

**RELIEF BALM- camphor, eucalyptus oil, menthol, methyl salicylate cream**  
**Dr.Sankunni's Ayurvedic Research Foundation Private Limited**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Relief Balm**

**Active Ingredients Purpose**

|   |                   |
|---|-------------------|
| Camphor 11%                             | Topical Analgesic |
| Eucalyptus Oil 10%                      | Anti-Inflammatory |
| Menthol 8%                              | Topical Analgesic |
| Wintergreen Oil (Methyl Salicylate) 10% | Topical Analgesic |

**Uses:** Temporarily relieves minor aches & pains related to

- arthritis
- backaches
- bursitis
- sore muscles
- joint pain
- leg cramps
- bruises
- sprains

**Keep out of reach of children to avoid accidental ingestion.**

If swallowed, get medical help or contact a poison control center immediately.

ZEN

for aches & pains

all natural relief balm coconut oil

ideal for:

aches & pains related to

rheumatoid arthritis

joint pain

backaches

bursitis

sore muscles

arthritis

leg cramps

sprains and strains

**Directions:**

- use only as directed
- apply generously to affected area 3 to 4 times daily
- children under 12, consult a doctor before use.

## ⚠️ WARNINGS For external use only

### When using this product

- discontinue use if excessive irritation of the skin develops
- avoid contact with eyes and mucous membranes
- do not bandage tightly
- do not use with heating pad

### ⚠️ Stop use and ask a doctor if

- ⚠️ condition worsens or symptoms persist for more than 7 days
- symptoms clear up and occur again within a few days
- excessive skin irritation occurs

### ⚠️ Inactive Ingredients

coconut oil, paraffin wax, white petroleum jelly, light liquid paraffin, beeswax, clove oil, nutmeg oil, cassia oil, cinnamon oil, peppermint oil, borneol, citronella oil

|   |              |
|---|--------------|
| <b>DRUG FACTS</b>   |              |
| <b>ACTIVE INGREDIENTS</b>   |              |
| Camphor 1.0g (0.031oz)  | 100% Natural |
| Menthol 0.5g (0.015oz)  | 100% Natural |
| Wintergreen Oil (Methyl Salicylate) 10%   | 100% Natural |
| <b>OTHER INGREDIENTS</b>  |              |
| Cocaine, Clove Oil, Cinnamon Oil, Citronella Oil, Peppermint Oil, Borneol, Light Liquid Paraffin, Beeswax, White Petroleum Jelly, Coconut Oil, Paraffin Wax                                 |              |
| <b>CAUTIONS</b> For external use only.  |              |
| When using this product, avoid contact with the mucous membranes of the mouth.  |              |
| Do not use with heating pads or other heat treatments.  |              |
| Do not use if you are pregnant or nursing.  |              |
| <b>Other Information</b> Store in a cool dry place between 20° to 25°C (68°-77°F).  |              |
| Keep this and all other medicines in their original containers. Do not use if the container is damaged or if the seal is broken.  |              |
| Keep this and all other medicines out of the reach of children.   |              |
| If you experience any of the following symptoms, stop using this product and seek medical attention immediately:  |              |
| • Dizziness or lightheadedness  |              |
| • Stomach pain or discomfort  |              |
| • Rash or skin irritation   |              |
| <b>DIRECTIONS</b> Use only on the affected area. Generously apply to affected area 3 to 4 times daily. Rub gently into the skin until completely absorbed.                                  |              |
| <b>INACTIVE INGREDIENTS</b> Camphor Oil, Clove Oil, Cinnamon Oil, Citronella Oil, Peppermint Oil, Borneol, Light Liquid Paraffin, Beeswax, White Petroleum Jelly, Coconut Oil, Paraffin Wax |              |

# ZEN

## SPORTS BALM

Infused with Narayan Oil

**ULTIMATE PAIN RELIEF**

- ☑️ Muscle cramps
- ☑️ Joint & muscle pain
- ☑️ Backaches
- ☑️ Sports-related injuries

Pre- and Post-Workout Relief

Net Wt. 17.6oz (499.9g)



2.6575"



3.1496"

Full Color CMYK and 2 Spot Colors:



