

**POLY-HIST DM- dexchlorpheniramine maleate and dextromethorphan
hbr liquid
POLY PHARMACEUTICALS, INC.**

POLY-HIST DM LIQUID

Active Ingredients (in each 5mL teaspoonful)

Dexchlorpheniramine Maleate: 1mg

Dextromethorphan HBr: 10mg

**Temporarily relieves these symptoms due to the common cold, hay fever
(allergic rhinitis) or other upper respiratory allergies:**

- cough due to minor throat and bronchial irritation
- runny nose
- sneezing
- itching of nose or throat
- itchy, watery eyes

Do not use this product

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product

Ask a doctor before use if you have

- a cough that lasts or is chronic such as occurs with smoking, asthma or emphysema
- a cough that occurs with too much phlegm (mucus)
- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland
- heart disease
- high blood pressure
- thyroid disease
- diabetes

Ask a doctor of pharmacist before use if you are taking sedatives or tranquilizers.

When using this product

- excitability may occur, especially in children
- may cause marked drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- use caution when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

- cough or nasal congestion persists for more than 1 week, tends to recur, or is accompanied by a fever, rash or persistent headache. A persistent cough may be a

sign of a serious condition.

- nervousness, dizziness, or sleeplessness occur
- new symptoms occur

If pregnant or breast-feeding, ask a health professional before use.

Directions

Adults and children 12 years of age and over: 2 teaspoonfuls (10mL) every 4 hours, not to exceed 12 teaspoonfuls in 24 hours, or as directed by a doctor.

Children 6 to under 12 years of age: 1 teaspoonful (5mL) every 4 hours, not to exceed 6 teaspoonfuls in 24 hours, or as directed by a doctor.

Children under 6 years of age: Consult a doctor.

Inactive Ingredients

Bubblegum Flavor, Citric Acid, Magnasweet, Methy Paraben, Potassium Citrate, Propyl Paraben, Propylene Glycol, Purified Water, Sorbitol, Sucralose.

Questions? Comments?

Call 1-800-882-1041

Manufactured for:

Poly Pharmaceuticals

Huntsville, AL 35763

Antihistamine

Cough Suppressant

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

NDC 50991-271-16

Poly-Hist DM Liquid

New Formula

Antihistamine • Antitussive

Each 5 mL (1 teaspoonful) contains:
Dexchlorpheniramine Maleate 1mg
Dextromethorphan HBr 10mg

Bubblegum Flavor

SUGAR FREE / ALCOHOL FREE
DYE FREE / GLUTEN FREE

Distributed by:
Poly Pharmaceuticals
Huntsville, AL 35763

Tamper evident by foil seal under cap. Do not use if foil seal is broken or missing.



16 fl oz. (473 mL)

Serialization Area

Drug Facts

Active ingredients

(in each 5 mL teaspoonful)

Dexchlorpheniramine Maleate: 1mg Antihistamine
Dextromethorphan HBr: 10mg ... Cough Suppressant/Antitussive

Purpose

Uses temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:
 ■ cough due to minor throat and bronchial irritation ■ runny nose
 ■ sneezing
 ■ itching of nose or throat ■ itchy, watery eyes

Warnings

Do not exceed recommended dosage.

Do not use this product

■ if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product

Ask a doctor before use if you have

■ a cough that lasts or is chronic such as occurs with smoking, asthma or emphysema ■ a cough that occurs with too much phlegm (mucus) ■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ trouble urinating due to an enlarged prostate gland ■ heart disease
 ■ high blood pressure ■ thyroid disease ■ diabetes

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.

When using this product

■ excitability may occur, especially in children
 ■ may cause marked drowsiness
 ■ avoid alcoholic drinks
 ■ alcohol, sedatives, and tranquilizers may increase the drowsiness effect

Drug Facts (continued)

■ use caution when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

■ cough or nasal congestion persists for more than 1 week, tends to recur, or is accompanied by a fever, rash or persistent headache. A persistent cough may be a sign of a serious condition.
 ■ nervousness, dizziness, or sleeplessness occur
 ■ new symptoms occur

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

Do not exceed recommended dosage.

Adults and children 12 years of age and over:	2 teaspoonfuls (10 mL) every 4 hours, not to exceed 12 teaspoonfuls in 24 hours, or as directed by a doctor.
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Children 6 to under 12 years of age:	1 teaspoonful (5 mL) every 4 hours, not to exceed 6 teaspoonfuls in 24 hours, or as directed by a doctor.
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Children under 6 years of age:	Consult a doctor.
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Other information

Store at 59° - 86°F (15° - 30°C)

Inactive ingredients

Bubblegum Flavor, Citric Acid, Magnasweet, Methyl Paraben, Potassium Citrate, Propyl Paraben, Propylene Glycol, Purified Water, Sorbitol, Sucralose.

Questions? Comments?

Serious side effects associated with use of this product may be reported to this number. Call 1-800-882-1041 Mon. - Fri. (8 a.m. to 5 p.m. CST).

Rev. 01/26

POLY-HIST DM

dexchlorpheniramine maleate and dextromethorphan hbr liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:50991-271
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII: 7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg in 5 mL
DEXCHLORPHENIRAMINE MALEATE (UNII: B10YD955QW) (DEXCHLORPHENIRAMINE - UNII: 3Q9Q0B929N)	DEXCHLORPHENIRAMINE MALEATE	1 mg in 5 mL

Inactive Ingredients

Ingredient Name	Strength
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
POTASSIUM CITRATE (UNII: EE90ONI6FF)	
CITRIC ACID (UNII: 2968PHW8QP)	
WATER (UNII: 059QF0KO0R)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SORBITOL (UNII: 506T60A25R)	

METHYLPARABEN (UNII: A2I8C7HI9T)

Product Characteristics

Color		Score	
Shape		Size	
Flavor	BUBBLE GUM	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50991-271-16	473 mL in 1 BOTTLE; Type 0: Not a Combination Product	04/23/2026	
2	NDC:50991-271-15	15 mL in 1 BOTTLE; Type 0: Not a Combination Product	04/23/2026	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	04/23/2026	

Labeler - POLY PHARMACEUTICALS, INC. (198449894)

Establishment

Name	Address	ID/FEI	Business Operations
BEO Pharma Inc		105153330	manufacture(50991-271)

Revised: 4/2026

POLY PHARMACEUTICALS, INC.