

**CHOLENEST- rhamnus purshiana, carduus marianus, taraxacum officinale, chelidonium majus, leptandra virginica, myrica cerifera, berberis vulgaris, natrum sulphuricum, magnesia phosphorica, cuprum metallicum liquid  
Marco Pharma International LLC.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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## **Drug Facts**

### **Active Ingredients**

Cascara sagrada 1xHPUS

Milk thistle 1xHPUS

Dandelion 1xHPUS

Celadine 1xHPUS

Culver's root 2xHPUS

Bayberry 2xHPUS

Barberry 2xHPUS

Disodium sulfate 6xHPUS

Magnesium hydrogen phosphate 8xHPUS

Metallic copper 8XHPUS

The letters HPUS indicates that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of United States.

### **Purpose**

Relief of constipation, difficulty digesting fat.

Keep out of reach of children.

### **Suggested use**

Adults: 30-40 drops in tepid water 3 times daily before meals. Children, 10 drops in tepid water 3 times daily before meals.

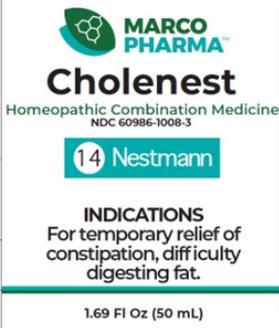
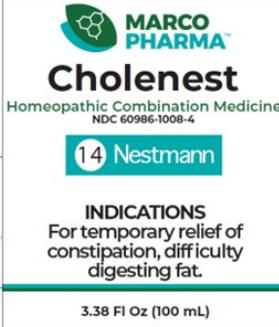
### **Warnings**

**If pregnant or breast-feeding,** consult a health professional before use.

(Read Suggested Use Section)

### **Inactive Ingredients**

Ethyl Alcohol (63.3% by vol.) and Water

<p><b>Dosage:</b> Adults take 30-40 drops in tepid water 3 times daily before meals. For children, consult with a health professional.</p>	 <p><b>Cholenest</b> Homeopathic Combination Medicine NDC 60986-1008-3</p> <p>14 Nestmann</p> <p><b>INDICATIONS</b> For temporary relief of constipation, difficulty digesting fat.</p> <p>1.69 Fl Oz (50 mL)</p>	<p><b>INGREDIENTS: 50 mL CONTAINS</b> 36.5 mL Rhamnus purshiana 1x HPUS, 2.5 mL Carduus marianus 1x HPUS, 2.5 mL Chelidonium majus 1x HPUS, 2.5 mL Taraxacum officinale 1x HPUS, 1 mL Berberis vulgaris 2x HPUS, 1 mL Leptandra virginica 2x HPUS, 1 mL Myrica cerifera 2x HPUS, 1 mL Natrum sulfuricum 6x HPUS, 1 mL Cuprum metallicum 8x HPUS, 1 mL Magnesia phosphorica 8x HPUS.</p> <p><b>Other Ingredients:</b> Ethyl Alcohol (63.3% by volume), Water. HPUS indicates that the active ingredients are in the official Homeopathic Pharmacopoeia of the United States.</p> <p><b>Distributed by:</b> Marco Pharma 851 NW Highland St., Roseburg, OR 97470 Made in Germany</p>
<p><b>Warnings:</b> If pregnant or breastfeeding, consult with a health professional before use. Keep out of reach of children.</p>		
<p><b>Tamper Evident:</b> Do not use if tamper evident ring is missing or detached from base of cap.</p>		
<p><b>Dosage:</b> Adults take 30-40 drops in tepid water 3 times daily before meals. For children, consult with a health professional.</p>	 <p><b>Cholenest</b> Homeopathic Combination Medicine NDC 60986-1008-4</p> <p>14 Nestmann</p> <p><b>INDICATIONS</b> For temporary relief of constipation, difficulty digesting fat.</p> <p>3.38 Fl Oz (100 mL)</p>	<p><b>INGREDIENTS: 100 mL CONTAINS</b> 73 mL Rhamnus purshiana 1x HPUS, 5 mL Carduus marianus 1x HPUS, 5 mL Chelidonium majus 1x HPUS, 5 mL Taraxacum officinale 1x HPUS, 2 mL Berberis vulgaris 2x HPUS, 2 mL Leptandra virginica 2x HPUS, 2 mL Myrica cerifera 2x HPUS, 2 mL Natrum sulfuricum 6x HPUS, 2 mL Cuprum metallicum 8x HPUS, 2 mL Magnesia phosphorica 8x HPUS.</p> <p><b>Other Ingredients:</b> Ethyl Alcohol (63.3% by volume), Water. HPUS indicates that the active ingredients are in the official Homeopathic Pharmacopoeia of the United States.</p> <p><b>Distributed by:</b> Marco Pharma 851 NW Highland St., Roseburg, OR 97470 Made in Germany</p>
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## CHOLENEST

