**ALAHIST CF- dexbrompheniramine maleate, dextromethorphan hbr, phenylephrine hcl tablet**
**Poly Pharmaceuticals, Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Alahist CF Tablets**

**ACTIVE INGREDIENT**

**Active Ingredient (in each tablet) Purpose**

| | |
|---|---|
| Dexbrompheniramine Maleate 2 mg | Antihistamine |
| Dextromethorphan Hydrobromide 20 mg | Cough Supressant |
| Phenylephrine HCl 10mg | Nasal Decongestant |

**USES**

Temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:

- relieves cough
- runny nose
- sneezing
- itching of the nose or throat
- itchy, watery eyes
- nasal congestion
  - reduces swelling of nasal passages

**WARNINGS**

**Do not exceed recommended dosage.**

**Do not use this product**
if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use ifyou have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to enlargement of the prostate gland
- heart disease

- □ high blood pressure
- □ thyroid disease □
- diabetes

**Ask a doctor or pharmacist before use if you** are taking sedatives or tranquilizers.

**When using this product**
- □ excitability may occur, especially in children
- □ may cause drowsiness
- □ avoid alcoholic drinks
- □ alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- □ use caution when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if**
□ nervousness, dizziness, or sleeplessness occur
□ symptoms do not improve within 7 days or are accompanied by fever

**If pregnant or breast-feeding, ask a health professional before use.**

## DIRECTIONS

**Directions**

| | |
|---|---|
| Adults and children 12 years of age and over | 1 tablet every 4 to 6 hours, not to exceed 6 tablets in 24 hours |
| Children 6 to under 12 years of age | 1/2 tablet every 4 to 6 hours, not to exceed 3 tablets in 24 hours |

## INACTIVE INGREDIENTS

**Inactive ingredients**
Croscarmellose Sodium, Magnesium Stearate, Microcrystalline Cellulose, Natural Yellow, Pregelatinized Starch, Silicon Dioxide

## QUESTIONS

Questions? Comments?
Call 1-800-882-1041
Manufactured for:
Poly Pharmaceuticals
Huntsville, AL 35763 Rev. 04/17

## OTHER INFORMATION

**Other information**
Store at 15°-30°C (59°-86°F). Supplied in a tight, light-resistant container with a child-resistant cap. Alahist CF Tablets are light yellow,caplet-shaped, scored tablets, debossed "C" bisect "F" on one side and plain on the other.

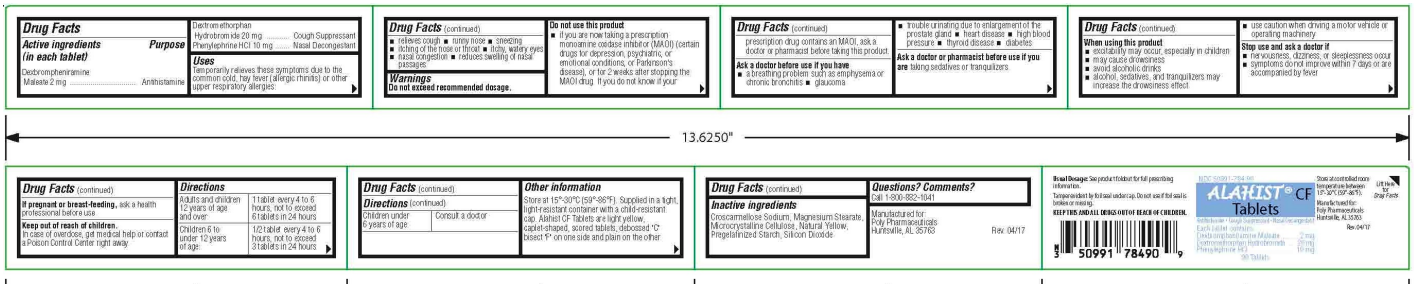
**Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center right away.

Antihistamine

Cough Suppressant

Nasal Decongestant


# ALAHIST CF

dexbrompheniramine maleate, dextromethorphan hbr, phenylephrine hcl tablet

| Product Information | | | |
|---|---|---|---|
| **Product Type** | HUMAN OTC DRUG | **Item Code (Source)** | NDC:50991-784 |
| **Route of Administration** | ORAL | | |

| Active Ingredient/Active Moiety | | |
|---|---|---|
| **Ingredient Name** | **Basis of Strength** | **Strength** |
| **DEXTROMETHORPHAN HYDROBROMIDE** (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS) | DEXTROMETHORPHAN HYDROBROMIDE | 20 g |
| **PHENYLEPHRINE HYDROCHLORIDE** (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV) | PHENYLEPHRINE HYDROCHLORIDE | 10 g |
| **DEXBROMPHENIRAMINE MALEATE** (UNII: BPA9UT29BS) (DEXBROMPHENIRAMINE - UNII:75T64B71RP) | DEXBROMPHENIRAMINE MALEATE | 2 g |

| Inactive Ingredients | |
|---|---|
| **Ingredient Name** | **Strength** |
| **CROSCARMELLOSE SODIUM** (UNII: M28OL1HH48) | |

| | |
|---|---|
| **MICROCRYSTALLINE CELLULOSE** (UNII: OP1R32D61U) | |
| **STARCH, PREGELATINIZED CORN** (UNII: O8232NY3SJ) | |
| **TURMERIC** (UNII: 856YO1Z64F) | |
| **DEXTROSE** (UNII: IY9XDZ35W2) | |
| **MAGNESIUM STEARATE** (UNII: 70097M6I30) | |
| **SILICON DIOXIDE** (UNII: ETJ7Z6XBU4) | |

## Product Characteristics

| | | | |
|---|---|---|---|
| **Color** | yellow | **Score** | 2 pieces |
| **Shape** | OVAL | **Size** | 11mm |
| **Flavor** | | **Imprint Code** | C;F |
| **Contains** | | | |

## Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|---|---|---|---|
| **1** | NDC:50991-784-90 | 90 in 1 BOTTLE; Type 0: Not a Combination Product | 09/14/2017 | |
| **2** | NDC:50991-784-02 | 12 in 1 BLISTER PACK; Type 0: Not a Combination Product | 09/14/2017 | |

## Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|---|---|---|---|
| OTC monograph final | part341 | 09/14/2017 | |

## Labeler - Poly Pharmaceuticals, Inc. (198449894)

## Establishment

| Name | Address | ID/FEI | Business Operations |
|---|---|---|---|
| Monarch PCM, LLC | | 080000294 | manufacture(50991-784) |

Revised: 11/2022 Poly Pharmaceuticals, Inc.