

# **TRIENTINE HYDROCHLORIDE - trientine hydrochloride capsule**

## **Navinta LLC**

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### **Trientine Hydrochloride Capsules USP**

**Rx only**

#### **DESCRIPTION**

Trientine hydrochloride is N,N'-bis (2-aminoethyl)-1,2-ethanediamine dihydrochloride. It is a white to pale yellow crystalline hygroscopic powder. It is freely soluble in water, soluble in methanol, slightly soluble in ethanol, and insoluble in chloroform and ether.

The empirical formula is  $C_6H_{18}N_4 \cdot 2HCl$  with a molecular weight of 219.2. The structural formula is:  $NH_2(CH_2)_2NH(CH_2)_2NH(CH_2)_2NH_2 \cdot 2HCl$

Trientine hydrochloride is a chelating compound for removal of excess copper from the body. Trientine hydrochloride, USP is available as 250 mg capsules for oral administration. Trientine hydrochloride capsules, USP contain stearic acid, gelatin, titanium dioxide and FD&C yellow 6 as inactive ingredients. Imprinting ink contains shellac, propylene glycol, black iron oxide and potassium hydroxide.

#### **CLINICAL PHARMACOLOGY**

##### ***Introduction***

Wilson's disease (hepatolenticular degeneration) is an autosomal inherited metabolic defect resulting in an inability to maintain a near-zero balance of copper. Excess copper accumulates possibly because the liver lacks the mechanism to excrete free copper into the bile. Hepatocytes store excess copper but when their capacity is exceeded copper is released into the blood and is taken up into extrahepatic sites. This condition is treated with a low copper diet and the use of chelating agents that bind copper to facilitate its excretion from the body.

##### ***Clinical Summary***

Forty-one patients (18 male and 23 female) between the ages of 6 and 54 with a diagnosis of Wilson's disease and who were intolerant of d-penicillamine were treated in two separate studies with trientine hydrochloride. The dosage varied from 450 to 2,400 mg per day. The average dosage required to achieve an optimal clinical response varied between 1,000 mg and 2,000 mg per day. The mean duration of trientine hydrochloride therapy was 48.7 months (range 2-164 months).

Thirty-four of the 41 patients improved, 4 had no change in clinical global response, 2 were lost to follow-up and one showed deterioration in clinical condition. One of the patients who improved while on therapy with trientine hydrochloride experienced a recurrence of the symptoms of systemic lupus erythematosus which had appeared originally during therapy with penicillamine. Therapy with trientine hydrochloride was discontinued. No other adverse reactions, except iron deficiency, were noted among any of these 41 patients.

One investigator treated 13 patients with trientine hydrochloride following their development of intolerance to d-penicillamine. Retrospectively, he compared these patients to an additional group of 12 patients with Wilson's disease who were both tolerant of and controlled with d-penicillamine therapy, but who failed to continue any copper chelation therapy. The mean age at onset of disease of the latter group was 12 years as compared to 21 years for the former group. The trientine hydrochloride group received d-penicillamine for an average of 4 years as compared to an average of 10 years for the non-treated group.

Various laboratory parameters showed changes in favor of the patients treated with trientine hydrochloride. Free and total serum copper, SGOT and serum bilirubin all showed mean increases over baseline in the untreated group which were significantly larger than with the patients treated with trientine hydrochloride. In the 13 patients treated with trientine hydrochloride, previous symptoms and signs relating to d-penicillamine intolerance disappeared in 8 patients, improved in 4 patients, and remained unchanged in one patient. The neurological status in the trientine hydrochloride group was unchanged or improved over baseline, whereas in the untreated group, 6 patients remained unchanged and 6 worsened. Kayser-Fleischer rings improved significantly during trientine hydrochloride treatment.

The clinical outcome of the two groups also differed markedly. Of the 13 patients on therapy with trientine hydrochloride (mean duration of therapy 4.1 years; range 1 to 13 years), all were alive at the data cutoff date, and in the non-treated group (mean years with no therapy 2.7 years; range 3 months to 9 years), 9 of the 12 died of hepatic disease.

