

NESTABS PRENATAL MULTI-VITAMIN/MINERAL SUPPLEMENT- multi-vitamin/mineral supplement with sodium ascorbate, cholecalciferol, di-alpha-tocopheryl acetate, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hcl, folic acid, cyanocobalamin, calcium formate, calcium carbonate, ferrous (ii) bis-glycinate chelate, potassium iodide, zinc oxide, and choline bitartrate tablet, film coated
WOMENS CHOICE PHARMACEUTICALS LLC

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click [here](#).

Nestabs

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Description: Nestabs tablets for oral administration is a light pink capsule shaped film coated tablet with a pleasant sweet flavor with WC001 imprinted on one side of the tablet.

Indications and Usage: Nestabs is indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers. Nestabs is also beneficial in improving the nutritional status of women prior to conception.

Contraindications: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

Warnings: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B12 is deficient.

Precautions: Folic acid in doses above 0.1mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations remain progressive. This product contains formate, which if consumed above the recommended level, could cause visual impairment and other health effects. Do not take more than the recommended amount. If you are pregnant, nursing, or taking any medications consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Dosage and Administration: One tablet daily or as directed by a physician.

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NDC 50967-219-90

90 Tablets

Nestabs®

Prenatal Multi-vitamin/Mineral Supplement

Kosher Certified Tablet • Gluten Free • Vegetarian

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Store at controlled room temperature 15°-30°(59°-86°F) RX only
Distributed by: Women's Choice Pharmaceuticals
Gilbert, AZ 85233 • (877) 774-4949
Formcal® is a registered trademark of Nephro-Tech 1, LLC
US Patent #5,528,542; #5,489,361; #6,160,076
Nestabs® is a registered trademark of Women's Choice Pharmaceuticals, LLC

LC-10950
Rev. 10/10

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Supplement Facts

Serving Size: 1 Tablet

	Amount per Serving	% DV
Vitamin C (Sodium Ascorbate)	120 mg	200%
Vitamin D-3 (Cholecalciferol)	450 IU	112%
Vitamin E (di-alpha-Tocopheryl Acetate)	30 IU	100%
Vitamin B-1 (Thiamine HCL)	3 mg	176%
Vitamin B-2 (Riboflavin)	3 mg	150%
Niacin (Niacinamide)	20 mg	100%
Vitamin B-6 (Pyridoxine HCL)	50 mg	2000%
Folic Acid	1000 mcg	125%
Vitamin B-12 (Cyanocobalamin)	10 mcg	125%
Calcium	250 mg	19%
as Formcal® (Calcium Formate 230 mg) (Calcium Carbonate 20 mg)		
Iron (Ferrous (II) bis-Glycinate Chelate)	32 mg	178%
Iodine (Potassium Iodide)	100 mcg	67%
Zinc (Zinc Oxide)	10 mg	67%
Choline (Choline Bitartrate)	55 mg	**

% Daily Value for Pregnant and Lactating Women ** DV Not Established.

Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Polyvinyl Alcohol, Polyethylene Glycol 3000, Titanium Dioxide, Talc, FD&C Red #40 Aluminum Lake, Saccharin, Carnauba Wax.

NESTABS PRENATAL MULTI-VITAMIN/MINERAL SUPPLEMENT

multi-vitamin/mineral supplement with sodium ascorbate, cholecalciferol, di-alpha-tocopheryl acetate, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hcl, folic acid, cyanocobalamin, calcium formate, calcium carbonate, ferrous (ii) bis-glycinate chelate, potassium iodide, zinc oxide, and choline bitartrate tablet, film coated

Product Information			
Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:50967-219
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	Basis of Strength	Strength
.ALPHA.-TOCOPHEROL ACETATE, D- (UNII: A7E6112E4N) (.ALPHA.-TOCOPHEROL, D- - UNII:N9PR3490H9)	.ALPHA.-TOCOPHEROL, D-	30 [iU]
RIBOFLAVIN (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	3 mg
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg
NIACINAMIDE (UNII: 25X51I8RD4) (NIACINAMIDE - UNII:25X51I8RD4)	NIACINAMIDE	20 mg
CYANOCOBALAMIN (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	10 ug
POTASSIUM IODIDE (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	IODIDE ION	100 ug
ZINC OXIDE (UNII: SOI2LOH54Z) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	10 mg
SODIUM ASCORBATE (UNII: S033EH8359) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	120 mg
THIAMINE MONONITRATE (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	3 mg
CHOLECALCIFEROL (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	450 [iU]
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ 1BI6Z)	PYRIDOXINE	50 mg
CALCIUM FORMATE (UNII: NP3JD65NPY) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CATION	155 mg
CALCIUM CARBONATE (UNII: H0G9379FGK) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CATION	45 mg
FERROUS BISGLYCINATE (UNII: SFW1D987QV) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	32 mg
CHOLINE BITARTRATE (UNII: 6K2W7T9V6Y) (CHOLINE - UNII:N91BDP6H0X)	CHOLINE	55 mg

Inactive Ingredients

Ingredient Name	Strength
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
TALC (UNII: 7SEV7J4R1U)	
ALUMINUM OXIDE (UNII: LMI26O6933)	
CARNAUBA WAX (UNII: R12CBM0EIZ)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
SACCHARIN (UNII: FST467XS7D)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
POVIDONE (UNII: FZ989GH94E)	

Product Characteristics

Color	pink (WC;001)	Score	no score
Shape	OVAL	Size	18mm
Flavor		Imprint Code	WC;001
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50967-219-90	1 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	02/01/2011	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		02/01/2011	

Labeler - WOMENS CHOICE PHARMACEUTICALS LLC (833067841)

Registrant - WOMENS CHOICE PHARMACEUTICALS LLC (833067841)