

PMS- apis mellifica, chamomilla, cimicifuga racemosa, cuprum metallicum, ignatia amara, kali iodatum, magnesia phosphorica, oophorinum (suis), platinum metallicum, sepia, thuja occidentalis spray
Liddell Laboratories, Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Drug Facts:

ACTIVE INGREDIENTS:

(in each drop): 9.09% of Apis mellifica 200C, Chamomilla 12X, Cimicifuga racemosa 6X, Cuprum metallicum 12X, Ignatia amara 6X, Kali iodatum 200C, Magnesia phosphorica 9X, Oophorinum (suis) 30C, Platinum metallicum 12X, Sepia 9X, Thuja occidentalis 200C.

USES:

May temporarily relieve these symptoms associated with PMS:

- irregular periods
- pain and cramps
- backache
- fluid retention
- mood swings
- anxiety and tension
- irritability**

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

WARNINGS:

Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Stop use and ask a doctor if symptoms persist, worsen or if new symptoms occur.

Keep out of reach of children. In case of overdose, get medical help or call a Poison Control Center right away.

If pregnant or breast feeding, ask a doctor before using product.

OTHER INFORMATION: Store at room temperature.

Do not use if **TAMPER EVIDENT** seal around neck of bottle is missing or broken.

DIRECTIONS:

Adults and children over 12: Spray twice under the tongue three times per day. For

severe symptoms, dosage may be taken up to six times the first day.

Children 12 and under: Consult a doctor prior to use.

KEEP OUT OF REACH OF CHILDREN:

Keep out of reach of children. In case of overdose, get medical help or call a Poison Control Center right away.

INACTIVE INGREDIENTS:

Organic alcohol 20%v/v, Purified water

USES:

May temporarily relieve these symptoms associated with PMS:

- irregular periods
- pain and cramps
- backache
- fluid retention
- mood swings
- anxiety and tension
- irritability**

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

QUESTIONS:

LIDDELL LABORATORIES

201 APPLE BLVD.

WOODBINE, IA 51579

www.liddell.net

1-800-460-7733

PACKAGE LABEL DISPLAY:

ORAL SPRAYS

LIDDELL LABORATORIES

EST. 1994

08PmS

Premenstrual

Syndrome

Relieves PMS symptoms:
irregular periods, pain, cramps,
backache, fluid retention,
mood swings, anxiety,
tension + irritability.

HOMEOPATHIC

DOCTOR FORMULATED

Readily absorbed. Safe.

No known side effects. Easy to use.

1.0 FL OZ (30 ml)

INDICATIONS May temporarily relieve PMS symptoms: irregular periods, pain, cramps, backache, fluid retention, mood swings, anxiety, tension and irritability.**

DIRECTIONS Adults and children over 12: Spray twice under the tongue three times per day. For severe symptoms, dosage may be taken up to six times the first day. Children 12 and under: Consult a doctor prior to use.

WARNINGS See box. Do not use if TAMPER EVIDENT seal around neck of bottle is missing or broken.

ORAL SPRAYS
LIDDELL[®]
~ LABORATORIES ~
EST. 1994

08
Pms[™]
Premenstrual
Syndrome

HOMEOPATHIC

1.0 FL OZ. (30 ml) 20% organic alcohol

ACTIVE INGREDIENTS (in each spray) 9.09% of Apis mel 200C, Chamomilla 12X, Cimicifuga 6X, Cuprum met 12X, Ignatia 6X, Kali iod 200C, Mag phos 9X, Oophorinum suis 30C, Platinum met 12X, Sepia 9X, Thuja occ 200C.

INACTIVE INGREDIENTS Organic alcohol 20% v/v, Purified water.

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

DIST. BY LIDDELL LABORATORIES INC.
WOODBINE, IA 51579
WWW.LIDDELL.NET 1-800-460-7733

LOT: XXXXXX EXP: MM/YY

Drug Facts
(continued)

Other information
Store at room temperature.

Inactive ingredients
Organic alcohol 20% v/v, Purified water.

Questions or comments?
1-800-460-7733
www.liddell.net

ESTABLISHED 1994
LIDDELL
LABORATORIES™

Do not use if **TAMPER EVIDENT** seal around neck of bottle is missing or broken.

*Homeopathic guide at www.liddell.net

PmS™
Premenstrual Syndrome

Liddell's PmS may make your day a little easier as it may assist to restore your body's natural cyclical balance and may temporarily relieve symptoms of PMS.

ORAL SPRAYS
LIDDELL®
LABORATORIES™

EST. 1994

08

PmS™

Premenstrual Syndrome

May relieve PMS symptoms: irregular periods, pain, cramps, backache, fluid retention, mood swings, anxiety, tension + irritability.

