

EPSOM SALT MAGNESIUM SULFATE- magnesium sulfate granule
Strategic Sourcing Services LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

- **do not use more than directed**

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) immediately.

Directions

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours
-

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons in a full glass (8oz) of water

Not recommended for children under 6 years of age.

Other information

- each teaspoon contains: **magnesium 493 mg**

Inactive Ingredients

none

Questions or comments?

1-800-525-2558

Principal Display Panel

epsom salt

multi-use product

most commonly used as an aid in soaking minor sprains & bruises

saline laxative for the short-term relief of constipation

soaking aid

LB (Kg)

Another Quality Product

Distributed by McKesson

One Post Street, San Francisco, CA 94104

www.healthmart.com/healthmartbrand

Package Label

EPSOM SALT
*TAMPER EVIDENT: DO NOT USE IF HEAT SEALED CARTON IS IMPROPERLY SEALED.

PUSH APART

PUSH APART

EPSOM SALT
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NDC 62011-0109-1

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1LB (0.45 Kg)

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For external use as a soaking solution

For minor sprains and bruises:
Dissolve 2 cups of epsom salt per gallon of water.
Apply in conjunction with bandages or taping or use in bath.
Use with warm water for best results.

Warning:
Where prompt relief is not obtained or where there is evidence of irritation or infection, discontinue use and consult a doctor.
Do not use if pregnant or diabetic, unless advised by a doctor.

KEEP OUT OF REACH OF CHILDREN. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) immediately.

Store in cool dry place out of direct sunlight. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap carton gently to free granules.

Another Quality Product
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One Post Street, San Francisco, CA 94104
Money Back Guarantee
www.healthmart.com/healthmart brand

Health Mart Epsom Salt

EPSOM SALT MAGNESIUM SULFATE				
magnesium sulfate granule				
Product Information				
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:620 11-0 109	
Route of Administration	ORAL, TOPICAL			
Active Ingredient/Active Moiety				
Ingredient Name		Basis of Strength	Strength	
MAGNESIUM SULFATE, UNSPECIFIED (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)		MAGNESIUM SULFATE, UNSPECIFIED	1 g in 1 g	
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:620 11-0 109-1	450 g in 1 POUCH; Type 0: Not a Combination Product	10/31/2016	
Marketing Information				

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	10/31/2016	

Labeler - Strategic Sourcing Services LLC (116956644)

Revised: 12/2019

Strategic Sourcing Services LLC