

NUVALU EPSOM SALT- magnesium sulfate (heptahydrate) granule

J C SALES

NuValu Epsom Salt

DRUG FACTS

Active Ingredients

Magnesium sulfate (heptahydrate) 100%

Purpose

Saline laxative

Uses

- For relief of occasional constipation (irregularity)
- This product generally produces bowel movement in 30 mins to 6 hours

Warnings

Ask a doctor before use if you have

- Kidney disease
- A magnesium restricted diet
- Abdominal pain, nausea or vomiting
- Notice a sudden change in bowel habits that persists over a period of 2 weeks
- Already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

taking any other prescription drugs. Laxatives may affect how other drugs work

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

- Do not exceed more than 2 doses per day
 - Drink a full glass (8 ounces) of liquid with each dose
 - Dissolve the dose in 8 ounces of water.
Lemon juice may be added to improve the taste.
-

adults and children 12 years and over	2 to 4 level teaspoons (10 to 20 grams) daily
children 6 to under 12 years	1 to 2 level teaspoons (5 to 10 grams) daily
children under 6 years	consult a doctor

Other Information

- magnesium content 493 mg per teaspoon (5 grams)

Inactive Ingredients

none

UNSCENTED

MULTI-PURPOSE

Natural magnesium sulfate crystals

Use as a saline laxative

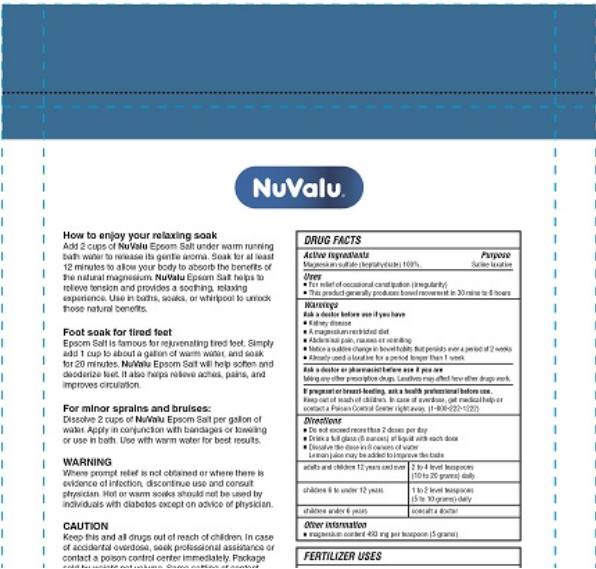
Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

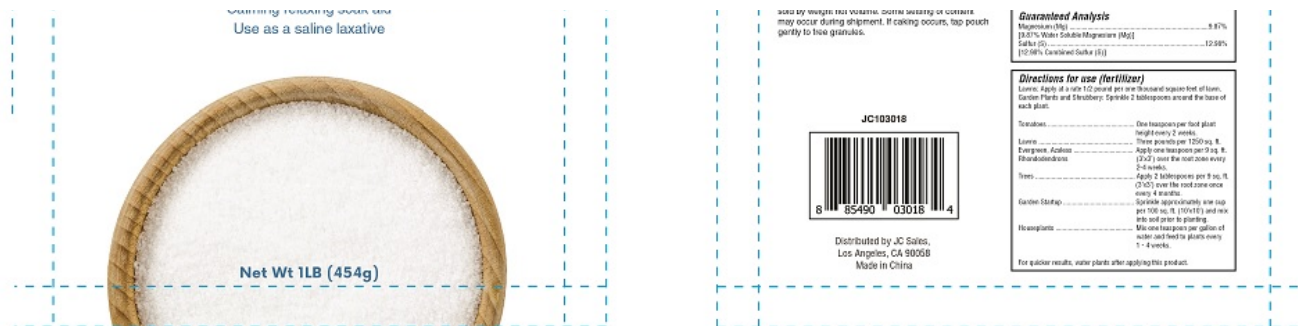
Distributed by JC Sales,

Los Angeles, CA 90058

Made in China

Packaging





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Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:72520-002
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	100 g in 100 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72520-002-12	454 g in 1 BAG; Type 0: Not a Combination Product	11/30/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	11/30/2018	

Labeler - J C SALES (610969578)

Revised: 12/2024

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