

TOPCARE COUGH DM- dextromethorphan polistirex suspension, extended release

Topco Associates LLC

Topco Associates LLC. Cough DM Drug Facts

Active ingredient (in each 5 mL)

Dextromethorphan polistirex equivalent to 30 mg dextromethorphan hydrobromide

Purpose

Cough suppressant

Uses

temporarily relieves

- cough due to minor throat and bronchial irritation as may occur with the common cold or inhaled irritants
- the impulse to cough to help you get to sleep

Warnings

Do not use

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Allergy Alert: Contains sodium metabisulfite, a sulfite that may cause allergic-type reactions.

Ask a doctor before use if you have

- chronic cough that lasts as occurs with smoking, asthma, or emphysema
- cough that occurs with too much phlegm (mucus)

Stop use and ask a doctor if

- side effects occur. You may report side effects to FDA at 1-800-FDA-1088.
- cough lasts more than 7 days, cough comes back, or occurs with fever, rash or headache that lasts. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- **shake bottle well before use**
- measure only with dosing cup provided
- do not use dosing cup with other products
- dose as follows or as directed by a doctor

adults and children 12 years of age and over	10 mL every 12 hours, not to exceed 20 mL in 24 hours
children 6 to under 12 years of age	5 mL every 12 hours, not to exceed 10 mL in 24 hours
children 4 to under 6 years of age	2.5 mL every 12 hours, not to exceed 5 mL in 24 hours
children under 4 years of age	do not use

Other information

- each 5 mL contains: **sodium 5 mg**
- store at 20° to 25°C (68° to 77°F)
- dosing cup provided

Inactive ingredients

artificial grape flavor, D&C Red #30 aluminum lake, FD&C Blue #1 aluminum lake, glycerin, high fructose corn syrup, methylparaben, polysorbate 80, polyvinyl acetate, povidone, propylparaben, purified water, sodium metabisulfite, sodium polystyrene sulfonate, sucrose, tartaric acid, tragacanth gum, triacetin, xanthan gum

Questions or comments?

