

**365 EVERYDAY VALUE BE WELL COUGH EASE FOR KIDS- antimony potassium tartrate, bryonia alba root, protortonia cacti, drosera rotundifolia, ipecac, pulsatilla vulgaris, rumex crispus root, pongia officinalis skeleton, roasted, lobaria pulmonaria syrup  
WFM Private Label, LP**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

**365 Everyday Value Cough Ease for Kids**

Antimonium tartaricum 6C  
Bryonia alba 3C  
Coccus cacti 3C  
Drosera rotundifolia 3C  
Ipecacuanha 3C  
Pulsatilla 6C  
Rumex crispus 6C  
Spongia tosta 3C  
Sticta pulmonaria 3C

Temporary relieves cough due to minor throat and bronchial irritation as may occur with a cold.  
Helps loosen phlegms (mucus) and thin bronchial secretions to make coughs more productive.

Do not use if seal at base of cap is broken or missing.

Children 2 to 12 years 1 teaspoon every 2 hours

Younger than 2 years of age not recommended

citric acid, honey, purified water, sodium benzoate, sucrose

200 ML

Antimonium tartaricum 6C Helps loosen thick mucus  
Bryonia alba 3C Relieves dry and painful cough  
Coccus cacti 3C Relieves cough associated with a tickling in the throat  
Drosera rotundifolia 3C Relieves barking cough worse at night  
Ipecacuanha 3C Relieves cough associated with nausea  
Pulsatilla 6C Relieves wet cough during the day becoming worse at night  
Rumex crispus 6C Relieves dry cough triggered by cold air  
Spongia tosta 3C Relieves dry, croupy and barking cough  
Sticta pulmonaria 3C Relieves nighttime hacking cough

Do not store above 77 ° F (25 ° C)

Questions, Comments?

customer.question@wholefoods.com

Ask a doctor before use if he child has

Cough that occurs with too much phlegm (mucus)

Cough that last or is chronic such as occurs with asthma or chronic bronchitis.

Stop use and ask a doctor if cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or a persistent headache. These could be a sign of a serious condition.

Keep out of reach of children.

## Principle Display Panel

Package images

<p><b>Drug Facts</b></p> <p><b>Active Ingredients</b></p> <p>Antimonium tartaricum.....Helps loosen thick mucus 6C HPUS</p> <p>Bryonia alba.....Relieves dry and painful cough 3C HPUS</p> <p>Coccus cacti.....Relieves cough associated with a tickling in the throat 3C HPUS</p> <p>Drosera rotundifolia.....Relieves barking cough worse at night 3C HPUS</p> <p>Ipecacuanha.....Relieves cough associated with nausea 3C HPUS</p> <p>Pulsatilla.....Relieves wet cough during the day becoming dry at night 6C HPUS</p> <p>Rumex crispus.....Relieves dry cough triggered by cold air 6C HPUS</p> <p>Spongia tosta.....Relieves dry, croupy and barking cough 3C HPUS</p> <p>Silica pulmonaria.....Relieves nighttime hacking cough 3C HPUS</p> <p><small>The letters HPUS indicate that these ingredients are officially included in the Homeopathic Pharmacopoeia of the United States.</small></p>	<p><b>Drug Facts (continued)</b></p> <p>Stop use and ask a doctor if cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or a persistent headache as these could be signs of a serious condition.</p> <p>Keep out of reach of children.</p> <p><b>Directions</b></p> <table border="1"> <thead> <tr> <th>Age</th> <th>Dose</th> </tr> </thead> <tbody> <tr> <td>2 to 12 years of age</td> <td>1 teaspoon every 2 hours</td> </tr> <tr> <td>younger than 2 years of age</td> <td>not recommended</td> </tr> </tbody> </table> <p><b>Other information</b></p> <ul style="list-style-type: none"> <li>store at 68-77°F (20-25°C)</li> <li>contains 4.2 g of sugar per 5 mL teaspoon</li> <li>contains 0.001% alcohol</li> <li>Do not use if seal at base of cap is broken or missing</li> </ul>	Age	Dose	2 to 12 years of age	1 teaspoon every 2 hours	younger than 2 years of age	not recommended	<p>NDC 42681-9033-1</p> <p><b>365<sup>TM</sup></b> EVERYDAY VALUE</p> <p>BEWELL</p> <p><b>Cough Ease for kids</b></p> <p><b>NATURAL RELIEF OF COUGH &amp; CHEST CONGESTION</b></p> <ul style="list-style-type: none"> <li>multi cough formula relieves dry cough and chest congestion</li> <li>no drowsiness</li> </ul> <p><b>Honey Base</b></p> <p><b>HOMEOPATHIC MEDICINE</b></p> <p>4.2 FL OZ (125 mL) 0.001% Alcohol</p>	<p><b>365<sup>TM</sup></b> EVERYDAY VALUE</p> <p>BEWELL</p> <p>Cough Ease for Kids is an established formula combining 9 traditional homeopathic medicines which are used to treat several types of coughs and to gently soothe your child's throat. This multi-symptom formula can help settle a nagging dry cough and naturally relieve chest congestion. Cough Ease for Kids provides reliable relief for your little one without drowsiness or risk of interactions with other medications.</p>
Age	Dose								
2 to 12 years of age	1 teaspoon every 2 hours								
younger than 2 years of age	not recommended								
<p><b>Uses</b></p> <ul style="list-style-type: none"> <li>temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold</li> <li>helps loosen phlegm (mucus) and thin bronchial secretions to make coughs more productive</li> </ul>	<p><b>Inactive ingredients:</b> citric acid, honey, purified water, sodium benzoate, sucrose</p> <p><b>Questions, Comments?</b> privatelabel.customerservice@wholefoods.com</p>								
<p><b>Warnings</b></p> <p>Ask a doctor before use if the child has:</p> <ul style="list-style-type: none"> <li>cough that occurs with too much phlegm (mucus)</li> <li>cough that lasts or is chronic such as occurs with asthma or chronic bronchitis</li> </ul>	<p>DISTRIBUTED BY: WHOLE FOODS MARKET 550 BOWIE STREET • AUSTIN, TX 78703 ©2010 WHOLE FOODS MARKET LP Made in France</p>								