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### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:60986-1008
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>FRANGULA PURSHIANA BARK</b> (UNII: 4VBP01X99F) (FRANGULA PURSHIANA BARK - UNII:4VBP01X99F)	FRANGULA PURSHIANA BARK	1 [hp_X] in 100 mL
<b>SILYBUM MARIANUM SEED</b> (UNII: U946SH95EE) (SILYBUM MARIANUM SEED - UNII:U946SH95EE)	SILYBUM MARIANUM SEED	1 [hp_X] in 100 mL
<b>TARAXACUM OFFICINALE</b> (UNII: 39981FM375) (TARAXACUM OFFICINALE - UNII:39981FM375)	TARAXACUM OFFICINALE	1 [hp_X] in 100 mL
<b>CHELIDONIUM MAJUS</b> (UNII: 7E889U5RNN) (CHELIDONIUM MAJUS - UNII:7E889U5RNN)	CHELIDONIUM MAJUS	1 [hp_X] in 100 mL
<b>VERONICASTRUM VIRGINICUM ROOT</b> (UNII: M2O62YTN42) (VERONICASTRUM VIRGINICUM ROOT - UNII:M2O62YTN42)	VERONICASTRUM VIRGINICUM ROOT	2 [hp_X] in 100 mL
<b>MORELLA CERIFERA ROOT BARK</b> (UNII: S46HJ3710D) (MORELLA CERIFERA ROOT BARK - UNII:S46HJ3710D)	MORELLA CERIFERA ROOT BARK	2 [hp_X] in 100 mL
<b>BERBERIS VULGARIS ROOT BARK</b> (UNII: 1TH8Q20J0U) (BERBERIS VULGARIS ROOT BARK - UNII:1TH8Q20J0U)	BERBERIS VULGARIS ROOT BARK	2 [hp_X] in 100 mL
<b>SODIUM SULFATE</b> (UNII: 0YPR65R21J) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM SULFATE	6 [hp_X] in 100 mL
<b>MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE</b> (UNII: HF539G9L3Q)	MAGNESIUM PHOSPHATE,	8 [hp_X]

(MAGNESIUM CATION - UNII:T6V3LHY838)	DIBASIC TRIHYDRATE	in 100 mL
<b>COPPER</b> (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	8 [hp_X] in 100 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>WATER</b> (UNII: 059QF0KO0R)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:60986-1008-3	50 mL in 1 BOTTLE, GLASS; Type 0: Not a Combination Product	02/27/2018	
2	NDC:60986-1008-4	100 mL in 1 BOTTLE, GLASS; Type 0: Not a Combination Product	02/27/2018	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/01/1992	

**Labeler** - Marco Pharma International LLC. (161994277)

**Registrant** - Marco Pharma International LLC. (161994277)

### Establishment

Name	Address	ID/FEI	Business Operations
Nestmann Pharma GmbH		323426262	manufacture(60986-1008)

Revised: 1/2026

Marco Pharma International LLC.