

DG HEALTH SLEEP AID- diphenhydramine hcl solution
Dolgencorp, LLC

Dolgencorp, LLC Sleep Aid Drug Facts

Active ingredient (in each 30 mL)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to an enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bed time if needed or as directed by a doctor
children under 12 yrs	do not use

Other information

- **each 30 mL contains:** sodium 20 mg
- store at 20-25°C (68-77°F)

Inactive ingredients

alcohol, anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

Questions or comments?

1-888-309-9030

Package/Label Principal Display Panel

DG™ |health

Compare to the active ingredient of Vicks® ZzzQuil®

Night Time

Sleep Aid

Diphenhydramine HCl

50 mg per 30 mL

#1 Doctor recommended sleep-aid active ingredient

10% ALCOHOL

Not for treating Cold or Flu

Non-Habit Forming

Berry Flavor

50 mg

8 FL OZ (237 mL)

Drug Facts (continued)

Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bed time if needed or as directed by a doctor
children under 12 yrs	do not use

Other information

- each 30 mL contains: sodium 20 mg
- store at 20-25°C (68-77°F)

Inactive ingredients alcohol, anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

Questions or comments? 1-888-309-9030

*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks® ZzzQuil®.

DISTRIBUTED BY
OLD EAST MAIN CO.
100 MISSION RIDGE
GOODLETTSVILLE, TN 37072

100% Satisfaction Guaranteed!
(888) 309-9030

◆Of U.S. physicians surveyed by an independent market research firm.

A1730

3 70030 11797 0

DG™ health

Compare to the active ingredient of Vicks® ZzzQuil®*

Night Time Sleep Aid

Diphenhydramine HCl
50 mg per 30 mL

#1 Doctor recommended sleep-aid active ingredient*

10% ALCOHOL

Not for treating Cold or Flu
Non-Habit Forming

Berry Flavor

50 mg

8 FL OZ (237 mL)

DO NOT USE IF PRINTED NECKBAND IS BROKEN OR MISSING

Drug Facts

Active Ingredient (in each 30 mL)	Purpose
Diphenhydramine HCl 50 mg	Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.
In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

18634 VT F1

DG HEALTH SLEEP AID

diphenhydramine hcl solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55910-186
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII: 8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients

Ingredient Name	Strength
ALCOHOL (UNII: 3K9958V90M)	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
POLOXAMER 407 (UNII: TUF21VW3M2)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	

SACCHARIN SODIUM (UNII: SB8ZUX40TY)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CITRATE, UNSPECIFIED FORM (UNII: 1Q73Q2JULR)	

Product Characteristics

Color	PURPLE	Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55910-186-30	177 mL in 1 BOTTLE; Type 0: Not a Combination Product	05/11/2015	03/31/2025
2	NDC:55910-186-34	237 mL in 1 BOTTLE; Type 0: Not a Combination Product	04/05/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	05/11/2015	

Labeler - Dolgencorp, LLC (068331990)

Revised: 7/2025

Dolgencorp, LLC