

**LIGHT THE WAY - hydroquinone lotion**  
**mybody**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**LIGHT THE WAY**

ACTIVE INGREDIENT      HYDROQUINONE 2%

PURPOSE      SKIN LIGHTENING

**USE** GRADUALLY AND EFFECTIVELY LIGHTENS DARK AREAS IN THE SKIN

**WARNINGS**

FOR EXTERNAL USE ONLY

DO NOT USE

- ON INFLAMED OR BROKEN SKIN.
- FOR THE PREVENTION OF SUNBURN.
- AS A SUNSCREEN.

ASK A DOCTOR OR PHARMACIST BEFORE USE IF

- PREGNANT OR LACTATING.
- IN COMBINATION WITH PRODUCTS CONTAINING RESORCINOL, PHENOL, OR SALICYLIC ACID.
- BY CHILDREN UNDER THE AGE OF 12.

**STOP USE AND ASK A DOCTOR**

- IF AREAS DARKEN OR BLUE-BLACK DARKENING OCCURS.
- MILD IRRITATION MAY OCCUR. IF IRRITATION BECOMES SEVERE, STOP USE AND CONSULT A DOCTOR.

KEEP OUT OF REACH OF CHILDREN \* IF SWALLOWED, GET MEDICAL HELP OR CONTACT A POISON CONTROL CENTER RIGHT AWAY.

**DIRECTIONS**

- ADULTS ONLY
- PM: APPLY SIDE 1 HYDROQUINONE TO CLEAN SKIN. ALLOW TO DRY. NEXT APPLY SIDE 2 WITH RETINOL. ALLOW TO DRY. DAILY USE OF SUNSCREEN IS RECOMMENDED.
- FOR BEST RESULTS: APPLY MYBODY'S PROTECT AND SERVE SUN SHIELD SPF 30 (AM ONLY) WHEN USING LIGHT THE WAY.
- FOR SENSITIVE SKIN, TEST OVERNIGHT ON SMALL AREA (INSIDE ELBOW).
- IF NO IMPROVEMENT IS SEEN AFTER 3 MONTHS, DISCONTINUE USE. ON VERY DARK SKIN, LIGHTENING EFFECT MAY NOT BE NOTICEABLE.
- TO PREVENT DARKENING FROM REOCCURRING, USE A SUNSCREEN OR WEAR PROTECTIVE CLOTHING TO COVER TREATED SKIN DURING AND AFTER PRODUCT USE.

**OTHER INFORMATION**

\* AVOID STORAGE AT EXTREME TEMPERATURES (BELOW 40°F AND ABOVE 100°F).

INACTIVE INGREDIENTS CHAMBER A: WATER, HEXYL LAURATE, GLYCERYL STEARATE SE, CETYL ALCOHOL, CAPRYLIC/CAPRIC TRIGLYCERIDE, STEARIC ACID,

BUTYROSPERMUM PARKII (SHEA BUTTER), GLYCERIN, CETETH-2, BEHENYL ALCOHOL, HYDROXYPROPYL STARCH PHOSPHATE, XANTHAN GUM, POTASSIUM HYDROXIDE, SODIUM SULFITE, FRAGRANCE, CAPRYLYL GLYCOL, PHENOXYETHANOL, CITRIC ACID, SODIUM METABISULFITE.

QUESTIONS OR COMMENTS?

CALL 877.423.1314 \* WWW.LOVEMYBODY.COM

MYBODY

LIGHT THE WAY

BOOSTER PACK: HYPERPIGMENTATION

MYBOOSTER \* STEP 2



## LIGHT THE WAY®

2-in-1 Lightening  
Complex  
2% Hydroquinone

mytreatment  
STEP 2 • AM / PM

AGING  
ACNE

1 FL OZ US / 30 mL

Innovative dual anti-aging solution effectively combines 2% Hydroquinone with myR2X™ Enhanced Retinol Complex to gradually lighten hyperpigmented skin and fade fine lines and wrinkles.

**ACTIVE INGREDIENT:** Hydroquinone 2%  
**PURPOSE:** Skin lightener

### Application and Usage

Intended for mild to moderate hyperpigmentation. AM: Apply **SIDE 1** Hydroquinone to clean skin. PM: Apply **SIDE 1** Hydroquinone to clean skin. Allow to dry. Next apply **SIDE 2** with Retinol. Allow to dry. Daily use of sunscreen is recommended.

**WARNINGS:** For external use only. Avoid contact with eyes. May cause mild skin irritation. If irritation becomes severe, stop use and consult a doctor. For adult use only. **Keep out of reach of children.**

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**Drug Facts for LIGHT THE WAY**

**Active Ingredient** Hydroquinone 2%  
**Purpose** Skin Lightening

**USE** Gradually and effectively lightens dark areas in the skin

**Warnings**

**Ask a doctor or pharmacist before use if** • Pregnant or lactating. • In combination with products containing Resorcinol, Phenol, or Salicylic Acid. • By children under the age of 12. **Stop use and ask a doctor.** • If areas darken or blue-black darkening occurs.