HOMEOPATHIC

DOCTOR FORMULATED
Readily absorbed. Safe. No known side effects. Easy to use.

1.0 FL. OZ. (30 ml) 20% organic alcohol

SPRAY YOUR WAY TO HEALTH®

Oral sprays, a Liddell® innovation, are the modern and better way to deliver medication. Here's why:


- FAST ABSORPTION
- EASY TO SWALLOW
- ACCURATE-DOSE SPRAY PUMP
- CONVENIENT
- NO KNOWN NEGATIVE SIDE EFFECTS
- NO KNOWN CONTRAINDICATIONS
- NO KNOWN DRUG INTERACTIONS

Money Back Guarantee
No questions asked!
For details, visit: www.liddell.net

***Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.*

DIST. BY
LIDDELL LABORATORIES INC.
201 APPLE BLVD.
WOODBINE, IA 51570
WWW.LIDDELL.NET
1-800-460-7733

MADE IN THE USA



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Drug Facts

Active ingredients Purposes
(in each spray)
9.09% of Apis mel 200C, Chamomilla 12X, Cimicifuga 6X, Cuprum met 12X, Ignatia 6X, Kali iod 200C, Mag phos 9X, Oophorinum suis 30C, Platinum met 12X, Sepia 9X, Thuja occ 200C.
(Symptom relief for PMS**)

Uses May temporarily relieve these symptoms associated with PMS:

- irregular periods
- pain and cramps
- backache
- fluid retention
- mood swings
- anxiety and tension
- irritability**

Warnings
Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Stop use and ask a doctor if symptoms persist for more than 7 days, worsen or if new symptoms occur.

Keep out of reach of children. In case of overdose, get medical help or call a Poison Control Center right away.

If pregnant or breast feeding, ask a doctor before using product.

Directions

Adults and children over 12	Spray twice under the tongue three times per day. For severe symptoms, dosage may be taken up to six times the first day.
Children 12 and under	Consult a doctor prior to use.

PMS

apis mellifica, chamomilla, cimicifuga racemosa, cuprum metallicum, ignatia amara, kali iodatum, magnesia phosphorica, oophorinum (suis), platinum metallicum, sepia, thuja occidentalis spray

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:50845-0109
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
APIS MELLIFERA (UNII: 7S82P3R43Z) (APIS MELLIFERA - UNII:7S82P3R43Z)	APIS MELLIFERA	200 [hp_C] in 1 mL
MATRICARIA RECUTITA (UNII: G0R4UBI2ZZ) (MATRICARIA RECUTITA - UNII:G0R4UBI2ZZ)	MATRICARIA RECUTITA	12 [hp_X] in 1 mL
BLACK COHOSH (UNII: K73E24S6X9) (BLACK COHOSH - UNII:K73E24S6X9)	BLACK COHOSH	6 [hp_X] in 1 mL
COPPER (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	12 [hp_X] in 1 mL
STRYCHNOS IGNATII SEED (UNII: 1NM3M2487K) (STRYCHNOS IGNATII SEED - UNII:1NM3M2487K)	STRYCHNOS IGNATII SEED	6 [hp_X] in 1 mL

POTASSIUM IODIDE (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	POTASSIUM IODIDE	200 [hp_C] in 1 mL
MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	9 [hp_X] in 1 mL
SUS SCROFA OVARY (UNII: S7YTV04R8O) (SUS SCROFA OVARY - UNII:S7YTV04R8O)	SUS SCROFA OVARY	30 [hp_C] in 1 mL
PLATINUM (UNII: 49DFR088MY) (PLATINUM - UNII:49DFR088MY)	PLATINUM	12 [hp_X] in 1 mL
SEPIA OFFICINALIS JUICE (UNII: QDL83WN8C2) (SEPIA OFFICINALIS JUICE - UNII:QDL83WN8C2)	SEPIA OFFICINALIS JUICE	9 [hp_X] in 1 mL
THUJA OCCIDENTALIS LEAFY TWIG (UNII: 1NT28V9397) (THUJA OCCIDENTALIS LEAFY TWG - UNII:1NT28V9397)	THUJA OCCIDENTALIS LEAFY TWG	200 [hp_C] in 1 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
ALCOHOL (UNII: 3K9958V90M)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50845-0109-2	1 in 1 CARTON	09/06/2016	
1	NDC:50845-0109-1	30 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		07/18/2011	

Labeler - Liddell Laboratories, Inc. (832264241)

Registrant - Apotheca Company (844330915)

Establishment

Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture(50845-0109) , api manufacture(50845-0109) , label(50845-0109) , pack(50845-0109)

Revised: 4/2022

Liddell Laboratories, Inc.