## ***Chelating Properties***

### *Preclinical Studies*

Studies in animals have shown that trientine hydrochloride has cupriuretic activities in both normal and copper-loaded rats. In general, the effects of trientine hydrochloride on urinary copper excretion are similar to those of equimolar doses of penicillamine, although in one study they were significantly smaller.

### *Human Studies*

Renal clearance studies were carried out with penicillamine and trientine hydrochloride on separate occasions in selected patients treated with penicillamine for at least one year. Six-hour excretion rates of copper were determined off treatment and after a single dose of 500 mg of penicillamine or 1.2 g of trientine hydrochloride. The mean urinary excretion rates of copper were as follows:

<b>No. of Patients</b>	<b>Single Dose Treatment</b>	<b>Basal Excretion Rate (mcg Cu + + /6hr)</b>	<b>Test-dose Excretion Rate (mcg Cu + + /6hr)</b>
6	Trientine, 1.2 g	19	234
4	Penicillamine, 500 mg	17	320

In patients *not* previously treated with chelating agents, a similar comparison was made:

<b>No. of Patients</b>	<b>Single Dose Treatment</b>	<b>Basal Excretion Rate (mcg Cu + + /6hr)</b>	<b>Test-dose Excretion Rate (mcg Cu + + /6hr)</b>
8	Trientine, 1.2 g	71	1,326
7	Penicillamine, 500 mg	68	1,074

These results demonstrate that Trientine Hydrochloride Capsule is effective as a cupriuretic agent in patients with Wilson's disease although on a molar basis it appears to be less potent or less effective than penicillamine. Evidence from a radio-labelled copper study indicates that the different cupriuretic effect between these two drugs could be due to a difference in selectivity of the drugs for different copper pools within the body.

### ***Pharmacokinetics***

Data on the pharmacokinetics of trientine hydrochloride are not available. Dosage adjustment recommendations are based upon clinical use of the drug (see DOSAGE AND ADMINISTRATION).

### **INDICATIONS AND USAGE**

Trientine Hydrochloride Capsule is indicated in the treatment of patients with Wilson's disease who are intolerant of penicillamine. Clinical experience with Trientine Hydrochloride Capsule is limited and alternate dosing regimens have not been well characterized; all endpoints in determining an individual patient's dose have not been well defined. Trientine Hydrochloride Capsule and penicillamine cannot be considered interchangeable. Trientine hydrochloride Capsule should be used when continued treatment with penicillamine is no longer possible because of intolerable or life endangering side effects.

Unlike penicillamine, Trientine Hydrochloride Capsule is not recommended in cystinuria or rheumatoid arthritis. The absence of a sulfhydryl moiety renders it incapable of binding cystine and, therefore, it is of no use in cystinuria. In 15 patients with rheumatoid arthritis, Trientine Hydrochloride Capsule was reported not to be effective in improving any clinical or biochemical parameter after 12 weeks of treatment.

Trientine Hydrochloride Capsule is not indicated for treatment of biliary cirrhosis.

### **CONTRAINDICATIONS**

Hypersensitivity to this product.

### **WARNINGS**

Patient experience with trientine hydrochloride is limited (see CLINICAL PHARMACOLOGY). Patients receiving Trientine Hydrochloride Capsule should remain under regular medical supervision throughout the period of drug administration. Patients (especially women) should be closely monitored for evidence of iron deficiency anemia.

## **PRECAUTIONS**

### ***General***

There are no reports of hypersensitivity in patients who have been administered trientine hydrochloride for Wilson's disease. However, there have been reports of asthma, bronchitis and dermatitis occurring after prolonged environmental exposure in workers who use trientine hydrochloride as a hardener of epoxy resins. Patients should be observed closely for signs of possible hypersensitivity.

### ***Information for Patients***

Patients should be directed to take Trientine Hydrochloride Capsule on an empty stomach, at least one hour before meals or two hours after meals and at least one hour apart from any other drug, food, or milk. The capsules should be swallowed whole with water and should not be opened or chewed. Because of the potential for contact dermatitis, any site of exposure to the capsule contents should be washed with water promptly. For the first month of treatment, the patient should have his temperature taken nightly, and he should be asked to report any symptom such as fever or skin eruption.

