PMS RELIEF- oyster shell calcium carbonate, crude - potassium carbonate - strychnos nuxvomica seed - sepia officinalis juice - tablet, chewable Homeostasis Laboratories, Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

PMS RELIEF

Active Ingredients	Purpose
Calcarea carbonica 30C, HPUS	Relieves pain due to cramps
Kali-carbonica 30C, HPUS	Relieves breast tenderness
Nux vomica 30C, HPUS	Relieves irritability
Sepia 30C, HPUS	Relieves irritability and cravings

"HPUS" indicates that the ingredient is officially included in the Homeopathic Pharmacopeia of the United States and the manufacturer has followed all guidelines set forth.

Statement of Identity: Analgesic.

Uses

For the relief of the painful symptoms of PMS, including pain, irritability and breast tenderness.

Warnings

- Do not use if outer package seal is broken.
- Stop use and consult a doctor if symptoms persist for more than 5 days, worsen, or are accompanied by fever.
- If pregnant or breast-feeding, consult a health professional before use.
- Keep out of reach of children.

Directions

(adults and children 12 years of age and older)

Chew two tablets thoroughly, allowing each to dissolve in the mouth, then swallow. Repeat every 4 hours as needed.

Other information

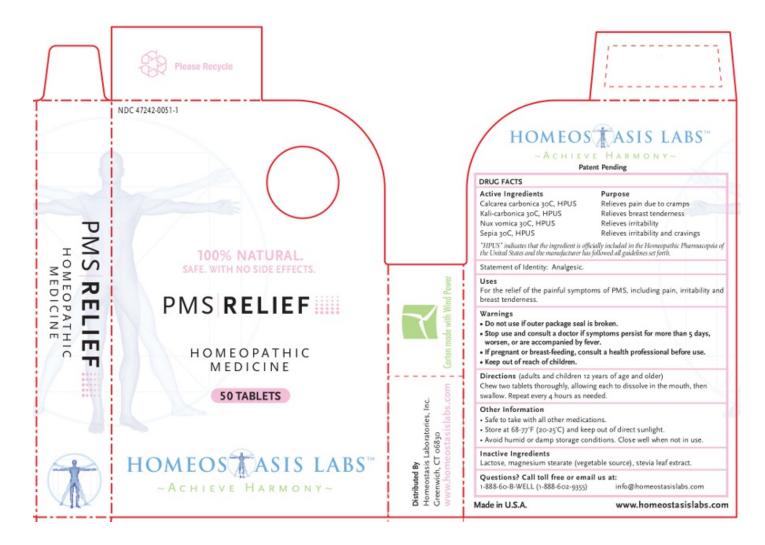
- Safe to take with all other medications.
- Store at 68-77°F (20-25°C) and keep out of direct sunlight.
- Avoid humid or damp storage conditions. Close well when not in use.

Inactive Ingredients

Lactose, magnesium stearate (vegetable source), stevia leaf extract.

Questions? Call toll free or email us at:

1-888-60-B-WELL (1-888-602-9355) info@homeostasislabs.com



PMS RELIEF

oyster shell calcium carbonate, crude - potassium carbonate - strychnos nux-vomica seed - sepia officinalis juice - tablet, chewable

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:47242-0051
Route of Administration	ORAL		

Active Ingredient/Active Moiety						
Ingredient Name	Basis of Strength	Strength				
OYSTER SHELL CALCIUM CARBONATE, CRUDE (UNII: 2E32821G61) (OYSTER SHELL CALCIUM CARBONATE, CRUDE - UNII:2E32821G61)	OYSTER SHELL CALCIUM CARBONATE, CRUDE	30 [hp_C]				
POTASSIUM CARBONATE (UNII: BQN1B9B9HA) (CARBONATE ION - UNII:7UJQ50PE7D)	POTASSIUM CARBONATE	30 [hp_C]				
STRYCHNOS NUX-VOMICA SEED (UNII: 269 XH139 19) (STRYCHNOS NUX-VOMICA	STRYCHNOS NUX-VOMICA	20 [hn C]				

SEPIA OFFICINALIS JUICE (UNIE QDL83WN8C2) (SEPIA OFFICINALIS JUICE - SEPIA OFFICINALIS JUICE - O IPPA OFFICINALIS JUICE - Strength S	SEED - UNII:269 XH139 19)			SEED	SEED		20 [lih_C]		
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Labeler - Homeostasis Laboratories, Inc. (010569196)

Revised: 11/2012

Homeostasis Laboratories, Inc.