

**TOPCARE PAIN RELIEF PM EXTRA STRENGTH NON HABIT FORMING-  
acetaminophen, diphenhydramine hcl tablet, film coated  
Topco Associates LLC**

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**Topco Associates LLC. Pain Relief PM Drug Facts**

**Active ingredients (in each caplet)**

Acetaminophen 500 mg

Diphenhydramine HCl 25 mg

**Purpose**

Pain reliever

Nighttime sleep-aid

**Uses**

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

## Ask a doctor before use if you have

- liver disease
- glaucoma
- trouble urinating due to an enlarged prostate gland
- a breathing problem such as emphysema or chronic bronchitis

## Ask a doctor or pharmacist before use if you are

- taking sedatives or tranquilizers
- taking the blood thinning drug warfarin

## When using this product

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

## Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

## If pregnant or breast-feeding,

ask a health professional before use.

## Keep out of reach of children.

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

## Directions

- **do not take more than directed (see overdose warning)**

adults and children 12 years and over	<ul style="list-style-type: none"><li>• take 2 caplets at bedtime</li><li>• do not take more than 2 caplets of this product in 24 hours</li></ul>
children under 12 years	do not use

## **Inactive ingredients**

carnauba wax, crospovidone, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, povidone, pregelatinized starch, sodium starch glycolate, stearic acid, titanium dioxide

## **Questions?**

**1-888-423-0139**

## **Principal Display Panel**

TopCare® health

COMPARE TO EXTRA STRENGTH TYLENOL® PM ACTIVE INGREDIENTS

EXTRA STRENGTH

NIGHTTIME

Pain Relief PM

ACETAMINOPHEN 500 mg, DIPHENHYDRAMINE HCl 25 mg

PAIN RELIEVER • NIGHTTIME SLEEP-AID

Non-Habit Forming

50 CAPLETS

For Adults

actual size



**TOPCARE PAIN RELIEF PM EXTRA STRENGTH NON HABIT FORMING**  
acetaminophen, diphenhydramine hcl tablet, film coated

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:36800-437
Route of Administration	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>CARNAUBA WAX</b> (UNII: R12CBM0EIZ)	
<b>CROSPVIDONE (120 .MU.M)</b> (UNII: 68401960MK)	
<b>FD&amp;C BLUE NO. 1 ALUMINUM LAKE</b> (UNII: J9EQA3S2JM)	
<b>FD&amp;C BLUE NO. 2 ALUMINUM LAKE</b> (UNII: 4AQJ3LG584)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6130)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

## Product Characteristics

<b>Color</b>	BLUE (Light blue)	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	18mm
<b>Flavor</b>		<b>Imprint Code</b>	L437;PM
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:36800-437-71	1 in 1 CARTON	07/21/1992	
1		50 in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:36800-437-78	1 in 1 CARTON	07/21/1992	08/08/2015
2		100 in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	07/21/1992	

