

**VAPROIZING- camphor liquid**  
**H E B**

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**HEB 397.002/397AA rev 2-AB**  
**Medicated Vaporizing Steam Liquid**

**warning**

Failure to follow these warnings could result in serious consequences

**Active ingredient**

Camphor 6.2%

**Purpose**

Cough suppressant

**Use**

temporarily relieves cough associated with a cold

**Warnings**

**For external use only**

For steam inhalation only. Do not take by mouth.

**Flammable**

- keep away from fire or flame

**Ask a doctor before use**

- a persistent or chronic cough such as occurs with smoking, emphysema or asthma
- a cough that occurs with too much phlegm (mucus)

**When using this product do not**

- heat
- microwave
- use near an open flame
- add to hot water or any container where heating water except when adding to cold water only in a hot steam vaporizer. May cause splattering and result in burns.

**Stop use and ask a doctor if**

cough persists more than 1 week, tends to recur or is accompanied by fever, rash or persistent headache. A persistent cough may be a sign of a serious condition.

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away.

**Directions**

- **see important warnings under "When using this product"**
- adults & children 2 years of age and older: use 1 tablespoon of solution for each quart of water or 1 1/2 teaspoons of solution for each pint of water
- add solution directly to cold water only in a hot steam vaporizer
- follow manufacture's directions for using vaporizer
- breathe in medicated vapors
- may be repeated up to 3 times a day
- children under 2 years: ask a doctor

**other information**

- close container tightly and store at room temperature away from heat

**Inactive ingredients**

alcohol 82%, dimethicone, eucalyptus globulus leaf oil, laureth-7, menthol, Myristica fragrans (nutmeg) kernel oil, poloxamer 124, Thuja occidentalis leaf oil (cedar leaf oil)

**Questions?**

1-800-719-9260

**Disclaimer**

\*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks Vapo Steam.

**Adverse Reactions Section**

Made with Pride & Care for H E B ®

San Antonio, TX 78204

**principal display panel**

Compare to Vicks ® Vapo Steam™ active ingredient\*

H-E-B ®

MEDICATED VAPORIZING STEAM LIQUID

# Camphor Cough Suppressant

Do not use if printed seal under cap is broken or missing.

CAUTION: NOT FOR INTERNAL USE

8 FL OZ (237 mL)

Failure to follow these warnings could result in serious consequences.



0 4 1220 53878 2  
8582-1801

L00187798B  
MADE WITH PRIDE & CARE FOR H-E-B®  
SAN ANTONIO, TX 78204

\*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks® Vapo Steam

**Drug Facts**

**Active ingredient**      **Purpose**  
Camphor 6.2%.....Cough suppressant

**Use** temporarily relieves cough associated with a cold

**Warnings**  
For external use only  
For steam inhalation only. Do not take by mouth.

**Flammable** ■ keep away from fire or flame

**Ask a doctor before use if you have**  
■ a persistent or chronic cough such as occurs with smoking, emphysema or asthma  
■ a cough that occurs with too much phlegm (mucus)

**When using this product do not**  
■ heat ■ microwave ■ use near an open flame ■ add to hot water or any container where heating water except when adding to cold water only in a hot steam vaporizer. May cause splattering and result in burns.

**Stop use and ask a doctor if cough persists** for more than 1 week, tends to recur or is accompanied by fever, rash or persistent headache. A persistent cough may be a sign of a serious condition.

**Drug Facts (continued)**

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

**Directions**  
■ see important warnings under "When using this product"  
■ adults & children 2 years and older: use 1 tablespoon of solution for each quart of water or 1 1/2 teaspoons of solution for each pint of water ■ add solution directly to cold water only in a hot steam vaporizer  
■ follow manufacturer's directions for using vaporizer ■ breathe in medicated vapors  
■ may be repeated up to 3 times a day  
■ children under 2 years: ask a doctor

**Other information**  
■ close container tightly and store at room temperature away from heat

**Inactive ingredients** alcohol 82%, dimethicone, Eucalyptus globulus leaf oil, laureth-7, menthol, Myristica fragrans (nutmeg) kernel oil, poloxamer 124, Thuja occidentalis leaf oil (cedar leaf oil)

**Questions? 1-800-719-9260**

Compare to Vicks® Vapo Steam™ active ingredient\*



**Medicated Vaporizing Steam Liquid**

**Camphor Cough Suppressant**

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**8 FL OZ (237 mL)**

## VAPROIZING

camphor liquid

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:37808-397
<b>Route of Administration</b>	RESPIRATORY (INHALATION)		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CAMPHOR (NATURAL)</b> (UNII: N20HL7Q941) (CAMPHOR (NATURAL) - UNII:N20HL7Q941)	CAMPHOR (NATURAL)	62 mg in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>DIMETHICONE</b> (UNII: 92RU3N3Y1O)	
<b>EUCALYPTUS OIL</b> (UNII: 2R04ONI662)	
<b>LAURETH-7</b> (UNII: Z95S6G8201)	
<b>MENTHOL</b> (UNII: L7T10EIP3A)	

**NUTMEG OIL** (UNII: Z1CLM48948)

**POLOXAMER 124** (UNII: 1S66E28KXA)

**CEDAR LEAF OIL** (UNII: BJ169U4NLG)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-397-34	1 in 1 CARTON	10/06/2010	
1		237 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	10/06/2010	

**Labeler** - H E B (007924756)

**Registrant** - Nice-Pak Products, LLC (119091520)

### Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(37808-397)

Revised: 2/2026

H E B