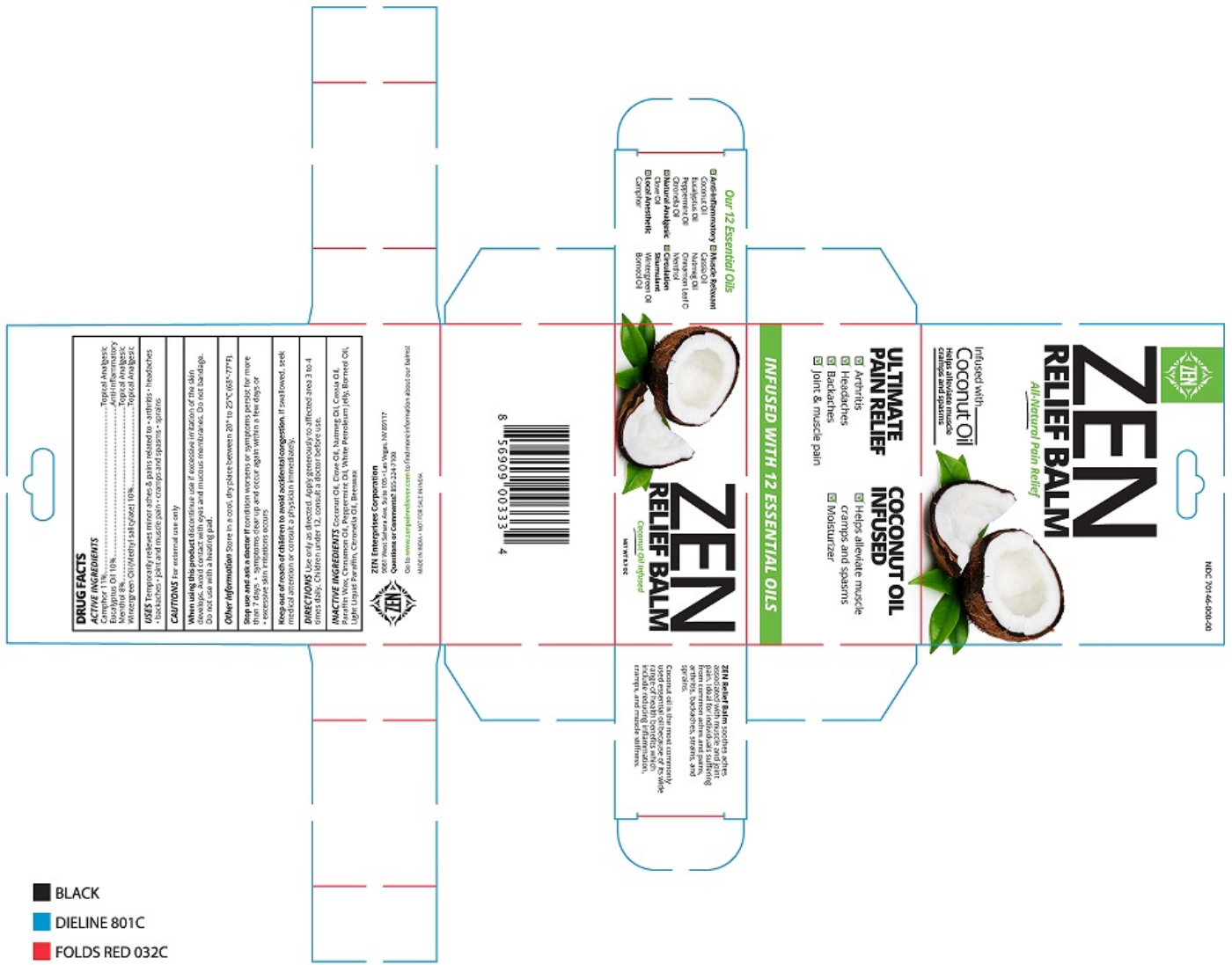
Pantone: 802 C



Pantone: 151 C



DIELINE



## RELIEF BALM

camphor, eucalyptus oil, menthol, methyl salicylate cream

### Product Information

|                                |                |                           |                |
|--------------------------------|----------------|---------------------------|----------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:70 146-000 |
| <b>Route of Administration</b> | TOPICAL        |                           |                |

### Active Ingredient/Active Moiety

| Ingredient Name  | Basis of Strength | Strength      |
|--|-------------------|---------------|
| CAMPHOR (NATURAL) (UNII: N20HL7Q941) (CAMPHOR (NATURAL) - UNII:N20HL7Q941) | CAMPHOR (NATURAL) | 11 g in 100 g |
| EUCALYPTUS OIL (UNII: 2R04ONI662) (EUCALYPTUS OIL - UNII:2R04ONI662)       | EUCALYPTUS OIL    | 10 g in 100 g |
| MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)                     | MENTHOL           | 10 g in 100 g |
| METHYL SALICYLATE (UNII: LAV5U5022Y) (SALICYLIC ACID - UNII:O414PZ4LPZ)    | METHYL SALICYLATE | 10 g in 100 g |

### Inactive Ingredients

| Ingredient Name | Strength |
|-----------------|----------|
|-----------------|----------|

|   |  |
|---|--|
| COCONUT OIL (UNII: Q9L0O73W7L)          |  |
| PARAFFIN (UNII: I9O0E3H2ZE)             |  |
| PETROLATUM (UNII: 4T6H12BN9U)           |  |
| LIGHT MINERAL OIL (UNII: N6K5787QVP)    |  |
| YELLOW WAX (UNII: 2ZA36H0S2V)           |  |
| CLOVE OIL (UNII: 578389D6D0)            |  |
| NUTMEG OIL (UNII: Z1CLM48948)           |  |
| CHINESE CINNAMON OIL (UNII: A4WO0626T5) |  |
| PEPPERMINT OIL (UNII: AV092KU4JH)       |  |
| BORNEOL (UNII: M89NIB437X)              |  |
| CITRONELLA OIL (UNII: QYO8Q067D0)       |  |

### Packaging

| # | Item Code         | Package Description                              | Marketing Start Date | Marketing End Date |
|---|-------------------|--|----------------------|--------------------|
| 1 | NDC:70 146-000-00 | 20 g in 1 JAR; Type 0: Not a Combination Product | 10/19/20 15          |                    |
| 2 | NDC:70 146-000-01 | 5 g in 1 JAR; Type 0: Not a Combination Product  | 01/18/20 16          |                    |
| 3 | NDC:70 146-000-02 | 5 g in 1 JAR; Type 0: Not a Combination Product  | 01/18/20 16          | 01/19/20 16        |

### Marketing Information

| Marketing Category      | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|-------------------------|--|----------------------|--------------------|
| OTC monograph not final | part348                                  | 10/15/20 15          |                    |

**Labeler** - Dr.Sankunni's Ayurvedic Research Foundation Private Limited (650517704)

### Establishment

| Name  | Address | ID/FEI    | Business Operations     |
|---|---------|-----------|-------------------------|
| Dr.Sankunni's Ayurvedic Research Foundation Private Limited |         | 650517704 | manufacture(70 146-000) |

Revised: 6/2019

Dr.Sankunni's Ayurvedic Research Foundation Private Limited