

**HOT/COLD MENTHOL 16% ROLL-ON- hot/cold menthol 16% roll-on liquid
Pharma Nobis, LLC**

Freskaro Menthol 16% Roll-On

Menthol 16%

Topical analgesic

Temporarily relieves minor muscle and joint pain associated with arthritis, simple backache, muscle strains, sprains, bruises.

For external use only.

Flammable

- Keep away from fire or flame.

When using this product

- use only as directed
- do not bandage tightly or use with a heating pad
- avoid contact with eyes and mucous membranes
- do not apply to wounds or damaged, broken or irritated skin
- a temporary burning sensation may occur after use but normally disappears in several days
- if severe burning sensation occurs, discontinue use immediately
- if swelling or blistering of the skin occurs, stop use and seek medical attention
- do not expose treated area to heat or direct sunlight

Stop use and ask a doctor if

- condition worsens
- redness is present
- irritation develops
- symptoms persist for more than 7 days or clear up and occur again within a few days

If pregnant or breast-feeding

ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Adults and children over 12 yrs of age: apply to the affected area no more than 3 to 4 times daily

IF MEDICINE COMES IN CONTACT WITH HANDS, WASH WITH SOAP AND WATER.

Children 12 years or younger: do not use, ask a doctor

Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Capsaicin, Glycerin, Isopropyl Myristate,

Propylene Glycol, Purified Water, SD Alcohol 40 (30%), Triethanolamine.

1-833-551-0932

2026 Label

Drug Facts	
Active ingredient Menthol 16%	Purpose Topical analgesic
Uses temporarily relieves minor muscle and joint pain associated with ■ arthritis ■ simple backache ■ muscle strains ■ sprains ■ bruises	
Warnings For external use only. Flammable ■ Keep away from fire or flame When using this product ■ use only as directed ■ do not bandage tightly or use with a heating pad ■ avoid contact with eyes and mucous membranes ■ do not apply to wounds or damaged, broken or irritated skin ■ A temporary burning sensation may occur after use but normally disappears in several days. ■ If severe burning sensation occurs, discontinue use immediately ■ if swelling or blistering of the skin occurs, stop use and seek medical attention. ■ Do not expose treated area to heat or direct sunlight.	
Stop use and ask a doctor if ■ condition worsens ■ redness is present ■ irritation develops ■ symptoms persist for more than 7 days or clear up and occur again within a few days	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.	
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Inactive ingredients Acrylates/C10-30 Alkyl Acrylate Copolymer, Capsaicin, Glycerin, Isopropyl Myristate, Propylene Glycol, Purified Water, SD Alcohol 40 (30%), Triethanolamine	
Questions & comments? 1-833-551-0932	

Freskaro
roll-on & restorative

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NDC 82645-014-97

Compare to Icy Hot®
Medicated No Mess
Applicator active ingredient*

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Cool & Heat
pain relieving liquid

Cool & Heat
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menthol 16%
topical analgesic

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- roll-on applicator
- no mess
- dries rapidly
- stain-free

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- no mess
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- stain-free



*This product is not manufactured or distributed by Chillum, Inc., owner of the registered trademark Icy Hot®.

Manufactured by: Pharma Nobis
7400 Almax Dr. Tuxedo, TX 75001
80805

2.5 fl oz (74mL)



Actual Size



NDC 82645-014-97

Freskaro
refresh & revitalize

Compare to Icy Hot®
Medicated No Mess
Applicator active ingredient*

Cool & Heat pain relieving liquid

menthol 16%
topical analgesic

roll-on applicator

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Manufactured by: Pharma Nobis
7400 Alumax Dr, TexasKana, TX 75501
*This product is not manufactured or distributed by Chatterm, Inc., owner of the registered trademark Icy Hot® R080125
Not For Individual Retail Sale.

HOT/COLD MENTHOL 16% ROLL-ON

hot/cold menthol 16% roll-on liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:82645-014
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	16 mg in 100 mL

Inactive Ingredients

Ingredient Name	Strength
(C10-C30)ALKYL METHACRYLATE ESTER (UNII: XH2FQZ38D8)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
TROLAMINE (UNII: 9O3K93S3TK)	
ALCOHOL (UNII: 3K9958V90M)	
CAPSAICIN (UNII: S07O44R1ZM)	
ISOPROPYL MYRISTATE (UNII: 0RE8K4LNJS)	
GLYCERIN (UNII: PDC6A3C0OX)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:82645-014-97	1 in 1 CARTON	04/14/2026	
1		74 mL in 1 BOTTLE, WTH APPLICATOR; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	04/14/2026	

Labeler - Pharma Nobis, LLC (118564114)

Registrant - Pharma Nobis, LLC (118564114)

Establishment

Name	Address	ID/FEI	Business Operations
Pharma Nobis, LLC		118564114	label(82645-014) , pack(82645-014) , analysis(82645-014) , manufacture(82645-014)

Revised: 4/2026

Pharma Nobis, LLC