

**RELIEF- sodium phosphate, monobasic and sodium phosphate, dibasic, heptahydrate enema**  
**Leosons Overseas Corp**

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**Relief Saline Laxative 4.5 fl oz**

***Drug Facts***

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***Active ingredients & Purpose***

<b><i>Active ingredients (in each 118 mL delivered dose)</i></b>	<b><i>Purpose</i></b>
Monobasic Sodium Phosphate 19 g.....	Saline laxative
Dibasic Sodium Phosphate 7 g.....	Saline laxative

***Use***

for relief of occasional constipation

***Warnings***

**For rectal use only**

**Dosage Warning:**

Using more than one enema in 24 hours can be harmful.

**Ask a doctor before using this product if you**

- are on a sodium-restricted diet
- have kidney disease
- are 65 or older and under a doctor's care for any medical condition

**Ask a doctor before using any laxative if you have**

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits lasting more than 2 weeks
- already used a laxative for more than 1 week

**Stop use and ask a doctor if you have**

- rectal bleeding
- no bowel movement within 30 minutes of enema use
- symptoms of dehydration (feeling thirsty, dizziness, vomiting, urinating less often than normal)

These symptoms may indicate a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away.

**Directions**

- Single daily dosage.
- Do not use more unless directed by a doctor. See Warnings.
- **Do not use if taking another sodium phosphates product.**

Adults and Children 12 years and over	1 Bottle
Children 2 to under 12 years	1/2 Bottle once daily
Children under 2 years	<b>DO NOT USE</b>

**Other information**

- **each 118 mL delivered dose contains:** sodium 4.4 g
- additional liquids by mouth are recommended while using this product
- this product generally produces a bowel movement in 1-5 minutes
- store between 15°- 30°C (59°- 86°F)
- **carton sealed for safety. Do not use if top or bottom flap of carton is torn or missing.**
- consult PHYSICIANS' DESK REFERENCE® for complete professional labeling.

**Inactive ingredients**

Benzalkonium chloride, disodium EDTA, purified water

**Questions?**

Call toll-free at +1-855-452-9500 or email [info@Leosonsintl.com](mailto:info@Leosonsintl.com)

**Distributed by:**

**Leosons**

10 Maryland Avenue

Albany, New York 12205

**PRINCIPAL DISPLAY PANEL - 133 mL Bottle Carton**

**RELIEF™**

**SALINE LAXATIVE**

***Ready-to-Use***  
**ENEMA**

For relief of  
occasional  
constipation

- **Pre-Mixed**
- **Latex Free**

**Lubricated Tip**

1 Bottle 4.5 FL OZ (133mL)

TAMPER EVIDENT: CARTON SEALED FOR SAFETY.  
DO NOT USE IF SAFETY SEAL ON THE TOP OR  
BOTTOM FLAP OF CARTON IS BROKEN OR MISSING.

# RELIEF

SALINE LAXATIVE

Ready-to-Use ENEMA

CAUTION:  
REMOVE BLUE  
PROTECTIVE  
SHIELD FROM  
ENEMA TIP  
BEFORE  
INSERTING

PL30450B  
V01

# RELIEF

Ready-to-Use  
ENEMA

SALINE LAXATIVE

### Drug Facts (continued)

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#### Complete Enema in a Disposable Squeeze Bottle with Soft, Pre-Lubricated Tip

Protective Shield Prevents Contamination

Comfortable, Lubricated Tip For Ease of Insertion

One-Way Safety Valve Controls Flow and Prevents Reflux

Soft, Easy-to-Use Bottle



### How To Use This Enema

- REMOVE BLUE PROTECTIVE SHIELD BEFORE INSERTING. Hold bottle upright grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



#### ADMINISTERING ENEMA:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this may cause injury.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and maintain position until urge to evacuate is strong (usually 1 to 5 minutes).
- Discontinue use if resistance is encountered. Forcing the enema can result in injury.

#### POSITIONING:

**Left-side position:** Lie on left side with knee bent and arms at rest.



**Knee-chest position:** Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



Bottle, cap and shield are  
**LATEX FREE**

Allergic reaction to materials containing Latex is a growing and serious medical problem.

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Leosons  
10 Maryland Avenue  
Albany, New York 12205



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# ENEMA

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- Latex Free



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ENEMA

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(in each 118 mL delivered dose)

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# RELIEF

sodium phosphate, monobasic and sodium phosphate, dibasic, heptahydrate enema

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:69626-0084
<b>Route of Administration</b>	RECTAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>SODIUM PHOSPHATE, MONOBASIC</b> (UNII: 3980JH2SW) (PHOSPHATE ION - UNII:NK08V8K8HR)	SODIUM PHOSPHATE, MONOBASIC	19 g in 133 mL
<b>SODIUM PHOSPHATE, DIBASIC, HEPTAHYDRATE</b> (UNII: 70WT22SF4B) (PHOSPHATE ION - UNII:NK08V8K8HR)	SODIUM PHOSPHATE, DIBASIC, HEPTAHYDRATE	7 g in 133 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>BENZALKONIUM CHLORIDE</b> (UNII: F5UM2KM3W7)	
<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)	
<b>WATER</b> (UNII: 059QF0K00R)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69626-0084-6	1 in 1 CARTON	02/09/2015	
1		133 mL in 1 BOTTLE, WITH APPLICATOR; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	02/09/2015	

**Labeler** - Leosons Overseas Corp (148605470)

Revised: 11/2024

Leosons Overseas Corp