

**CITROMA- magnesium citrate liquid**  
**Chain Drug Marketing Association**

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**Quality Choice 164.000/164AA rev 2-164AB**  
**Cherry Magnesium Citrate**

**Active Ingredient (in each fl oz)**

Magnesium citrate 1.745g

**Purpose**

Saline laxative

**Uses**

- for relief of occasional constipation (irregularity).
- Generally produces bowel movement in 1/2 to 6 hours

**Warnings**

for this product

**Ask a doctor before use if you have**

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**

- taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if**

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**If pregnant or breast-feeding**

ask health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Storage**

Store at temperatures between 46° and 86°F (8° and 30° C)

**Directions**

- shake well before using
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

**other information**

- **each fl oz contains:** magnesium 290 mg
- **each fl oz contains:** sodium 1 mg

**Inactive ingredients**

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

**Disclaimer**

Non-USP: Non-Carbonated, Non-Pasteurized; Contains Preservatives

100% QC SATISFACTION GUARANTEED

**Adverse reaction**

Distributed by CDMA, Inc.

Novi, MI 48375

[www.qualitychoice.com](http://www.qualitychoice.com)

Questions: 800-935-2362

**Principal display panel**

NDC: 63868-018-38

DO NOT USE IF TAMPER EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

QC®

QUALITY

CHOICE

Magnesium

Citrate

Saline Laxative

Oral Solution

For the Relief of Occasional Constipation

Cherry flavor

10 FL OZ (296 mL)

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## Magnesium Citrate

**Saline Laxative Oral Solution**

For the Relief of Occasional Constipation



Cherry flavor

10 FL OZ (296 mL)

<p><b>Drug Facts</b></p> <p><b>Active ingredient (in each fl oz) Purpose</b> Magnesium citrate 1.745 g.....Saline laxative</p> <p><b>Uses</b> ■ for relief of occasional constipation (irregularity). ■ Generally produces bowel movement in ½ to 6 hours</p> <p><b>Warnings</b> <b>Ask a doctor before use if you have</b> ■ kidney disease ■ a magnesium restricted diet ■ abdominal pain, nausea, or vomiting ■ noticed a sudden change in bowel habits that persists over a period of 2 weeks ■ already used a laxative for a period longer than 1 week</p> <p><b>Ask a doctor or pharmacist before use if you are</b> ■ taking any other drug. ■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.</p> <p><b>Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.</b></p> <p><b>If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.</b> ▶</p>	<p><b>Drug Facts (continued)</b></p> <p>Store at temperatures between 46° and 86° F (8° and 30° C)</p> <p><b>Directions</b> ■ shake well before using ■ drink a full glass (8 ounces) of liquid with each dose ■ may be taken as a single daily dose or in divided doses</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">adults and children 12 years of age and over</td> <td style="width: 50%;">6.5 to 10 fl oz maximum 10 fl oz in 24 hours</td> </tr> <tr> <td>children 6 to under 12 years of age</td> <td>3 to 7 fl oz maximum 7 fl oz in 24 hours</td> </tr> <tr> <td>children 2 to under 6 years of age</td> <td>2 to 3 fl oz maximum 3 fl oz in 24 hours</td> </tr> <tr> <td>children under 2 years of age</td> <td>ask a doctor</td> </tr> </table> <p><b>Other information</b> ■ each fl oz contains: magnesium 290 mg ■ each fl oz contains: sodium 1 mg</p> <p><b>Inactive ingredients</b> benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water</p> <div style="display: flex; align-items: center;"> <p style="font-size: small; margin: 0;"><b>Non-USP: Non-Carbonated, Non-Pasteurized; Contains Preservatives</b></p> </div> <p style="text-align: right; font-size: x-small;">L0018921SC</p>	adults and children 12 years of age and over	6.5 to 10 fl oz maximum 10 fl oz in 24 hours	children 6 to under 12 years of age	3 to 7 fl oz maximum 7 fl oz in 24 hours	children 2 to under 6 years of age	2 to 3 fl oz maximum 3 fl oz in 24 hours	children under 2 years of age	ask a doctor
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## CITROMA

magnesium citrate liquid

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:63868-018
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM CITRATE</b> (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

**Inactive Ingredients**

Ingredient Name	Strength
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>EDETATE DISODIUM ANHYDROUS</b> (UNII: 8NLQ36F6MM)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>BENZOIC ACID</b> (UNII: 8SKN0B0MIM)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63868-018-38	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	12/15/2019	

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	12/15/2019	

**Labeler** - Chain Drug Marketing Association (011920774)**Registrant** - Nice-Pak Products, LLC (119091520)**Establishment**

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(63868-018)

Revised: 2/2026

Chain Drug Marketing Association