

CVS COLD AND HOT PAIN RELIEF- lidocaine, menthol patch
CVS Pharmacy

CVS Cold and Hot Lidocaine Menthol Patch

Active ingredients

Lidocaine 4%

Menthol 1%

Purposes

Topical Anesthetic

Topical Analgesic

Use

For the temporary relief of pain.

Warnings

For external use only

Do not use

- more than 1 patch on your body at a time or on cut, irritated or swollen skin
- on puncture wounds
- for more than one week without consulting a doctor

When using this product

- use only as directed. Read and follow all directions and warnings on this carton.
- Do not use more than one patch in an 8 hour period. Maximum 3 patches per day.
- Rare cases of serious burns have been reported with products of this type
- Do not apply to wounds or damaged, broken, or irritated skin
- Do not allow contact with the eyes or mucous membranes
- Do not bandage tightly or apply local heat (such as heating pads) to the area of use
- Do not use at the same time as other topical analgesics
- Dispose of used patch in manner that always keeps product away from children and pets. Used patches still contain the drug products that can produce serious adverse effects if a child or pet chews or ingests this patch
- **NOTE:** patches may not adhere as well to all individuals, skin types, or certain parts of the body.

Stop use and ask a doctor if

- condition worsens
- redness is present

- irritation develops
- symptoms persist for more than 7 days or clear up and occur again within a few days
- you experience signs of skin injury, such as pain, swelling, or blistering where the product was applied

If pregnant or breast feeding

ask a physician before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- **Adults/children 12 years and older**
- clean and dry affected area
- remove backing from patch by firmly grasping both ends and gently pulling until backing separates in middle
- carefully remove smaller portion of backing from patch and apply exposed portion of patch to affected area
- once exposed portion of patch is positioned, carefully remove remaining backing completely to apply patch to affected area
- once applied, press firmly and rub on all sides and center of patch to help adhesive adhere to skin
- do not remove patch and reapply, this will result in the patch not sticking
- avoid strenuous exercise while wearing patch, this will result in patch not sticking
- do not use more than one patch in an 8 hour period.
- **Children 12 years or younger:** ask a doctor.

Other information

Store at room temperature - do not exceed 86° Fahrenheit, 30° Celsius.

Inactive ingredients

Aluminium Glycinate, Glycerin, Kaolin, Methylparaben, Polyacrylic Acid, Polysorbate 80, Propylene Glycol, Propylparaben, Povidone, Sodium Polyacrylate, Tartaric Acid, Titanium Dioxide, Water.

Principal Display Panel - 3 15/16 IN X 5 1/2 IN Carton Label

CVS Health ®

Compare to the active ingredients in IcyHot ® Lidocaine Patch Plus Menthol*

Maximum Strength

Lidocaine concentration without a prescription †

Lidocaine Pain Relief Patch

Plus Menthol

Lidocaine 4%

Menthol 1%

- Desensitizes aggravated nerves
- Easy to apply
- Fast acting

Topical Anesthetic

Topical Analgesic

Package Contains 5 Individually Wrapped Patches

5 PATCHES

3 15/16 IN X 5 1/2 IN (10 cm X 14 cm)

Pain-relieving ointment on a breathable adhesive pad

EACH PATCH IS SEALED IN A CHILD-RESISTANT POUCH FOR SAFETY

†Among over-the-counter topical analgesics



CVS COLD AND HOT PAIN RELIEF

lidocaine, menthol patch

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:51316-274
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MENTHOL, UNSPECIFIED FORM (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	10 mg in 1 g
LIDOCAINE (UNII: 98PI200987) (LIDOCAINE - UNII:98PI200987)	LIDOCAINE	40 mg in 1 g

Inactive Ingredients

Ingredient Name	Strength
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
POVIDONE (UNII: FZ989GH94E)	
ALUMINUM GLYCINATE (UNII: 1K713C615K)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
WATER (UNII: 059QF0KO0R)	
POLYACRYLIC ACID (8000 MW) (UNII: 73861X4K5F)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SODIUM POLYACRYLATE (8000 MW) (UNII: 285CYO341L)	
KAOLIN (UNII: 24H4NWX5CO)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
METHYLPARABEN (UNII: A2I8C7HI9T)	
TARTARIC ACID (UNII: W4888I119H)	
GLYCERIN (UNII: PDC6A3C0OX)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:51316-274-05	5 in 1 CARTON	02/11/2026	
1		13 g in 1 PATCH; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	02/11/2026	