### ***Laboratory Tests***

The most reliable index for monitoring treatment is the determination of free copper in the serum, which equals the difference between quantitatively determined total copper and ceruloplasmin-copper. Adequately treated patients will usually have less than 10 mcg free copper/dL of serum.

Therapy may be monitored with a 24-hour urinary copper analysis periodically (i.e., every 6-12 months). Urine must be collected in copper-free glassware. Since a low copper diet should keep copper absorption down to less than one milligram a day, the patient probably will be in the desired state of negative copper balance if 0.5 to 1.0 milligram of copper is present in a 24-hour collection of urine.

### ***Drug Interactions***

In general, mineral supplements should not be given since they may block the absorption of Trientine Hydrochloride Capsule. However, iron deficiency may develop, especially in children and menstruating or pregnant women, or as a result of the low copper diet recommended for Wilson's disease. If necessary, iron may be given in short courses, but since iron and Trientine Hydrochloride Capsule each inhibit absorption of the other, two hours should elapse between administration of Trientine Hydrochloride Capsule and iron.

It is important that Trientine Hydrochloride Capsule be taken on an empty stomach, at least one hour before meals or two hours after meals and at least one hour apart from any other drug, food, or milk. This permits maximum absorption and reduces the likelihood of inactivation of the drug by metal binding in the gastrointestinal tract.

### ***Carcinogenesis, Mutagenesis, Impairment of Fertility***

Data on carcinogenesis, mutagenesis, and impairment of fertility are not available.

## ***Pregnancy Category C***

Trientine hydrochloride was teratogenic in rats at doses similar to the human dose. The frequencies of both resorptions and fetal abnormalities, including hemorrhage and edema, increased while fetal copper levels decreased when trientine hydrochloride was given in the maternal diets of rats. There are no adequate and well-controlled studies in pregnant women. Trientine Hydrochloride Capsule should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

## ***Nursing Mothers***

It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when Trientine Hydrochloride Capsule is administered to a nursing mother.

## ***Pediatric Use***

Controlled studies of the safety and effectiveness of Trientine Hydrochloride Capsule in pediatric patients have not been conducted. It has been used clinically in pediatric patients as young as 6 years with no reported adverse experiences.

## ***Geriatric Use***

Clinical studies of Trientine Hydrochloride Capsule did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. Other reported clinical experience is insufficient to determine differences in responses between the elderly and younger patients. In general, dose selection should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

## **ADVERSE REACTIONS**

Clinical experience with Trientine Hydrochloride Capsule has been limited. The following adverse reactions have been reported in a clinical study in patients with Wilson's disease who were on therapy with trientine hydrochloride: iron deficiency, systemic lupus erythematosus (see CLINICAL PHARMACOLOGY). In addition, the following adverse reactions have been reported in marketed use: dystonia, muscular spasm, myasthenia gravis.

Trientine Hydrochloride Capsule is not indicated for treatment of biliary cirrhosis, but in one study of 4 patients treated with trientine hydrochloride for primary biliary cirrhosis, the following adverse reactions were reported: heartburn; epigastric pain and tenderness; thickening, fissuring and flaking of the skin; hypochromic microcytic anemia; acute gastritis; aphthoid ulcers; abdominal pain; melena; anorexia; malaise; cramps; muscle pain; weakness; rhabdomyolysis. A causal relationship of these reactions to drug therapy could not be rejected or established.

**To report SUSPECTED ADVERSE REACTIONS, contact Navinta LLC at +1-609-883-1135 or FDA at +1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).**

## **OVERDOSAGE**

There is a report of an adult woman who ingested 30 grams of trientine hydrochloride without apparent ill effects. No other data on overdosage are available.

