

**HEB READY TO USE LAXATIVE- sodium phosphate, dibasic, unspecified form and sodium phosphate, monobasic, unspecified form enema**  
**HEB**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

-----

**HEB® READY TO USE ENEMA  
LAXATIVE**

***Drug Facts***

<b><i>Active ingredients (in each 118 mL delivered dose)</i></b>	<b><i>Purpose</i></b>
Dibasic Sodium Phosphate 7 g	Saline laxative
Monobasic Sodium Phosphate 19 g	Saline laxative

**Use**

- relieves occasional constipation
- this product generally produces bowel movement in 1 to 5 minutes

**Warnings**

**For rectal use only.**

**Dosage warning**

**Using more than one enema in 24 hours can be harmful.**

**Do not use**

- on children under 2 years of age

**Ask a doctor before use if you**

- have already used a laxative for more than 3 days
- have kidney disease, have heart problems, or are dehydrated
- are 55 years of age or older
- are on a sodium-restricted diet
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits lasting more than 2 weeks

**Ask a doctor or pharmacist before use if you** are taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

**When using this product**

- **do not use more than directed. Serious side effects may occur from excess dosage**
- do not use for more than 3 days, without asking a doctor

**Stop use and ask a doctor if**

- you have rectal bleeding
- you have no bowel movement within 30 minutes of enema use

- you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal)

These symptoms may indicate a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

**Directions (or as directed by a doctor)**

**Single daily dosage (per 24 hours)**

**Do not use if taking another sodium phosphate product.**

**Do not use more unless directed by a doctor. See Warnings.**

Adults and children 12 years of age and older	1 bottle once daily
Children 2 to under 12 years of age	Use Pediatric Enema
Children under 2 years of age	DO NOT USE

**Other information**

- **each 118 ml contains** 4.3 g sodium
- store at 15 to 30°C (59 to 86°F)
- additional liquids by mouth are recommended while using this product
- **Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

**Inactive ingredients**

benzalkonium chloride, disodium EDTA, purified water

**Questions or comments?**

**Call 866-323-0107**

**PRINCIPAL DISPLAY PANEL - 2 Bottle Carton**

Compare to Fleet® Enema active ingredients\*

NDC 37808-989-24

H-E-B®

Ready-to-Use  
Enema

Saline Laxative

Relief of  
Occasional  
Constipation

Latex Free

2 Bottles

4.5 FL OZ (133 mL) each

PL102 00B  
V01

CAUTION:  
REMOVE GREEN  
PROTECTIVE  
SHIELD FROM  
ENEMA TIP  
BEFORE  
INSERTING.

### Positions for using this enema

**Left-side position:** Lie on left side with knees bent and arms resting comfortably.



**Knee-chest position:** Kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably.



### How to use this enema

- **Remove protective shield from enema tip before inserting.** Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



- **Administering enema:**
  - With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. Doing so helps relax muscles around anus.
  - Do not force enema tip into rectum. Stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
  - Squeeze bottle until nearly all liquid is gone. It is not necessary to empty bottle completely, as it contains more liquid than needed.
  - Remove tip from rectum and stay in position until urge to evacuate is strong (usually 1 to 5 minutes). If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

Bottle, cap, and shield are  
**NOT MADE WITH  
NATURAL RUBBER  
LATEX**

\* This product is not manufactured or distributed by C.B. Fleet Company, Inc., owner of the

Tamper Resistant  
Do not use if top or bottom flap  
of carton is torn or missing.

**H-E-B**

Ready-to-Use

**Enema**

Saline Laxative

Compare to *Fleet*® Enema active ingredients\*

NDC 37808-989-24

**H-E-B**

Ready-to-Use

**Enema**

Saline Laxative

Relief of  
Occasional  
Constipation

Latex Free



**2 Bottles**

**4.5 FL OZ (133 mL) each**

© 2011 C.B. Fleet Company Inc., owner of the registered trademark Fleet.

4.5 FL OZ (133 mL) each

CARTON SEALED FOR SAFETY. IF SAFETY SEAL ON THE TOP FLAP IS BROKEN OR MISSING, DO NOT USE.

### Complete Enema In A Disposable Squeeze Bottle With Soft, Pre-Lubricated Tip.

Protective Shield Prevents Contamination

Comfortable, Lubricated Tip For Ease Of Insertion

One-Way Safety Valve Controls Flow And Prevents Reflux

Soft, Easy To Use Bottle



**H-E-B**

Ready-to-Use

## Enema

Saline Laxative

### Drug Facts

Active ingredients (in each 118 mL delivered dose)	Purpose
Dibasic Sodium Phosphate 7 g	Saline laxative
Monobasic Sodium Phosphate 19 g	Saline laxative

### Use

- relieves occasional constipation
- this product generally produces bowel movement in 1 to 5 minutes

### Warnings

For rectal use only.