**When using this product** • Avoid contact with eyes. • Mild irritation may occur. If irritation becomes severe, stop use and consult a doctor. • Limit sun exposure. • **For external use only.** • **Keep out of reach of children.** • If swallowed get medical help or contact a poison control center immediately.

**Do not use** • on inflamed or broken skin. • For the prevention of sunburn. • As a sunscreen.

**Directions**

• **Adults Only** • PM: Apply **SIDE 1** Hydroquinone to clean skin. Allow to dry. Next apply **SIDE 2** with Retinol. Allow to dry. Daily use of sunscreen is recommended. • For best results: apply mybody's PROTECT & SERVE Sun Shield SPF 30 (AM only) when using LIGHT THE WAY. • For sensitive skin, test overnight on small area (inside elbow). • If no improvement is seen after 3 months, discontinue use. On very dark skin, lightening effect may not be noticeable. • To prevent darkening from reoccurring, use a sunscreen or wear protective clothing to cover treated skin during and after product use.

**Other Information**

Avoid storage at extreme temperatures (below 40° F and above 100° F).

**Inactive Ingredients CHAMBER A:** Water, Hexyl Laurate, Glyceryl Stearate SE, Cetyl Alcohol, Caprylic/ Capric triglyceride, Stearic Acid, Butyrospermum Parkii (Shea Butter), Glycerin, Ceteth-2, Behenyl Alcohol, Hydroxypropyl Starch Phosphate, Xanthan Gum, Potassium Hydroxide, Sodium Sulfite, Fragrance, Caprylyl Glycol, Phenoxyethanol, Citric Acid, Sodium Metabisulfite.

**Questions or Comments?**

Call 877.423.1314 • [www.loveyourbody.com](http://www.loveyourbody.com)

**Inactive Ingredients CHAMBER B:** Water, Glycerin, Glyceryl Stearate SE, C 12-15 Alkyl Benzoate, Carthamus Tinctorius (Safflower) Seed Oil, Butyrospermum Parkii (Shea Butter), Dimethicone, Cetyl Alcohol, Butylene glycol, Sucrose Distearate, Retinol, Glyceryl Disteinate, Retinyl Palmitate, Myristoyl Nonapeptide-3, Camellia Sinensis Leaf Extract, Caffeine, Undecylenoyl Phenylalanine, Prunella Extract (Pea) Extract, Tocopheryl Acetate, Allantoin, Panthenol, Safflower Acids, Cocoglycerides, Safflower Glycerides, Lysoleithin, Acetyl Carboxymethyl Cocoyl Glycine, Polysorbate 20, Cetearyl Alcohol, Ceteareth-20, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Xanthan Gum, Citric Acid, Polyglyceryl-10 Laurate, Polysorbate 80, Dimethylmethoxy Chromanyl Palmitate, Steareth-21, Steareth-20, Cetyl Dimethicone, Disodium EDTA, BHT, Tromethamine, Caprylyl Glycol, Phenoxyethanol, Fragrance.

NDC: 49620-201-51



## LIGHT THE WAY®

Booster Pack : **HYPERPIGMENTATION**

mybooster • STEP 2

### WHEN USING THIS PRODUCT

- AVOID CONTACT WITH EYES.
- LIMIT SUN EXPOSURE.

### LIGHT THE WAY

hydroquinone lotion

#### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:49520-201
Route of Administration	TOPICAL		

#### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
HYDROQUINONE (UNII: XV74C1N1AE) (HYDROQUINONE - UNII:XV74C1N1AE)	HYDROQUINONE	2 g in 100 mL

**Inactive Ingredients**

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
HEXYL LAURATE (UNII: 4CG9F9W01Q)	
GLYCERYL STEARATE SE (UNII: FCZ5MH785I)	
CETYL ALCOHOL (UNII: 936JST6JCN)	
MEDIUM-CHAIN TRIGLYCERIDES (UNII: C9H2L21V7U)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
SHEA BUTTER (UNII: K49155WL9Y)	
GLYCERIN (UNII: PDC6A3C0OX)	
CETETH-2 (UNII: 7H8VAM7778)	
DOCOSANOL (UNII: 9G1OE216XY)	
HYDROXYPROPYL CORN STARCH (5% SUBSTITUTION BY WEIGHT) (UNII: 9M44R3409A)	
XANTHAN GUM (UNII: TTV12P4NEE)	
POTASSIUM HYDROXIDE (UNII: WZH3C48M4T)	
SODIUM SULFITE (UNII: VTK01UQK3G)	
CAPRYLYL GLYCOL (UNII: 00YIU5438U)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SODIUM METABISULFITE (UNII: 4VON5FNS3C)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:49520-201-51	1 in 1 BOX		
1	NDC:49520-201-11	15 mL in 1 BOTTLE		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part358A	04/24/2012	

**Labeler** - mybody (004460532)**Registrant** - mybody (004460532)

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