

## **FIBER LAXATIVE- calcium polycarbophil tablet**

### **Safeway**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

-----

### **Fiber Laxative**

#### **Active ingredient (in each caplet)**

Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil

#### **Purpose**

Bulk-forming laxative

#### **uses**

- relieves occasional constipation
- this product generally produces bowel movement in 12 to 72 hours

#### **Warnings**

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

#### **Ask a doctor before use if you have**

- abdominal pain, nausea or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

#### *When using this product*

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24 hour period unless directed by a doctor.

#### **Stop use and ask a doctor if**

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing
- you fail to have a bowel movement after use or have rectal bleeding. These could be signs of a serious condition.

#### **Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center immediately.

**Directions**

- take this product (child or adult dose) with a full glass of water (8 oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning.
- dosage will vary according to diet, exercise, previous laxative use or severity of constipation.
- continued use for 1 or 3 days is normally required to provide full benefit.

---

adults and children 12 years and over	2 caplets, 1 to 4 times a day
Children under 12 years	ask a doctor

---

**Other information**

- **each caplet contains:** calcium 135mg
- do not use if printed seal under cap is torn or missing
- store at room temperature
- protect contents from moisture

**Inactive ingredients**

Calcium carbonate, caramel, colloidal silicon dioxide, crospovidone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate

**PDP**

Compare to Fibercon active ingredient

Fiber Laxative

Calcium Polycarbophil 625mg

Fiber therapy for regularity

As effective as fiber powders

Block forming laxatives

140 caplets



COMPARE TO  
Fibercon®  
active ingredient\*  
NDC 21130-147-94

Quality  
Guaranteed

# Fiber Laxative

CALCIUM POLYCARBOPHIL 625 mg

- Fiber therapy for regularity
- As effective as fiber powders
- Bulk forming laxative

140 CAPLETS



ACTUAL SIZE

**DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING**

## Drug Facts

### Active ingredient (in each caplet)

Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil. Bulk-forming laxative

### Uses

- relieves occasional constipation
- this product generally produces bowel movement in 12 to 72 hours

### Warnings

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

### Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

**Ask a doctor or pharmacist before use if you are taking any other drug.** Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

### When using this product

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24 hour period unless directed by a doctor

### Stop use and ask a doctor if

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing
- you fail to have a bowel movement after use or have rectal bleeding.

These could be signs of a serious condition.

**Keep out of the reach of children.** In case of overdose, get medical help or contact a Poison Control Center immediately.

LOT:

S2811 MFR 53041 REV 1115 104-15342



EXP:

N 3 21130 178979 6

▶ Peel Here for Continuing Drug Facts

## Drug Facts (continued)

**Directions** ■ take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning. ■ dosage will vary according to diet, exercise, previous laxative use or severity of constipation ■ continued use for 1 to 3 days is normally required to provide full benefit

adults and children 12 years and over 2 caplets, 1 to 4 times a day  
children under 12 years ask a doctor

### Other information

- each caplet contains: calcium 135 mg
- do not use if printed seal under cap is torn or missing
- store at room temperature ■ protect contents from moisture

### Inactive ingredients

calcium carbonate, caramel, colloidal silicon dioxide, croscopolone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

\*This product is not manufactured or distributed by Pfizer Consumer Healthcare, the distributor of Fibercon®.

### DISTRIBUTED BY

BETTER LIVING BRANDS LLC  
P.O. BOX 99  
PLEASANTON, CA 94566-0099  
1-888-723-3929  
www.betterlivingbrandsLLC.com  
PRODUCT OF U.S.A.

### OUR PROMISE

QUALITY & SATISFACTION  
100%  
GUARANTEED  
ON YOUR MONEY BACK.

Stop Peeling Here

## FIBER LAXATIVE

calcium polycarbophil tablet

### Product Information

Product Type

HUMAN OTC DRUG

Item Code (Source)

NDC:21130-147

Route of Administration

ORAL

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CALCIUM POLYCARBOPHIL (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

## Inactive Ingredients

Ingredient Name	Strength
CALCIUM CARBONATE (UNII: H0G9379FGK)	
COLLOIDAL SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSPROVIDONE (UNII: 68401960MK)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL 1000 (UNII: U076Q6Q621)	
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	

## Product Characteristics

Color	white	Score	no score
Shape	capsule	Size	19mm
Flavor		Imprint Code	G147
Contains			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-147-94	140 in 1 BOTTLE; Type 0: Not a Combination Product	11/11/2015	
2	NDC:21130-147-27	90 in 1 BOTTLE; Type 0: Not a Combination Product	05/05/2015	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	05/05/2015	

**Labeler** - Safeway (009137209)

## Establishment

Name	Address	ID/FEI	Business Operations
Guardian Drug Company		119210276	manufacture(21130-147)

Revised: 1/2016

Safeway