**Dosage warning:** Using more than one enema in 24 hours can be harmful.

**Do not use** ■ on children under 2 years of age

### Ask a doctor before use if you

- have already used a laxative for more than 3 days
- have kidney disease, have heart problems, or are dehydrated
- are 55 years of age or older
- are on a sodium-restricted diet
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits lasting more than 2 weeks

**Ask a doctor or pharmacist before use if you** are taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

### When using this product

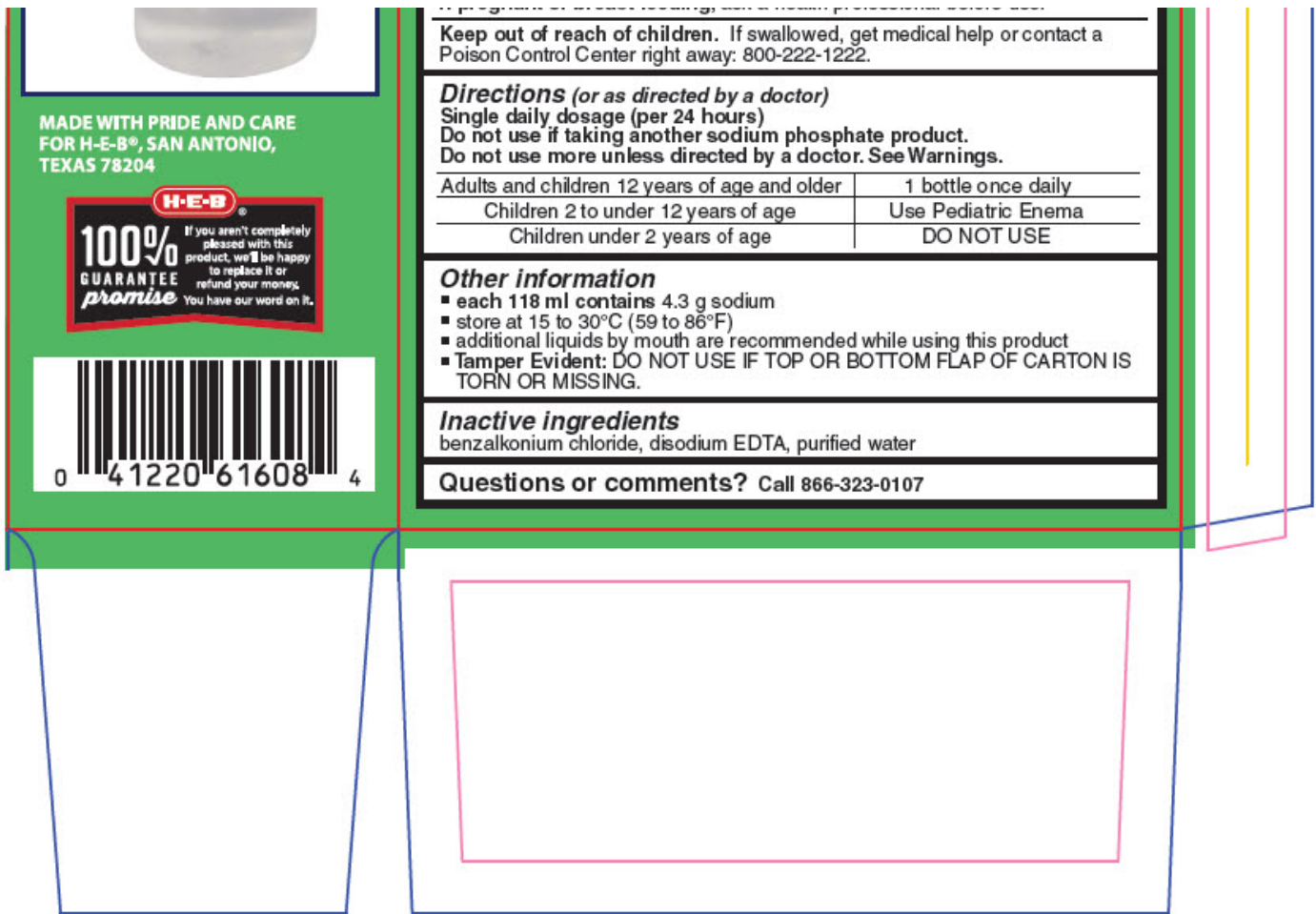
- do not use more than directed.** Serious side effects may occur from excess dosage
- do not use for more than 3 days, without asking a doctor

### Stop use and ask a doctor if

- you have rectal bleeding
- you have no bowel movement within 30 minutes of enema use
- you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal)

These symptoms may indicate a serious condition.

If pregnant or breast-feeding, ask a health professional before use.



### PRINCIPAL DISPLAY PANEL - 3 Bottle Carton

Compare to Fleet® Enema active ingredients\*

NDC 37808-990-24

H-E-B®

Ready-to-Use

Enema

Saline Laxative

Relief of  
Occasional  
Constipation

Latex Free

3 Bottles

4.5 FL OZ (133 mL) each

CAUTION:  
REMOVE GREEN  
PROTECTIVE  
SHIELD FROM  
ENEMA TIP  
BEFORE  
INSERTING.  
PL10201B  
V01

### Positions for using this enema

**Left-side position:** Lie on left side with knees bent and arms resting comfortably.



**Knee-chest position:** Kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably.



### How to use this enema

- **Remove protective shield from enema tip before inserting.** Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



### Administering enema:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. Doing so helps relax muscles around anus.
- Do not force enema tip into rectum. Stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and stay in position until urge to evacuate is strong (usually 1 to 5 minutes). If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

Bottle, cap, and shield are  
**NOT MADE WITH  
NATURAL RUBBER  
LATEX**

\* This product is not manufactured or distributed by C. B. Fleet Company Inc., owner of the registered trademark Fleet®.

