

**NIGHTTIME SLEEP AID- diphenhydramine hcl capsule**  
**P & L Development, LLC**

-----  
**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness.

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## **Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

## **Other information**

- store between 15-30°C (59-86°F)

## **Inactive ingredients**

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol sorbitan, white ink

## **Questions or comments?**

Call **1-877-753-3935** Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

†Compare to the active ingredient in **Unisom® SleepGels®**

Sleep Aid

Diphenhydramine HCl, 50 mg

Nighttime Sleep-Aid

- Fall Asleep Fast
- Sleep Soundly
- Wake Up Refreshed

non-habit-forming

softgels

One Softgel Per Dose

†This product is not manufactured or distributed by Chattem, Inc., distributor of Unisom® SleepGels®.

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

Distributed by:

**PL Developments**

200 Hicks Street

Westbury, NY 11590

**Package Label**



- fall asleep fast
- sleep soundly
- wake up refreshed

non habit-forming

**32 softgels**  
one softgel per dose

\*Compare to the active ingredient in  
**Unisom® SleepGels®**  
NDC 59726-916-32

# sleep-aid

diphenhydramine HCl 50 mg  
nighttime sleep-aid



actual size



Lot No.:  
Exp. Date:

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

PLD-A632A  
FC007697

Distributed by:  
**PL Developments**  
200 Hicks Street  
Westbury, NY 11590



\*This product is not manufactured or distributed by Chatterm, Inc., distributor of Unisom® SleepGels®.

<b>Drug Facts</b>
<b>Active ingredient (in each softgel)</b> Diphenhydramine HCl 50 mg.....Nighttime sleep-aid
<b>Use</b> For relief of occasional sleeplessness.
<b>Warnings</b> Do not use ■ for children under 12 years of age ■ with any other product containing diphenhydramine, even one used on skin Ask a doctor before use if you have ■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ trouble urinating due to an enlarged prostate gland Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers. When using this product, avoid alcoholic drinks. Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness. If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.
<b>Directions</b> ■ adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor
<b>Other information</b> ■ store between 15-30°C (59-86°F)
<b>Inactive ingredients</b> FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink
<b>Questions or comments?</b> Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

**READYinCASE Sleep Aid**

# NIGHTTIME SLEEP AID

diphenhydramine hcl capsule

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:59726-916
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>LECITHIN, SOYBEAN</b> (UNII: 1DI56QDM62)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>WATER</b> (UNII: 059QF0K00R)	
<b>SORBITAN</b> (UNII: 6O92ICV9RU)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>LIGHT MINERAL OIL</b> (UNII: N6K5787QVP)	
<b>MANNITOL</b> (UNII: 3OWL53L36A)	

## Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	PC5
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59726-916-64	1 in 1 BOX	03/26/2021	03/26/2027
1		64 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:59726-916-32	1 in 1 BOX	03/26/2021	03/26/2027
2		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M010	03/26/2021	03/26/2027

**Labeler** - P & L Development, LLC (800014821)

Revised: 2/2026

P & L Development, LLC