

**CHESTAL COLD AND COUGH- solanum dulcamara top; ferrosoferric phosphate, goldenseal, potassium dichromate, strychnos nux-vomica seed tablet
Boiron**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Chestal Cold and Cough Tablets

Active ingredients (in each tablet)**

Dulcamara 5C HPUS (0.5 mg)

Ferrum phosphoricum 9C HPUS (0.5 mg)

Hydrastis canadensis 9C HPUS (0.5 mg) (contains less than 10^{-19} mg hydrastine and berberine alkaloids)

Kali bichromicum 9C HPUS (0.5 mg) (contains less than 10^{-18} mg chromium)

Nux vomica 9C HPUS (0.5 mg) (contains less than 10^{-19} mg strychnine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Dulcamara 5C HPUS (0.5 mg).....Relieves colds and coughs worsened by exposure to damp cold

Ferrum phosphoricum 9C HPUS (0.5 mg).....Relieves colds with gradual onset, occasional minor sore throat, and dry, fitful cough

Hydrastis canadensis 9C HPUS (0.5 mg).....Relieves colds and coughs associated with runny nose

Kali bichromicum 9C HPUS (0.5 mg).....Relieves nasal discharge

Nux vomica 9C HPUS (0.5 mg).....Relieves sneezing fits

Uses*

temporarily relieves symptoms of the common cold such as:

- nasal and chest congestion ■ fitful cough ■ sneezing ■ occasional minor sore throat
- runny or stuffy nose

Do not use if you are allergic to any of this product's ingredients.

Ask a doctor before use if you have

- severe sore throat that is accompanied or followed by fever, headache, rash, nausea, or vomiting
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema

- cough that occurs with too much phlegm (mucus)

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Adults and children 6 years of age and older At the onset of symptoms, dissolve 2 tablets in the mouth every 15 minutes for 1 hour. Then, dissolve 2 tablets in the mouth every 6 hours. Decrease frequency with improvement.

Children 4 to under 6 years of age Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above.

Children under 4 years of age Ask a doctor.

croscarmellose sodium, lactose, magnesium stearate

1-800-264-7661

- do not use if glued carton end flaps are open or if the blister seal is broken
- store below 86°F (30°C)
- retain carton for full drug facts

COLD & COUGH RELIEF*

Nasal & Chest Congestion

Cough • Runny Nose*

- Day & Night Multi-Symptom Relief
- Non-Drowsy

60 MELTAWAY TABLETS

Unflavored

Made in France

Distributed by Boiron Inc.

Newtown Square, PA 19073

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

NDC 0220-9111-04

COLD & COUGH RELIEF*

Nasal & Chest Congestion Cough · Runny Nose*



Chestal®

COLD & COUGH TABLETS

HOMEOPATHIC MEDICINE

- Day & Night Multi-Symptom Relief
- Non-Drowsy



BOIRON®

World Leader in Homeopathic Medicines

60
MELTAWAY
TABLETS
Unflavored

Drug Facts

Active ingredients* (in each tablet)

Dulcamara 9C HPUS (0.5 mg) Relieves colds and coughs worsened by exposure to damp cold

Ferrum phosphoricum 9C HPUS (0.5 mg) Relieves colds with gradual onset, occasional minor sore throat, and dry, fitful cough

Hydrastis canadensis 9C HPUS (0.5 mg) Relieves colds and coughs associated (contains less than 10^m mg hydrastine and berberine alkaloids) with runny nose

Kali bichromicum 9C HPUS (0.5 mg) Relieves nasal discharge (contains less than 10^m mg chromium)

Nux vomica 9C HPUS (0.5 mg) Relieves sneezing fits (contains less than 10^m mg strychnine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses* temporarily relieves symptoms of the common cold such as:

- nasal and chest congestion
- fitful cough
- sneezing
- occasional minor sore throat
- runny or stuffy nose

Warnings
Do not use if you are allergic to any of this product's ingredients.

Ask a doctor before use if you have

- severe sore throat that is accompanied or followed by fever, headache, rash, nausea, or vomiting
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- cough that occurs with too much phlegm (mucus)

Stop use and ask a doctor if

- sore throat worsens or persists for more than 2 days
- cough or nasal congestion worsens or lasts for more than 5 days in children under 12 years of age or 7 days in adults, comes back, or is accompanied by fever, rash, or a persistent headache
- new symptoms occur

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.
*C, K, CK, and X are homeopathic dilutions. see BoironUSA.com/info for details.

Drug Facts (continued)

Directions

Adults and children 6 years of age and older

At the onset of symptoms, dissolve 2 tablets in the mouth every 15 minutes for 1 hour. Then, dissolve 2 tablets in the mouth every 6 hours. Decrease frequency with improvement.

Children 4 to under 6 years of age

Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above.

Children under 4 years of age

Ask a doctor.

Other information

- do not use if glued carton and flaps are open or if the blister seal is broken
- store below 86°F (30°C)
- retain carton for full drug facts

Inactive ingredients

croscarmellose sodium, lactose, magnesium stearate

Questions?
1-800-264-7661

COLD & COUGH RELIEF

Chestal®

Adults and children 6 years of age and older: At the onset of symptoms, dissolve 2 tablets in the mouth every 15 minutes for 1 hour. Then, dissolve 2 tablets in the mouth every 6 hours. Decrease frequency with improvement. Children 4 to under 6 years of age: Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above. Children under 4 years of age: Ask a doctor.

BOIRON®

CHESTAL COLD AND COUGH

solanum dulcamara top; ferrosulfate phosphate, goldenseal, potassium dichromate, strychnos nux-vomica seed tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9111
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
POTASSIUM DICHROMATE (UNII: T4423S18FM) (DICHROMATE ION - UNII:9LKY4BFN2V)	POTASSIUM DICHROMATE	9 [hp_C]
STRYCHNOS NUX-VOMICA SEED (UNII: 269XH13919) (STRYCHNOS NUX-	STRYCHNOS NUX-	9 [hp_C]

VOMICA SEED - UNII:269XH13919)	VOMICA SEED	9 [hp_C]
FERROSFERRIC PHOSPHATE (UNII: 91GQH8I5F7) (FERROSFERRIC PHOSPHATE - UNII:91GQH8I5F7)	FERROSFERRIC PHOSPHATE	9 [hp_C]
SOLANUM DULCAMARA TOP (UNII: KPS1B1162N) (SOLANUM DULCAMARA TOP - UNII:KPS1B1162N)	SOLANUM DULCAMARA TOP	5 [hp_C]
GOLDENSEAL (UNII: ZW3Z11D0JV) (GOLDENSEAL - UNII:ZW3Z11D0JV)	GOLDENSEAL	9 [hp_C]

Inactive Ingredients

Ingredient Name	Strength
MAGNESIUM STEARATE (UNII: 70097M6130)	
LACTOSE (UNII: J2B2A4N98G)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND (Boiron)	Size	9mm
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9111-04	3 in 1 CARTON	03/20/2026	
1		20 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/20/2026	

Labeler - Boiron (282560473)

Registrant - Boiron, Inc. (014892269)

Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9111)