

**TARGET UP AND UP PAIN RELIEF MENTHOL TOPICAL ANALGESIC-  
menthol spray  
Target Corporation**

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**Target Up and Up Pain Relief Menthol Topical Analgesic**

**Active Ingredient**

Menthol 10.5%

**Purpose**

Pain Relieving Spray

**Uses**

for the temporary relief of minor aches and pains of muscles and joints associated with arthritis, simple backache, strains, sprains and bruises

**Warnings**

**For external use only**

**Flammable:** Keep away from excessive heat or open flame

**Do not use**

- on wounds or damaged skin
- on irritated skin
- with other ointments, creams, sprays or liniments

**Ask doctor before use if you have**

sensitive skin

**When using this product**

- avoid contact with the eyes or mucuous membranes
- do not bandage tightly
- do not use with heating pad or device
- Keep away from face to avoid breathing it
- do not puncture or incinerate. Contents under pressure.
- Do not store at temperature above 120 °F

**Stop use and ask a doctor if**

- condition worsens

- symptoms persist for more than 7 days
- symptoms clear up and occur again within a few days

**If pregnant or breastfeeding,**

ask a professional before use

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away.

**Directions**

Adults and children 12 years of age and older: Apply to affected area not more than 3 to 4 times daily. Massage not necessary. Wash hands after use with cool water. Children under 12 years of age: Do not use, consult a doctor

**Other information**

Store in a cool, dry place

**Inactive ingredients**

alcohol denat., arnica montana flower extract, calendula officinalis flower extract, camellia sinensis extract, chamomilla recutita (matricaria) flower extract, dimethyl sulfone, echinacea angustifolia extract, glycerin, ilex paraguariensis leaf extract, isopropyl alcohol, isopropyl myristate, juniperus communis fruit extract, purified water

**Label**

Compare to active ingredient in  
Biofreeze® Pain Relieving Spray\*

# Pain Relief

## Menthol Topical Analgesic Spray

Provides cooling pain relief  
from sore muscles, arthritis,  
sore joints and backaches



NET WT 3 OZ (85 g)



up & up™ Pain Relief Spray contains menthol for cold therapy that helps relieve aches and pains from arthritis, backaches, sore muscles, muscle strains or sprains, and bruises. This quick, easy-to-use spray dries fast, cools as it soothes, and makes muscles feel more relaxed.

### Drug Facts

Active ingredient	Purpose
Menthol 10.5%	Pain Relieving Spray

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### Warnings

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• with other ointments, creams, sprays or liniments

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**When using this product** • avoid contact with the eyes or mucous membranes • do not bandage tightly • do not use with heating pad or device  
• Keep away from face to avoid breathing it • Do not puncture or incinerate, Contents under pressure, • Do not store at temperature above 120°F

**Stop use and ask a doctor if** • condition worsens • symptoms persist for more than 7 days • symptoms clear up and occur again within a few days

**If pregnant or breast-feeding, ask a health professional before use**

**Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.**

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24507 4845 R00

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Minneapolis, MN 55403  
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## TARGET UP AND UP PAIN RELIEF MENTHOL TOPICAL ANALGESIC

menthol spray

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:82442-430
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MENTHOL, UNSPECIFIED FORM</b> (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	10.5 g in 100 g

### Inactive Ingredients

Ingredient Name	Strength
<b>CAMELLIA SINENSIS LEAF</b> (UNII: W2ZU1RY8B0)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>JUNIPERUS COMMUNIS WHOLE</b> (UNII: 464910T5N9)	
<b>ARNICA MONTANA FLOWER</b> (UNII: OZ0E5Y15PZ)	
<b>ECHINACEA ANGUSTIFOLIA</b> (UNII: VB06AV5US8)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>CHAMOMILE</b> (UNII: FGL3685T2X)	

<b>ILEX PARAGUARIENSIS LEAF</b> (UNII: 1Q953B4O4F)	
<b>ISOPROPYL MYRISTATE</b> (UNII: 0RE8K4LNJS)	
<b>DIMETHYL SULFONE</b> (UNII: 9H4PO4Z4FT)	
<b>CALENDULA OFFICINALIS FLOWER</b> (UNII: P0M7O4Y7YD)	
<b>ISOPROPYL ALCOHOL</b> (UNII: ND2M416302)	
<b>WATER</b> (UNII: 059QF0KO0R)	

<b>Packaging</b>				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:82442-430-03	85 g in 1 CAN; Type 0: Not a Combination Product	04/01/2026	

<b>Marketing Information</b>			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	04/01/2026	

**Labeler** - Target Corporation (006961700)

Revised: 1/2026

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