

**CHEST RUB- camphor, eucalyptus oil, menthol cream**  
**Retail Business Services, LLC**

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**Care One 248.001/248AI**  
**Medicated Chest Rub**

**Other safety information**

Failure to follow these warnings could result in serious consequences

**Active ingredients**

Camphor 4.8%

Eucalyptus oil 1.2%

Menthol 2.6%

**Purpose**

cough suppressant & topical analgesic

**uses**

- on chest and throat, temporarily relieves cough due to common cold
- on muscles and joints, temporarily relieves minor aches and pains

**Warnings**

For external use only; avoid contact with eyes

**Do not use**

- by mouth
- with tight bandages
- in nostrils
- on wounds or damaged skin

**Ask a doctor before use if you have**

- cough that occurs with too much phlegm (mucus)
- persistent or chronic cough such as occurs with smoking, asthma or emphysema

**When using this product, do not**

- heat
- microwave
- add to hot water or any container where heating water. May cause splattering and

result in burns.

**Stop use and ask a doctor if**

- muscle aches and pains persist more than 7 days or come back
- cough lasts more than 7 days, comes back, or occurs with fever, rash or persistent headache.

These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of accidental ingestion, get medical help or contact a Poison Control Center right away.

**Directions**

**See important warning under "When using this product"**

- adults & children 2 yrs & over:
- rub a thick layer on chest & throat or rub on sore aching muscles
- cover with warm, dry cloth if desired
- keep clothing loose about throat/chest to help vapors reach the nose/mouth
- repeat up to three times per 24 hours or as directed by doctor
- children under 2 years of age: ask a doctor

**Other information**

- store at room temperature

**Inactive ingredients**

cedarleaf oil, nutmeg oil, special petrolatum, spirits of turpentine, thymol

**Claims**

The active ingredients in CareOne Medicated Chest Rub work naturally by breathing the medicated vapors to help relieve coughing due to colds and minor aches and pain.

**ADVERSE REACTION**

DISTRIBUTED BY FOODHOLD U.S.A., LLC

LANDOVER, MD 20785 1-877-846-9949

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Quality guraranteed or your money back

**Disclaimer**

\*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks<sup>®</sup> VapoRub<sup>®</sup>

**principal display panel**

CAREONE<sup>®</sup>

Compare to the active ingredients in Vicks<sup>®</sup> VapoRub<sup>®</sup>\*

MEDICATED

CHEST RUB

COUGH SUPPRESSANT

TOPICAL ANALGESIC

OUR PHARMACISTS RECOMMENDED

NEW WT 3.53 OZ (100 g)



## CHEST RUB

camphor, eucalyptus oil, menthol cream

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:72476-248
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CAMPHOR (NATURAL)</b> (UNII: N20HL7Q941) (CAMPHOR (NATURAL) - UNII:N20HL7Q941)	CAMPHOR (NATURAL)	48 mg in 100 g
<b>EUCALYPTUS OIL</b> (UNII: 2R04ONI662) (EUCALYPTUS OIL - UNII:2R04ONI662)	EUCALYPTUS OIL	12 mg in 100 g
<b>MENTHOL</b> (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	26 mg in 100 g

## Inactive Ingredients

Ingredient Name	Strength
<b>CEDAR LEAF OIL</b> (UNII: BJ169U4NLG)	
<b>NUTMEG OIL</b> (UNII: Z1CLM48948)	
<b>PETROLATUM</b> (UNII: 4T6H12BN9U)	
<b>TURPENTINE OIL</b> (UNII: C5H0QJ6V7F)	
<b>THYMOL</b> (UNII: 3J50XA376E)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72476-248-75	1 in 1 CARTON	01/12/2009	
1		100 g in 1 JAR; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	01/12/2009	

**Labeler** - Retail Business Services, LLC (967989935)

**Registrant** - Nice-Pak Products, LLC (119091520)

## Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(72476-248)

Revised: 2/2026

Retail Business Services, LLC