Package/Label Principal Display Panel

TopCare® health

COMPARE TO DELSYM® ACTIVE INGREDIENT

Cough DM

DEXTROMETHORPHAN POLISTIREX EXTENDED-RELEASE ORAL SUSPENSION

COUGH SUPPRESSANT

Contains Sodium Metabisulfite, a Sulfite That May Cause Allergic-Type Reactions

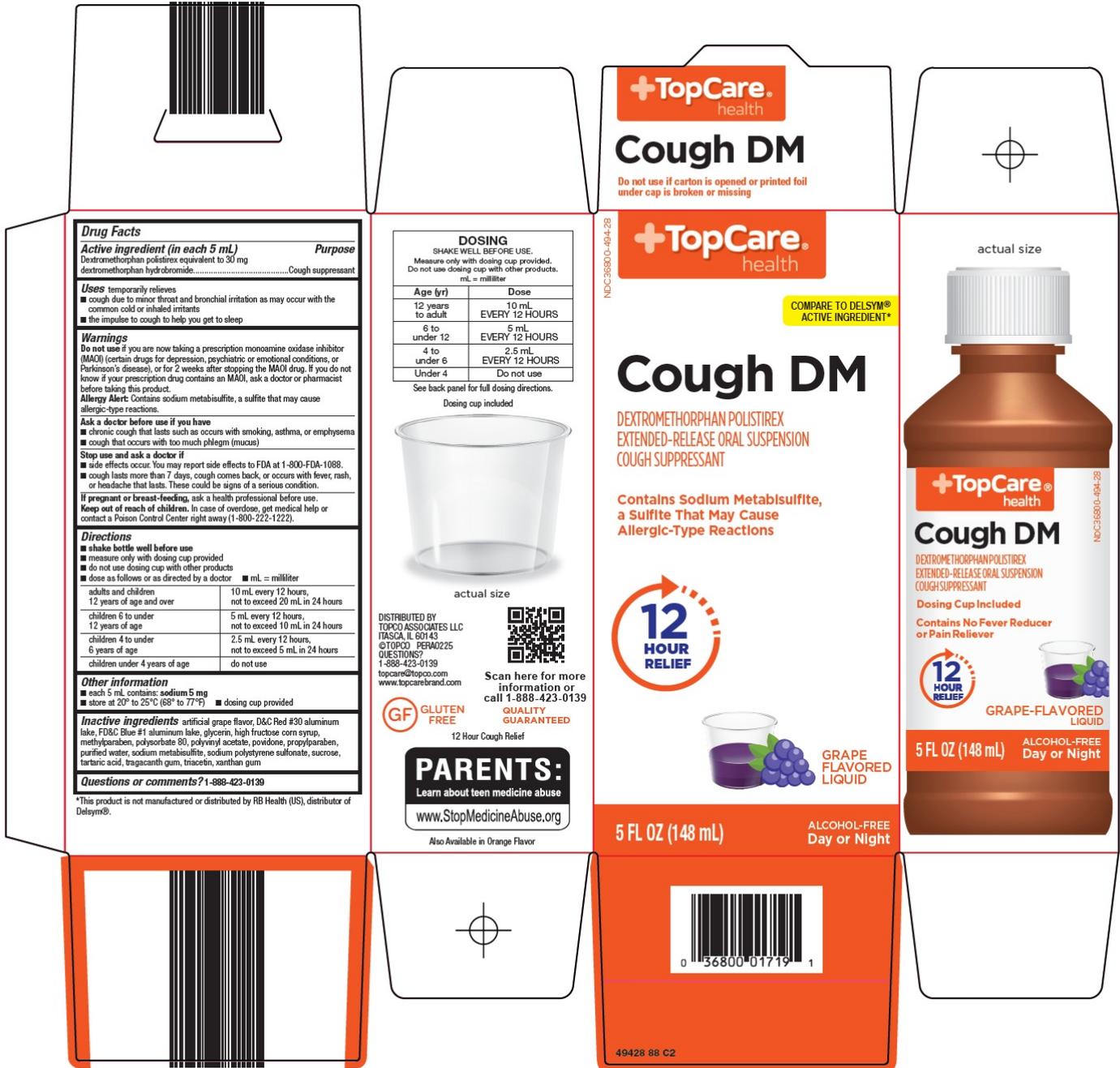
12 HOUR RELIEF

GRAPE FLAVORED LIQUID

5 FL OZ (148 mL)

ALCOHOL-FREE

Day or Night



Drug Facts

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 dextromethorphan hydrobromide.....Cough suppressant

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 ■ side effects occur. You may report side effects to FDA at 1-800-FDA-1088.
 ■ cough lasts more than 7 days, cough comes back, or occurs with fever, rash, or headache that lasts. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

■ shake bottle well before use
 ■ measure only with dosing cup provided
 ■ do not use dosing cup with other products
 ■ dose as follows or as directed by a doctor ■ mL = milliliter

adults and children 12 years of age and over	10 mL every 12 hours, not to exceed 20 mL in 24 hours
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children 4 to under 6 years of age	2.5 mL every 12 hours, not to exceed 5 mL in 24 hours
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Inactive ingredients artificial grape flavor, D&C Red #30 aluminum lake, FD&C Blue #1 aluminum lake, glycerin, high fructose corn syrup, methylparaben, polyorbate 80, polyvinyl acetate, povidone, propylparaben, purified water, sodium metabisulfite, sodium polystyrene sulfonate, sucrose, tartaric acid, tragacanth gum, triacetin, xanthan gum

Questions or comments? 1-888-423-0139

*This product is not manufactured or distributed by RB Health (US), distributor of Delsym®.

DOSING

SHAKE WELL BEFORE USE.
 Measure only with dosing cup provided.
 Do not use dosing cup with other products.
 mL = milliliter

Age (yr)	Dose
12 years to adult	10 mL EVERY 12 HOURS
6 to under 12	5 mL EVERY 12 HOURS
4 to under 6	2.5 mL EVERY 12 HOURS
Under 4	Do not use

See back panel for full dosing directions.
 Dosing cup included



actual size

DISTRIBUTED BY
 TOPCO ASSOCIATES LLC
 ITASCA, IL 60143
 ©TOPCO PERA0225
 QUESTIONS?
 1-888-423-0139
 topcare@topco.com
 www.topcarebrand.com



Scan here for more information or call 1-888-423-0139

GF GLUTEN FREE QUALITY GUARANTEED

12 Hour Cough Relief
PARENTS:
 Learn about teen medicine abuse
www.StopMedicineAbuse.org

Also Available in Orange Flavor

+TopCare
 health
Cough DM
 Do not use if carton is opened or printed foil under cap is broken or missing

+TopCare
 health
 COMPARE TO DELSYM® ACTIVE INGREDIENT*

Cough DM
 DEXTROMETHORPHAN POLISTIREX
 EXTENDED-RELEASE ORAL SUSPENSION
 COUGH SUPPRESSANT

Contains Sodium Metabisulfite,
 a Sulfite That May Cause
 Allergic-Type Reactions



GRAPE FLAVORED LIQUID

5 FL OZ (148 mL) ALCOHOL-FREE Day or Night



49428 88 C2

TOPCARE COUGH DM
 dextromethorphan polistirex suspension, extended release

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:36800-494
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RT19KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	30 mg in 5 mL

Inactive Ingredients

Ingredient Name	Strength
D&C RED NO. 30 ALUMINUM LAKE (UNII: GE75M6YV5W)	
FD&C BLUE NO. 1 ALUMINUM LAKE (UNII: J9EQA3S2JM)	
GLYCERIN (UNII: PDC6A3C0OX)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
METHYLPARABEN (UNII: A2I8C7HI9T)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
POLYVINYL ACETATE (UNII: 32K497ZK2U)	
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
WATER (UNII: 059QF0KO0R)	
SODIUM METABISULFITE (UNII: 4VON5FNS3C)	
SODIUM POLYSTYRENE SULFONATE (UNII: 1699G8679Z)	
SUCROSE (UNII: C151H8M554)	
TARTARIC ACID (UNII: W4888I119H)	
TRAGACANTH (UNII: 2944357O2O)	
TRIACETIN (UNII: XHX3C3X673)	
XANTHAN GUM (UNII: TTV12P4NEE)	

Product Characteristics

Color	PURPLE	Score	
Shape		Size	
Flavor	GRAPE	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:36800-494-21	1 in 1 CARTON	07/30/2015	
1		89 mL in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:36800-494-28	1 in 1 CARTON	08/08/2024	
2		148 mL in 1 BOTTLE; Type 0: Not a Combination		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA091135	07/30/2015	

Labeler - Topco Associates LLC (006935977)

Revised: 12/2025

Topco Associates LLC