## **DOSAGE AND ADMINISTRATION**

Systemic evaluation of dose and/or interval between dose has not been done. However, on limited clinical experience, the recommended initial dose of Trientine Hydrochloride Capsule is 500-750 mg/day for pediatric patients and 750-1,250 mg/day for adults given in divided doses two, three or four times daily. This may be increased to a maximum of 2,000 mg/day for adults or 1,500 mg/day for pediatric patients age 12 or under.

The daily dose of Trientine Hydrochloride Capsule should be increased only when the clinical response is not adequate or the concentration of free serum copper is persistently above 20 mcg/dL. Optimal long-term maintenance dosage should be determined at 6-12 month intervals (see PRECAUTIONS, Laboratory Tests).

It is important that Trientine Hydrochloride Capsule be given on an empty stomach, at least one hour before meals or two hours after meals and at least one hour apart from any other drug, food, or milk. The capsules should be swallowed whole with water and should not be opened or chewed.

## **HOW SUPPLIED**

Trientine Hydrochloride Capsules, USP 250 mg, are hard gelatin capsules with opaque orange cap imprinted with NAV and opaque white body imprinted with 101 in black ink. They are supplied as follows:

**NDC** 68475-200-01 in bottles of 100.

## **STORAGE**

Dispense in a tight container and store at 20°C to 25°C (68°F to 77°F); excursions permitted between 15°C and 30°C (59°F and 86°F) [See USP controlled room temperature]. Keep container tightly closed.

Manufactured for:

### **Navinta LLC**

Ewing, NJ 08618

Manufactured By:

### **Apothecon Pharmaceuticals Pvt. Limited**

Plot No.1134 to 1137, 1138-A&B, 1143-B, 1144-A&B,

Padra Jambusar Highway, Tal. Padra, P.O. Dabhasa, Pin - 391 440,

District - Vadodara, State - Gujarat, India.

**Made in India**

Rev. 01/2025

31010125 R0

## PACKAGE LABEL.PRINCIPAL DISPLAY PANEL

Each capsule contains 250 mg  
Trientine hydrochloride, USP  
USUAL DOSAGE:  
See accompanying package insert.  
This is a bulk package and not  
intended for dispensing.  
Package not child resistant.  
Dispense in a tight container and  
store at 20°C to 25°C (68°F to 77°F);  
excursions permitted between 15°C  
and 30°C (59°F and 86°F) [See USP  
controlled room temperature].  
Keep container tightly closed.  
Manufactured for :  
Navinta LLC  
Ewing, NJ 08618

**NDC 68475-200-01**

**Trientine  
Hydrochloride  
Capsules USP**

**250 mg**

Made in India  
Code No. : GUJ/DRUGS/G/25/1904

NAV  
101

Rx Only  
100 Capsules

Navinta LLC

3 6 8 4 7 5 2 0 0 1 2

11010125AR0

**UNVARNISHED AREA  
FOR OVER CODING  
AND BARCODE  
50mm X 30mm**

## TRIENTINE HYDROCHLORIDE

trientine hydrochloride capsule

### Product Information

<b>Product Type</b>	HUMAN PRESCRIPTION DRUG	<b>Item Code (Source)</b>	NDC:68475-200
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>TRIENTINE HYDROCHLORIDE</b> (UNII: HC3NX54582) (TRIENTINE - UNII:SJ76Y07H5F)	TRIENTINE HYDROCHLORIDE	250 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C YELLOW NO. 6</b> (UNII: H77VEI93A8)	
<b>FERROSFERRIC OXIDE</b> (UNII: XM0M87F357)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>POTASSIUM HYDROXIDE</b> (UNII: WZH3C48M4T)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>SHELLAC</b> (UNII: 46N107B71O)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	

TITANIUM DIOXIDE (UNII: 15FIX9V2JP)

### Product Characteristics

<b>Color</b>	ORANGE (body:white;cap:orange)	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	19mm
<b>Flavor</b>		<b>Imprint Code</b>	NAV;101
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68475-200-01	1 in 1 CARTON	12/05/2020	
1		100 in 1 BOTTLE; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA211251	12/05/2020	

**Labeler** - Navinta LLC (130443810)

**Registrant** - Navinta LLC (130443810)

Revised: 2/2025

Navinta LLC