

**PMS RELIEF - apis mellifica, chamomilla, cimicifuga racemosa, cyclamen europaeum, helonias dioica, ignatia amara, lac caninum, lycopodium clavatum, natrum muriaticum, nux vomica, platinum metallicum, and sepia liquid**  
**King Bio Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**PMS Relief**

**Active Ingredients**

Official HPUS: Apis mellifica, Chamomilla, Cimicifuga racemosa, Cyclamen europaeum, Helonias dioica, Ignatia amara, Lac caninum, Lycopodium clavatum, Natrum muriaticum, Nux vomica, Platinum metallicum, and Sepia

Reference image of pms relief.jpg

**Inactive Ingredient**

Equal volumes of each ingredient in a Bio-Energetically Enhanced pure water base: 10X, 30X, and LM1 potencies.

Reference image pms relief.jpg

**Dosage and Administration**

Directions: Hold close to mouth and spray 1 dose directly in mouth 2 to 6 times daily until symptoms improve.

Adult Dose: 3 pump sprays

Children Dose: 2-12 years 2 pump sprays

Reference image of pms relief.jpg

**Purpose**

For fast relief of: mood swings, sensitivity or irritability, weariness, water retention, weight gain, bloating and swelling, cramping, headaches, swollen, sensitive breast, salt or sugar craving, excessive hunger.

Reference image of pms relief.jpg

**Warnings**

Warnings: If symptoms persist or worsen, or if pregnant or nursing, take only on advice of a healthcare professional. Keep out of reach of children.

Other: Tamper resistant for your protection. Use only if seal is intact.

Reference image of pms relief.jpg

Keep out of reach of children.

Reference image of pms relief.jpg

## Purpose

For fast relief of:

- mood swings
- sensitivity or irritability
- weariness
- water retention
- weight gain
- bloating and swelling
- cramping
- headaches
- swollen, sensitive breast
- salt or sugar craving
- excessive hunger

Reference pms relief.jpg

<b>Safe &amp; Natural</b>	<b>The Healing Revolution is here.™</b> HOMEOPATHIC NDC# 57955-5009-2	<b>Taste-Free, Pure Water Base</b>				
<p><b>Directions</b> Initially, depress pump until primed. Hold close to mouth and spray directly into mouth. Use 3 times daily. Use additionally as needed.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">Adult Dose</td> <td>3 pump sprays</td> </tr> <tr> <td>Children 2 - 12 years</td> <td>2 pump sprays</td> </tr> </table> <p><b>Warnings</b> If symptoms persist or worsen, consult a physician. If pregnant or nursing, take only on advice of healthcare professional. Keep out of reach of children.</p> <p><b>Other</b> Tamper resistant for your protection. Use only if safety seal is intact.</p>	Adult Dose	3 pump sprays	Children 2 - 12 years	2 pump sprays	 <p style="font-size: 2em; font-weight: bold; text-align: center;">PMS Relief™</p> <p style="font-size: 1.5em; font-weight: bold; text-align: center;">kingbio Natural Medicine®</p>	<p><b>Uses</b> for fast relief of: mood swings • sensitivity or irritability • weariness • water retention • weight gain • bloating and swelling • cramping • headaches • swollen, sensitive breasts • salt or sugar craving • excessive hunger</p> <p><b>INGREDIENTS:</b> Official HPUS: Apis mel, Chamomilla, Cimicifuga, Cyclamen, Helonias, Ignatia, Lac can, Lycopodium, Nat mur, Nux vom, Platinum met, Sepia. Equal volumes of each ingredient in a Bio-Energetically Enhanced™ pure water base: 10X, 30X, &amp; LM1 potencies.</p> <div style="display: flex; justify-content: space-between;"> <div style="font-size: 0.8em;">           Lot # 032712            Exp. 03/15         </div> <div style="font-size: 0.8em;">           King Bio, Inc. • FDA Reg. #1053442            3 Westside Dr. Asheville, NC 28806            Questions? Call 800.543.3245         </div> </div>
Adult Dose	3 pump sprays					
Children 2 - 12 years	2 pump sprays					
<b>Since 1989</b>	<b>2 fl oz (59 mL)</b>	<b>www.kingbio.com</b>				

King Bio Inc.

3 Westside Drive

Asheville, NC 28806

Questions? Call 800.543.3245

www.kingbio.com

## PMS RELIEF

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### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:57955-5009
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
APIS MELLIFERA (UNII: 7S82P3R43Z) (APIS MELLIFERA - UNII:7S82P3R43Z)	APIS MELLIFERA	10 [hp_X] in 59 mL
MATRICARIA RECUTITA (UNII: G0R4UBI2ZZ) (MATRICARIA RECUTITA - UNII:G0R4UBI2ZZ)	MATRICARIA RECUTITA	10 [hp_X] in 59 mL
BLACK COHOSH (UNII: K73E24S6X9) (BLACK COHOSH - UNII:K73E24S6X9)	BLACK COHOSH	10 [hp_X] in 59 mL
CYCLAMEN PURPURASCENS TUBER (UNII: G728143D8Q) (CYCLAMEN PURPURASCENS TUBER - UNII:G728143D8Q)	CYCLAMEN PURPURASCENS TUBER	10 [hp_X] in 59 mL
CHAMAELIRIUM LUTEUM ROOT (UNII: DQV54Y5H3U) (CHAMAELIRIUM LUTEUM ROOT - UNII:DQV54Y5H3U)	CHAMAELIRIUM LUTEUM ROOT	10 [hp_X] in 59 mL
STRYCHNOS IGNATII SEED (UNII: 1NM3M2487K) (STRYCHNOS IGNATII SEED - UNII:1NM3M2487K)	STRYCHNOS IGNATII SEED	10 [hp_X] in 59 mL
CANIS LUPUS FAMILIARIS MILK (UNII: G39P120JQT) (CANIS LUPUS FAMILIARIS MILK - UNII:G39P120JQT)	CANIS LUPUS FAMILIARIS MILK	10 [hp_X] in 59 mL
LYCOPODIUM CLAVATUM SPORE (UNII: C88X29Y479) (LYCOPODIUM CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPODIUM CLAVATUM SPORE	10 [hp_X] in 59 mL
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM CHLORIDE	10 [hp_X] in 59 mL
STRYCHNOS NUX-VOMICA SEED (UNII: 269XH13919) (STRYCHNOS NUX-VOMICA SEED - UNII:269XH13919)	STRYCHNOS NUX-VOMICA SEED	10 [hp_X] in 59 mL
PLATINUM (UNII: 49DFR088MY) (PLATINUM - UNII:49DFR088MY)	PLATINUM	10 [hp_X] in 59 mL
SEPIA OFFICINALIS JUICE (UNII: QDL83WN8C2) (SEPIA OFFICINALIS JUICE - UNII:QDL83WN8C2)	SEPIA OFFICINALIS JUICE	10 [hp_X] in 59 mL

**Inactive Ingredients**

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:57955-5009-2	59 mL in 1 BOTTLE, SPRAY		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/01/2011	

**Labeler** - King Bio Inc. (617901350)**Registrant** - King Bio Inc. (617901350)**Establishment**

Name	Address	ID/FEI	Business Operations
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King Bio Inc.		617901350	manufacture
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Revised: 4/2012

King Bio Inc.