTC Active Ingredients

Organic Arnica montana (Arnica) 1X (HPUS)

Indications & Usage

■ temporarily relief of minor aches and pains of muscles and joints associated with ■ arthritis ■ bruises ■ sprains ■ scrapes ■ strains ■ simple backache ■ sore muscles

Warnings

Warnings

For external use only.

- Avoid contact with eyes.
- Do not use on ■ on deep wounds ■ animal bites ■ serious burns
- Stop use and ask a doctor if ■ condition worsens ■ symptoms last more than 7 days or clear up and occur again within a few days

Keep Out of Reach of Children

Keep Out of Reach of Children.

Storage and Handling

Store at room temperature.

Dosage & Administration

Adults and children 2 years of age and older: Apply to affected area not more than 3 to 4 times daily. Children under 2 years of age: consult a physician.

Inactive Ingredients

Organic Olea Europaea (Olive) Fruit Oil, Organic Cera Alba (Beeswax), Organic Helianthus Annuus (Sunflower) Seed Oil, Organic Menthol, Mentha Piperita (Peppermint) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Zingiber Officinale (Ginger) Root Oil, Cinnamomum Zeylanicum Bark (Cinnamon) Oil.

Principal Display Panel

GREEN GOO®
#SpreadGoodness

Plants with Purpose™

OUR VISION:
Empower change and redefine natural body care through time-honored traditions and purposeful, plant-based ingredients.

Does not contain:
Petroleum, parabens, mineral oil, or any artificial ingredients. Gluten Free.

PAIN RELIEF

Our formula is power packed with arnica to temporarily help ease the aching of arthritis, sore muscles, bruises, and strains.

Directions: Apply where it hurts.

CAUTION!! Does not remove political ads, awkward moments, or embarrassing vacation photos.

Drug Facts

Active Ingredients	Purpose
Arnica Montana (Arnica) Flower 1X (HPUS)	external analgesic

Uses

- temporarily relieves minor aches and pains of muscles and joints associated with
- arthritis • bruises • sprains • scrapes • strains • simple backache • sore muscles

Warnings

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Keep Out of Reach of Children

Directions Adults and children 2 years of age and older: Apply to affected area no more than 3 to 4 times daily. Children under 2 years of age: consult a physician.

Other Information Store at room temperature.

Inactive Ingredients
Organic Olea Europaea (Olive) Fruit Oil, Organic Cera Alba (Beeswax), Organic Helianthus Annuus (Sunflower) Seed Oil, Organic Menthol, Mentha Piperita



PAIN RELIEF

arnica, menthol crystals, cinnamon, peppermint, ginger, rosemary salve

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70994-102
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ) (ARNICA MONTANA FLOWER - UNII:OZ0E5Y15PZ)	ARNICA MONTANA FLOWER	1 [hp_X] in 17 g

Inactive Ingredients

Ingredient Name	Strength
OLIVE OIL (UNII: 6UYK2W1W1E)	
YELLOW WAX (UNII: 2ZA36H0S2V)	
SUNFLOWER OIL (UNII: 3W1JG795YI)	
MENTHOL (UNII: L7T10EIP3A)	
ROSEMARY OIL (UNII: 8LGU7VM393)	
CINNAMON OIL (UNII: E5GY4I6YCZ)	
GINGER OIL (UNII: SAS9Z1SVUK)	

MENTHA PIPERITA (UNII: 79M2M2UDA9)

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70994-102-04	17 g in 1 TUBE; Type 0: Not a Combination Product	02/05/2019	
2	NDC:70994-102-09	1 in 1 BOX	03/31/2016	
2	NDC:70994-102-01	19.8 g in 1 CAN; Type 0: Not a Combination Product		
3	NDC:70994-102-10	1 in 1 BOX	03/31/2016	
3	NDC:70994-102-02	51.7 g in 1 CAN; Type 0: Not a Combination Product		
4	NDC:70994-102-08	113.4 g in 1 JAR; Type 0: Not a Combination Product	03/31/2016	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/31/2016	

Labeler - Spry Life LLC (100791947)

Revised: 12/2025

Spry Life LLC