OB COMPLETE DHA- omega-3 fatty acids, calcium ascorbate, calcium threonate, cholecalciferol, .alpha.-tocopherol, d-, thiamine mononitrate, riboflavin, pyridoxine hydrochloride, folic acid, cyanocobalamin, iron pentacarbonyl, ferrous asparto glycinate, zinc oxide, and cupric sulfate capsule, liquid filled
Vertical Pharmaceuticals, LLC

OB COMPLETE™ with DHA
Prenatal Multivitamin/Multimineral

SUPPLEMENT FACTS

Supplement Facts

Serving Size: 1 Softgel Capsule
Servings Per Container: 60

	Amount per Serving	% DV for Pregnant and Lactating Women
Calories	5	
Vitamin C (as Calcium Ascorbate)*	120 mg	100%
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	167%
Vitamin E (as d-Alpha Tocopherol)	20 mg** (30 IU)	105%
Thiamin (as Thiamine Mononitrate)	2 mg	143%
Riboflavin	3.4 mg	213%
Vitamin B_6 (as Pyridoxine HCl)	30 mg	1500%
Folate	1667 mcg DFE (1000 mcg Folic Acid)	278%
Vitamin B_{12} (as Cyanocobalamin)	15 mcg	536%
Iron (as Ferronyl® Carbonyl Iron 30 mg and Sumalate®*** Ferrous Asparto Glycinate 10 mg)	40 mg	148%
Zinc (as Zinc Oxide)	25 mg	192%
Copper (as Cupric Sulfate)	1 mg	77%
Calcium Threonate*	5 mg	†
Omega-3 Fatty Acids (EPA and DHA)	200 mg	†

*(Acid metabolites – such as L-threonic acid, help with absorption of Vitamin C)
**Equal to mg alpha-tocopherol
† Daily Value (DV) not established

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Yellow Bees Wax, Lecithin, Purified Water, Carmine Hydrosoluble, Titanium Dioxide, Ethyl Vanillin, FD&C Red #40, FD&C Blue #1

THIS PRODUCT CONTAINS SOY AND FISH OIL (ANCHOVIES, MACKEREL, SARDINES,

TUNA).

GLUTEN-, LACTOSE- AND SUGAR-FREE

OB Complete® with DHA is a prescription multivitamin/multimineral indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

CONTRAINDICATIONS

OB Complete™ with DHA should not be used by patients with a known hypersensitivity to any of the listed ingredients including soy and fish oil.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

PRECAUTIONS

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B_{12} is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

DRUG INTERACTIONS

OB Complete® with DHA Prenatal Multivitamin/Multimineral is not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

ADVERSE REACTIONS

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

DESCRIPTION

OB Complete® with DHA is a purple, oval shaped softgel capsule imprinted with "VP049".

DIRECTIONS FOR USE

Take one softgel capsule by mouth daily or as directed by a physician.

HOW SUPPLIED

OB Complete® with DHA Prenatal Multivitamin/Multimineral softgels are available in 60 count bottles.

Product Code: **68025-049-60**

STORAGE

Store at controlled room temperature 15°-30°C (59°-86°F) [See USP]. Protect from light, moisture and excessive heat.

KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.

***Sumalate® (Ferrous Asparto Glycinate) is a registered trademark of Albion International, Inc. and is covered by the following patents: **U.S. Pat. No. 6,716,814; U.S. Pat. No. 8,007,846 and U.S. Pat. No. 8,425,956.**

For use on the order of a healthcare practitioner.

