

CITROMA- magnesium citrate liquid
Chain Drug Marketing Association

Quality Choice 164.000/164AA rev 2-164AB
Cherry Magnesium Citrate

Active Ingredient (in each fl oz)

Magnesium citrate 1.745g

Purpose

Saline laxative

Uses

- for relief of occasional constipation (irregularity).
- Generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

- taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Storage

Store at temperatures between 46° and 86°F (8° and 30°C)

Directions

- shake well before using
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz maximum 3 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

other information

- **each fl oz contains:** magnesium 290 mg
- **each fl oz contains:** sodium 1 mg

Inactive ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Disclaimer

Non-USP: Non-Carbonated, Non-Pasteurized; Contains Perservatives

100% QC SATISFACTION GUARANTEED

Adverse reaction

Disributed by CDMA, Inc.

Novi, MI 48375

www.qualitychoice.com

Questions: 800-935-2362

Principal display panel

DO NOT USE IF TAMPER EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED

FROM NECKRING
 NDC 83324-169-10
 QC®
 QUALITY
 CHOICE
 Magnesium
 Citrate
 Saline Laxative
 Oral Solution
 For the Relief of Occasional Constipation
 Cherry flavor
 10 FL OZ (296 mL)

DO NOT USE IF TAMPER EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

NDC 83324-169-10

QC
QUALITY CHOICE

Magnesium Citrate 5

Saline Laxative Oral Solution

For the Relief of Occasional Constipation

Cherry Flavor 

10 FL OZ (296 mL)

Drug Facts		Drug Facts (continued)	
Active ingredient (in each fl oz) Purpose Magnesium citrate 1.745 g.....Saline laxative		Store at temperatures between 48° and 86° F (8° and 30° C)	
Uses ■ for relief of occasional constipation (irregularity). ■ Generally produces bowel movement in ½ to 6 hours		Directions ■ shake well before using ■ drink a full glass (8 ounces) of liquid with each dose ■ may be taken as a single daily dose or in divided doses	
Warnings Ask a doctor before use if you have ■ kidney disease ■ a magnesium restricted diet ■ abdominal pain, nausea, or vomiting ■ noticed a sudden change in bowel habits that persists over a period of 2 weeks ■ already used a laxative for a period longer than 1 week		adults and children 12 years of age and over	6.5 to 10 fl oz maximum 10 fl oz in 24 hours
Ask a doctor or pharmacist before use if you are ■ taking any other drug. ■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.		children 6 to under 12 years of age	3 to 7 fl oz maximum 7 fl oz in 24 hours
Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.		children 2 to under 6 years of age	2 to 3 fl oz maximum 3 fl oz in 24 hours
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.		children under 2 years of age	ask a doctor
		Other information ■ each fl oz contains: magnesium 290 mg ■ each fl oz contains: sodium 1 mg	
		Inactive ingredients benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water	
		 Non-USP: Non-Carbonated, Non-Pasteurized; Contains Preservatives L0018921SD	

Distributed by CDMA, Inc.
 New, MI 48375
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 Questions: 800-935-2362

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CITROMA

magnesium citrate liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:83324-169
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:83324-169-10	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	07/02/2024	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	07/02/2024	

Labeler - Chain Drug Marketing Association (011920774)

Registrant - Nice-Pak Products, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(83324-169)

Revised: 2/2026

Chain Drug Marketing Association