

**CHEST CONGESTION RELIEF DM- dextromethorphan hydrobromide,  
guaifenesin liquid  
RUGBY LABORATORIES**

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**Rugby- Chest Cong DM 1313**

Active ingredient

Dextromethorphan HBr, 10 mg

Guaifenesin 100 mg

Purpose

Cough suppressant

Expectorant

Uses

- temporarily relieves cough due to minor throat and bronchial irritation
- helps loosen phlegm (mucus)
- helps thin bronchial secretions to make coughs more productive

Warnings

Do not use if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease, psychiatric or emotional conditions, or Parkinson's disease) or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Do not use if you have ever had an allergic reaction to any of the ingredients in this product.

Ask a doctor before use if you have

- a cough with too much phlegm (mucus)
- a cough that lasts or is chronic such as occurs with smoking asthma, chronic bronchitis or emphysema.

Stop use and ask a doctor if cough lasts more than 7 days, comes back or is accompanied by fever, rash, or headache that lasts. These could be signs of a serious condition.

If pregnant or breast feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away

Directions

- take every 4 hours as needed, or as directed by a doctor
- do not take more than 6 doses in 24 hours
- do not exceed recommended dose

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Adults and children 12 years and over

2 teaspoonsfuls (10 mL)

Inactive ingredients: Cherry flavor, citric acid, FD&C Red #40, menthol, methylparaben, propylene glycol, propylparaben, water, sodium citrate, sucralose, sucrose.

1-800-645-2158

**Drug Facts**

**Active ingredients (per 5mL teaspoonful) Purposes**  
 Dextromethorphan HBr, USP 10 mg .....Cough suppressant  
 Guaifenesin, USP 100 mg .....Expectorant

**Uses** • temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold • helps loosen phlegm (mucus) • helps thin bronchial secretions to make coughs more productive

**Warnings**  
 Do not use if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease) or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Do not use** if you have ever had an allergic reaction to any of the ingredients in this product.

**Ask a doctor before use if you have**  
 • a cough with too much phlegm (mucus)  
 • a cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis or emphysema.

**Stop use and ask a doctor** if cough lasts more than 7 days, comes back or is accompanied by fever, rash, or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. ▶



NDC 0536-1313-85  
compare to the active ingredients in Robitussin® Cough + Chest Congestion DM \*

## chest congestion relief DM

### dextromethorphan HBr, USP 10 mg

### cough suppressant

### guaifenesin, USP 100 mg

### expectorant

- controls cough
- relieves chest congestion
- thins and loosens mucus

alcohol free for ages 12 & over



cherry flavored

## 16 FL OZ (473 mL)

**Drug Facts (continued)**

**Directions**  
 • take every 4 hours as needed, or as directed by a doctor  
 • do not take more than 6 doses in 24 hours  
 • do not exceed recommended dose

Adults and children 12 years and over	2 teaspoonfuls (10 mL)
Children under 12 years	do not use

**Other information**  
 • each teaspoonful (5 mL) contains: **sodium 2 mg**  
 • store at room temperature 20°C-25°C (68°F-77°F). Permitted excursions between 15°C -30°C (59°F-86°F)  
 • protect from freezing • do not refrigerate • protect from light  
 • Pharmacist-Preserve and dispense in a tight, light-resistant container with a child resistant cap as defined in the USP  
 • **TAMPER-EVIDENT:** Do not use if foil seal over bottle opening is torn, broken, or missing.

**Inactive ingredients:** cherry flavor, citric acid, FD&C Red No. 40, menthol, methylparaben, propylene glycol, propylparaben, purified water, sodium citrate, sucralose, sucrose

**Questions or comments? (800) 616-2471**

\*This product is not manufactured or distributed by the owner of the registered trademark Robitussin® DM.

THIS IS A BULK CONTAINER NOT INTENDED FOR RETAIL.

Rev. 12/25 R-164 Re-order No. 371050

Distributed by: RUGBY® LABORATORIES Indianapolis, IN 46268 (800) 616-2471 www.major-rugby.com Code# L-73 Lot# Exp. Date:



13

CHEST CONGESTION RELIEF DM			
dextromethorphan hydrobromide, guaifenesin liquid			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0536-1313
<b>Route of Administration</b>	ORAL		
<b>Active Ingredient/Active Moiety</b>			
	<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
	<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RT19KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg in 5 mL
	<b>GUAIFENESIN</b> (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	100 mg in 5 mL
<b>Inactive Ingredients</b>			
	<b>Ingredient Name</b>		<b>Strength</b>
	<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)		
	<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)		

<b>MENTHOL</b> (UNII: L7T10EIP3A)	
<b>METHYLPARABEN</b> (UNII: A2I8C7HI9T)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>PROPYLPARABEN</b> (UNII: Z8IX2SC1OH)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM CITRATE</b> (UNII: 1Q73Q2JULR)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>SUCROSE</b> (UNII: C151H8M554)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0536-1313-85	473 mL in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2020	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	10/01/2020	

**Labeler** - RUGBY LABORATORIES (079246066)

Revised: 12/2025

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