

ADVANCED FORMULA PROGESTO-LIFE- progesterone cream
Smoky Mountain Naturals, LLC - DBA SMNutrition

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click [here](#).

Active Ingredient

Progesterone

Purpose

When applied to the skin, it may help with appearance

Uses

This is a topical cream that contains micronized, USP Progesterone. When applied to the skin it may help support the body's balance of hormones.

Warnings

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult your healthcare provider before using this product especially if you are pregnant, nursing, intend to get pregnant, taking medication, or have a medical condition. This product does not treat, cure, or prevent menopause. If irritation occurs, discontinue use. For external use only. Do not use around eye area. Do not apply this cream internally. Double check the ingredients list for known allergies before using this cream.

Keep out of the reach of children. Do not use if safety seal is missing or broken. Store in a cool, dry place.

Directions

Apply 1/4 tsp to inner wrists or abdomen twice per day 3 weeks of the month or as recommended by your physician.

Inactive Ingredients

Deionized Water, Caprylic Capric Triglyceride, Shea Butter, Stearic Acid, Cetyl Alcohol, Glycerin, Tocopheryl Acetate, Sodium Hydroxymethylglycinate, Potassium Sorbate

Product label

Advanced Formula

SM Nutrition

PROGESTO-life®

✓ **DERMATOLOGIST TESTED** ✓ **NON-ALLERGENIC**

PROPYLENE GLYCOL
FREE

PARABEN
FREE

PHENOXYETHANOL
FREE

CRUELTY
FREE

SOY
FREE

GMO
FREE

GLUTEN
FREE

DAIRY
FREE

NET WEIGHT 40Z

BUILT ON TRUST. Crafted with Care.®

Apply **1/4 tsp** to inner wrists or abdomen twice per day, 3 weeks of the month, or as recommended by your physician.

INGREDIENTS: Deionized Water, Caprylic/Capric Triglyceride, Shea Butter, Stearic Acid, Cetyl Alcohol, Glycerin, Micronized USP Progesterone, Tocopheryl Acetate, Sodium Hydroxymethylglycinate, Potassium Sorbate

Warning: CAUTION: Consult your healthcare provider before using this supplement especially if you are pregnant, nursing, intend to get pregnant, taking medication, or have a medical condition.

⚠ **For California Residents Only:** Prop 65 Warning: This product can expose you to progesterone, which is known to the State of California to cause cancer. (www.p65warnings.ca.gov)

Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FORMULATED AND DISTRIBUTED BY: SMOKY MOUNTAIN NUTRITION
P.O. BOX 101335, NASHVILLE, TN 37224

FORMULATED IN THE U.S.A.

MANUFACTURED IN A
FDA
REGISTERED FACILITY

- ✓ 3RD-PARTY TESTED
- ✓ GMP CERTIFIED FACILITY
- ✓ MONEY BACK GUARANTEE

ANIMAL
TEST-FREE
PETA

8 50005 45804 3

SMN T2V4

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ADVANCED FORMULA PROGESTO-LIFE

progesterone cream

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:82653-004
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PROGESTERONE (UNII: 4G7DS2Q64Y) (PROGESTERONE - UNII:4G7DS2Q64Y)	PROGESTERONE	16.9 mg in 1 mL

Inactive Ingredients

Ingredient Name	Strength
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WATER (UNII: 059QF0KO0R)	
MEDIUM-CHAIN TRIGLYCERIDES (UNII: C9H2L21V7U)	
SHEA BUTTER (UNII: K49155WL9Y)	
CETYL ALCOHOL (UNII: 936JST6JCN)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
.ALPHA.-TOCOPHEROL ACETATE (UNII: 9E8X80D2L0)	
SODIUM HYDROXYMETHYLGLYCINATE (UNII: DIG6BWZ9XT)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:82653-004-01	150 mL in 1 BOTTLE, PUMP; Type 0: Not a Combination Product	04/01/2022	
2	NDC:82653-004-02	120 mL in 1 BOTTLE, PUMP; Type 0: Not a Combination Product	06/19/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		04/01/2022	

Labeler - Smoky Mountain Naturals, LLC - DBA SMNutrition (098382607)

Revised: 6/2025

Smoky Mountain Naturals, LLC - DBA SMNutrition