Tamper Resistant  
Do not use if top or bottom flap  
of carton is torn or missing.

**H-E-B**

Ready-to-Use

**Enema**

Saline Laxative

Compare to Fleet® Enema active ingredients\*

NDC 37808-990-24

**H-E-B**

Ready-to-Use

**Enema**

Saline Laxative

Relief of  
Occasional  
Constipation

Latex Free



**3 Bottles  
4.5 FL OZ (133 mL) each**

CARTON SEALED FOR SAFETY. IF SAFETY SEAL ON THE TOP FLAP IS BROKEN OR MISSING, DO NOT USE.

**Complete Enema In A Disposable Squeeze Bottle With Soft, Pre-Lubricated Tip.**

Protective Shield Prevents Contamination

Comfortable, Lubricated Tip For Ease Of Insertion

One-Way Safety Valve Controls Flow And Prevents Reflux

Soft, Easy To Use Bottle



MADE WITH PRIDE AND CARE FOR H-E-B®, SAN ANTONIO, TEXAS 78204

**H-E-B**  
**100% GUARANTEE**  
 If you aren't completely pleased with this product, we'll be happy to replace it or refund your money. You have our word on it.  
**promise**



**H-E-B**  
 Ready-to-Use  
**Enema**  
 Saline Laxative

**Drug Facts**

Active Ingredients (in each 118 mL delivered dose)	Purpose
Dibasic Sodium Phosphate 7 g	Saline laxative
Monobasic Sodium Phosphate 19 g	Saline laxative

**Use**

- relieves occasional constipation
- this product generally produces bowel movement in 1 to 5 minutes

**Warnings**

For rectal use only.

**Dosage warning:** Using more than one enema in 24 hours can be harmful.

**Do not use**

- on children under 2 years of age

**Ask a doctor before use if you**

- have already used a laxative for more than 3 days
- have kidney disease, have heart problems, or are dehydrated
- are 55 years of age or older
- are on a sodium-restricted diet
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits lasting more than 2 weeks

**Ask a doctor or pharmacist before use if you are taking any other drug.** Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

**When using this product**

- do not use more than directed. Serious side effects may occur from excess dosage
- do not use for more than 3 days, without asking a doctor

**Stop use and ask a doctor if**

- you have rectal bleeding
  - you have no bowel movement within 30 minutes of enema use
  - you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal)
- These symptoms may indicate a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222

**Directions (or as directed by a doctor)**

Single daily dosage (per 24 hours)

Do not use if taking another sodium phosphate product.

Do not use more unless directed by a doctor. See Warnings.

Adults and children 12 years of age and older	1 bottle once daily
Children 2 to under 12 years of age	Use Pediatric Enema
Children under 2 years of age	DO NOT USE

**Other information**

- each 118 ml contains 4.3 g sodium
- store at 15 to 30°C (59 to 86°F)
- additional liquids by mouth are recommended while using this product
- Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

**Inactive Ingredients**

benzalkonium chloride, disodium EDTA, purified water

**Questions or comments?** Call 866-323-0107



## HEB READY TO USE LAXATIVE

sodium phosphate, dibasic, unspecified form and sodium phosphate, monobasic, unspecified form enema

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-989
Route of Administration	RECTAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM (UNII: GR686LBA74) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)	SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM	7 g in 133 mL
SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)	SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM	19 g in 133 mL

### Inactive Ingredients

Ingredient Name	Strength
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	
WATER (UNII: 059QF0KO0R)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-989-24	2 in 1 CARTON	10/25/2018	
1		133 mL in 1 BOTTLE, PLASTIC; Type 1: Convenience Kit of Co-Package		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	10/25/2018	

## HEB READY TO USE LAXATIVE

sodium phosphate, dibasic, unspecified form and sodium phosphate, monobasic, unspecified form enema

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-990
Route of Administration	RECTAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM</b> (UNII: GR686LBA74) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)	SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM	7 g in 133 mL
<b>SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM</b> (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)	SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM	19 g in 133 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>BENZALKONIUM CHLORIDE</b> (UNII: F5UM2KM3W7)	
<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)	
<b>WATER</b> (UNII: 059QF0KO0R)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-990-24	3 in 1 CARTON	10/25/2018	
1		133 mL in 1 BOTTLE, PLASTIC; Type 1: Convenience Kit of Co-Package		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	10/25/2018	

**Labeler** - HEB (007924756)

### Establishment

Name	Address	ID/FEI	Business Operations
Natureplex LLC		062808196	MANUFACTURE(37808-989, 37808-990)

Revised: 10/2018

HEB