## Drug Facts

Active ingredients*	Purpose†
Antimonium tartaricum..... 6C HPUS	Helps loosen thick mucus
Bryonia..... 3C HPUS	Relieves dry and painful cough
Coccus cacti..... 3C HPUS	Relieves cough associated with a tickling in the throat
Drosera..... 3C HPUS	Relieves barking cough worse at night
Ipecacuanha..... 3C HPUS	Relieves cough associated with nausea
Pulsatilla..... 6C HPUS	Relieves wet cough during the day becoming dry at night
Rumex crispus..... 6C HPUS	Relieves dry cough triggered by cold air
Spongia tosta..... 3C HPUS	Relieves dry, croupy and barking cough
Sticta pulmonaria..... 3C HPUS	Relieves nighttime hacking cough

The letters HPUS indicate that these ingredients are officially included in the Homeopathic Pharmacopoeia of the United States.

### Uses†

- temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold
- helps loosen phlegm (mucus) and thin bronchial secretions to make coughs more productive

### Warnings

Ask a doctor before use if the child has:

- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with asthma or chronic bronchitis.

## Drug Facts (continued)

Stop use and ask a doctor if cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or a persistent headache as these could be signs of a serious condition.

Keep out of reach of children.

### Directions

Age	Dose
2 to 12 years of age	1 teaspoon every 2 hours
younger than 2 years of age	not recommended

### Other information

- do not store above 77°F (25°C)
- contains 4.2g of sugar per 5mL teaspoon
- contains 0.01% alcohol
- do not use if glued carton end flaps are open or if seal at base of cap is broken or missing.

**Inactive ingredients** citric acid, honey, purified water, sodium benzoate, sucrose

### Questions, Comments?

customer.questions@wholefoods.com

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www.wholefoodsmarket.com  
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\*These uses have not been evaluated by the Food and Drug Administration.

\*6C and 3C are homeopathic dilutions. See www.AAHP.info for more information.



# COUGH EASE for Kids



## MULTI COUGH FORMULA\*

- ✓ RELIEVES DRY COUGH & CHEST CONGESTION\*
- ✓ NO DROWSINESS
- ✓ HONEY BASE

HOMEOPATHIC MEDICINE

6.7 FL OZ (200mL)  
0.01% Alcohol

## 365 EVERYDAY VALUE BE WELL COUGH EASE FOR KIDS

antimony potassium tartrate, bryonia alba root, protortonia cacti, drosera rotundifolia, ipecac, pulsatilla vulgaris, rumex crispus root, pongia officinalis skeleton, roasted, lobaria pulmonaria syrup

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:42681-9033
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>BRYONIA ALBA ROOT</b> (UNII: T7J046YI2B) (BRYONIA ALBA ROOT - UNII:T7J046YI2B)	BRYONIA ALBA ROOT	3 [hp_C] in 1 mL
<b>PROTORTONIA CACTI</b> (UNII: LZB7TFX1LT) (PROTORTONIA CACTI - UNII:LZB7TFX1LT)	PROTORTONIA CACTI	3 [hp_C] in 1 mL
<b>DROSERA ROTUNDIFOLIA</b> (UNII: QR44N9XPJQ) (DROSERA ROTUNDIFOLIA - UNII:QR44N9XPJQ)	DROSERA ROTUNDIFOLIA	3 [hp_C] in 1 mL
<b>IPECAC</b> (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	3 [hp_C] in 1 mL
<b>PULSATILLA VULGARIS</b> (UNII: I76K23EJ5V) (PULSATILLA VULGARIS - UNII:I76K23EJ5V)	PULSATILLA VULGARIS	6 [hp_C] in 1 mL

<b>PULSATILLA VULGARIS</b> (UNII: 176KB35JEV) (PULSATILLA VULGARIS - UNII:176KB35JEV)	PULSATILLA VULGARIS	6 [hp_C] in 1 mL
<b>RUMEX CRISPUS ROOT</b> (UNII: 9N1RM2S62C) (RUMEX CRISPUS ROOT - UNII:9N1RM2S62C)	RUMEX CRISPUS ROOT	6 [hp_C] in 1 mL
<b>SPONGIA OFFICINALIS SKELETON, ROASTED</b> (UNII: 1PIP394IID) (SPONGIA OFFICINALIS SKELETON, ROASTED - UNII:1PIP394IID)	SPONGIA OFFICINALIS SKELETON, ROASTED	3 [hp_C] in 1 mL
<b>LOBARIA PULMONARIA</b> (UNII: D1YM0P5Z2T) (LOBARIA PULMONARIA - UNII:D1YM0P5Z2T)	LOBARIA PULMONARIA	3 [hp_C] in 1 mL
<b>ANTIMONY POTASSIUM TARTRATE</b> (UNII: DL6OZ476V3) (ANTIMONY CATION (3+) - UNII:069647RPT5)	ANTIMONY POTASSIUM TARTRATE	6 [hp_C] in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>HONEY</b> (UNII: Y9H1V576FH)	
<b>SUCROSE</b> (UNII: C151H8M554)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	

### Product Characteristics

<b>Color</b>		<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	HONEY (Honey)	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42681-9033-1	125 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/03/2011	08/30/2018
2	NDC:42681-9033-2	200 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/03/2011	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/03/2011	

**Labeler** - WFM Private Label, LP (196175616)