Call your doctor about side effects. To report side effects, call Vertical Pharmaceuticals at 1-877-482-3788 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Customer Service: 1-866-600-4799 **Rev. 01/2020**

Distributed by:
Vertical Pharmaceuticals, LLC
Bridgewater, NJ 08807
www.verticalpharma.com

PRINCIPAL DISPLAY PANEL - 60 Softgel Bottle Label

OB
Complete®
with **DHA**
Prenatal
Multivitamin

68025-049-60
60 Softgels

OB COMPLETE DHA

omega-3 fatty acids, calcium ascorbate, calcium threonate, cholecalciferol, .alpha.-tocopherol, d-, thiamine mononitrate, riboflavin, pyridoxine hydrochloride, folic acid, cyanocobalamin, iron pentacarbonyl, ferrous asparto glycinate, zinc oxide, and cupric sulfate capsule, liquid filled

Product Information			
Product Type	DIETARY SUPPLEMENT	**Item Code (Source)**	NHRIC:68025-049
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	**Basis of Strength**	**Strength**
Omega-3 Fatty Acids (UNII: 71M78END5S) (Omega-3 Fatty Acids - UNII:71M78END5S)	Omega-3 Fatty Acids	200 mg
Calcium Ascorbate (UNII: 183E4W213W) (Ascorbic Acid - UNII:PQ6CK8PD0R)	Ascorbic Acid	120 mg
Calcium Threonate (UNII: HBB4YPO93U) (CALCIUM CATION - UNII:2M83C4R6ZB)	Calcium Threonate	5 mg
Cholecalciferol (UNII: 1C6V77QF41) (Cholecalciferol - UNII:1C6V77QF41)	Cholecalciferol	1000 [iU]
.Alpha.-Tocopherol, D- (UNII: N9PR3490H9) (.Alpha.-Tocopherol, D- - UNII:N9PR3490H9)	.Alpha.-Tocopherol, D-	30 [iU]
Thiamine Mononitrate (UNII: 8K0I04919X) (Thiamine Ion - UNII:4ABT0J945J)	Thiamine	2 mg
Riboflavin (UNII: TLM2976OFR) (Riboflavin - UNII:TLM2976OFR)	Riboflavin	3.4 mg
Pyridoxine Hydrochloride (UNII: 68Y4CF58BV) (Pyridoxine - UNII:KV2JZ1BI6Z)	Pyridoxine Hydrochloride	30 mg
Folic Acid (UNII: 935E97BOY8) (Folic Acid - UNII:935E97BOY8)	Folic Acid	1 mg
Cyanocobalamin (UNII: P6YC3EG204) (Cyanocobalamin - UNII:P6YC3EG204)	Cyanocobalamin	15 ug
IRON PENTACARBONYL (UNII: 6WQ62TAQ6Z) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	30 mg
Ferrous Asparto Glycinate (UNII: H7426RGB3L) (Ferrous Cation - UNII:GW89581OWR)	Ferrous Cation	10 mg
Zinc Oxide (UNII: SOI2LOH54Z) (Zinc Oxide - UNII:SOI2LOH54Z)	Zinc Oxide	25 mg
Cupric Sulfate (UNII: LRX7AJ16DT) (Cupric Cation - UNII:8CBV67279L)	Cupric Cation	1 mg

Inactive Ingredients	
Ingredient Name	**Strength**
Soybean Oil (UNII: 241ATL177A)	
Gelatin (UNII: 2G86QN327L)	

Glycerin (UNII: PDC6A3C0OX)	
Yellow Wax (UNII: 2ZA36H0S2V)	
Water (UNII: 059QF0KO0R)	
Lecithin, Soybean (UNII: 1DI56QDM62)	
Pigment Red 48 (UNII: 07XHK4SAV6)	
Titanium Dioxide (UNII: 15FIX9V2JP)	
Ethyl Vanillin (UNII: YC9ST449YJ)	
FD&C Red No. 40 (UNII: WZB9127XOA)	
FD&C Blue No. 1 (UNII: H3R47K3TBD)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:68025-049-60	60 in 1 BOTTLE		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
DIETARY SUPPLEMENT		07/01/2011	

Supplement Facts

Serving Size : **Serving per Container :**

	Amount Per Serving	% Daily Value
color		
imprint		
scoring	1	
shape		
size (solid drugs)	15 mm	

Labeler - Vertical Pharmaceuticals, LLC (173169017)

Revised: 2/2020 Vertical Pharmaceuticals, LLC