# SOUND BODY SLEEP AID- diphenhydramine hcl 25 mg tablet, coated Allegiant Health

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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#### SoundBody Sleep Aid

# Active ingredient (in each caplet)

Diphenhydramine HCl 25mg

## **Purpose**

Nighttime Sleep aid

#### Uses

for relief of occasional sleeplessness

# Warnings

#### Do not use

- in children under 12 years of age
- with any other product containing diphenydramine, even one used on skin

#### Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

#### Ask a doctor or pharmacist before use if

you are taking sedatives or tranquilizers

# When using this product

- avoid alcoholic beverages
- drowsiness will occur
- do not drive a motor vehicle or operate machinery

#### Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

#### If pregnant or breast-feeding,

**If pregnant or breast-feeding,** ask a health professional before use.

#### Keep out of reach of children.

# Keep out of reach of children.

**Overdose Warning:** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

#### **Directions**

**adults and children 12 years and over:** take 2 caplets at bedtime if needed or as directed by a doctor **children under 12 years of age:** do not use

#### Other information

- store at room temperature store between 20-25°C (68-77°F)
- do not use if blister unit is torn or open

# **Inactive ingredients**

croscarmellose sodium, FD&C blue #1 aluminum lake, hypromellose, lactose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, silicon dioxide, titanium dioxide

## **Principal Display Panel**

SOUND**BODY**<sup>TM</sup>

Compare to the Active Ingredients in Simply Sleep®\*

For Nighttime Use Sleep Aid Diphenhydramine HCl 25 mg

• Does not contain Pain Reliever

24 Caplets

(pill image) Actual Size

Distributed by: **Allegiant Health** Deer Park, NY 11729

V#5003620 ITEM#FP064

LB1307 R0617

Questions or Comments? 1-888-952-0050



Sleep Aid 24ct.

#### SOUND BODY SLEEP AID

diphenhydramine hcl 25 mg tablet, coated

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69168-910
Route of Administration	ORAL		

l	Active Ingredient/Active Moiety			
l	Ingredient Name	Basis of Strength	Strength	
	$\label{eq:diphenhydramine} \textbf{DIPHENHYDRAMINE HYDRO CHLO RIDE} \ (\text{UNII: } \text{TC2D6 JAD40} \ ) \ (\text{DIPHENHYDRAMINE -UNII: } \text{8GTS82S83M})$	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg	

Inactive Ingredients		
Ingredient Name	Strength	
CROSCARMELLOSE SODIUM (UNII: M28 OL1HH48)		
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)		
MAGNESIUM STEARATE (UNII: 70097M6I30)		
MICRO CRYSTALLINE CELLULO SE (UNII: OP1R32D61U)		
POLYETHYLENE GLYCOL 1000 (UNII: U076Q6Q621)		
SILICON DIO XIDE (UNII: ETJ7Z6 XBU4)		
TITANIUM DIO XIDE (UNII: 15FIX9 V2JP)		
HYPROMELLOSES (UNII: 3NXW29 V3WO)		

Product Characteristics				
Color	BLUE	Score	no score	
Shape	CAPSULE	Size	11mm	
Flavor		Imprint Code	AZ;263	
Contains				

Packaging			
# Item Code	Package Description	<b>Marketing Start Date</b>	Marketing End Date
1 NDC:69168-910-93	2 in 1 CARTON	03/03/2015	
1	12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC MONOGRAPH FINAL	part338	03/03/2015		

# Labeler - Allegiant Health (079501930)

Revised: 11/2017 Allegiant Health