

**WHOLE FOODS MARKET REGULAR STRENGTH PEPPERMINT FLAVOR- calcium carbonate tablet, chewable
WHOLE FOODS MARKET, INC.**

Whole Foods Regular Strength Peppermint Flavor Antacid Drug Facts

Active ingredient (per tablet)

Calcium Carbonate USP 500mg

Purpose

Antacid

Uses

relieves

- heartburn
- acid indigestion
- sour stomach
- upset stomach associated with these symptoms

Warnings

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug. Antacids may interact with certain prescription drugs.

When using this product

- do not take more than 15 tablets in 24 hours
- if pregnant do not take more than 10 tablets in 24 hours
- do not use the maximum dosage for more than 2 weeks except under the advice and supervision of a doctor

Keep out of reach of children.

Directions

- **adults and children 12 years of age and over:** chew 2-4 tablets as symptoms occur, or as directed by a doctor. Do not swallow tablets whole.
- do not take for symptoms that persist for more than 2 weeks unless advised by a doctor

Other information

- **each tablet contains:** elemental calcium 200mg

- store at room temperature. Keep the container tightly closed.

Inactive ingredients

dextrose, maltodextrin, natural flavor, starch, stearic acid, stevia extract (stevia rebaudiana leaf).

Questions or comments?

1-844-WFM-TALK (1-844-936-8255)

SAFETY SEALED: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.

Principal Display Panel

WHOLE FOODS MARKET

NDC#42681-0028-1

Compare to the Active Ingredient in Tums [®]Regular Strength*

REGULAR STRENGTH

Antacid

500

Calcium Carbonate 500mg

Natural Peppermint Flavor

Relief from Heartburn and Acid Indigestion

Talc Free

12 CHEWABLE VEGETERIAN TABLETS per tube

MANUFACTURED FOR:

WHOLE FOODS MARKET

550 BOWIE STREET | AUSTIN, TX 78703

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www.wholefoodsmarket.com

PRODUCT OF USA

*This product is not manufactured or distributed by GlaxoSmithKline LLC, owner of the registered trademark, Tums [®]Regular Strength.

FRONT

2.25" width

2.5" height

365 WHOLE FOODS MARKET
REGULAR STRENGTH
Antacid
500 Calcium Carbonate 500mg
 Natural Peppermint Flavor | Talc Free
 Relief from Acid Indigestion & Heartburn

*Compare to the active ingredient in Tums® Regular Strength

NDC 42681-0028-1

Drug Facts

Active ingredient (per tablet)	Purpose
Calcium Carbonate USP 500mg	Antacid

Uses relieves • heartburn • acid indigestion • sour stomach • upset stomach associated with these symptoms

Warnings
 Ask a doctor or pharmacist before use if you are presently taking a prescription drug. Antacids may interact with certain prescription drugs.

TAMPER EVIDENT: Do not use if the adhesive label around the bottle cap is torn or missing

MANUFACTURED FOR:
 WHOLE FOODS MARKET
 550 BOWIE STREET | AUSTIN, TX 78703
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 www.wholefoodsmarket.com
 PRODUCT OF USA

Lot: _____
 Exp: _____

12 per tube
 CHEWABLE
 VEGETARIAN
 TABLETS

TEAR HERE TO REMOVE

PEEL HERE FOR MORE DRUG FACTS

BACK

2.25" width

2.5" height

Drug Facts (continued)

When using this product • do not take more than 15 tablets in 24 hours • if pregnant do not take more than 10 tablets in 24 hours • do not use the maximum dosage for more than 2 weeks except under the advice and supervision of a doctor.
 Keep out of reach of children.

Directions • adults and children 12 years of age and over: chew 2-4 tablets completely as symptoms occur, or as directed by a doctor. Do not swallow tablets whole. • do not take for symptoms that persist for more than 2 weeks unless advised by a doctor

Other information • each tablet contains: elemental calcium 200mg • store at room temperature. Keep the container tightly closed.

Inactive ingredients dextrose, maltodextrin, natural flavor, starch, stearic acid, stevia extract (stevia rebaudiana leaf)

Questions or comments? 1-844-WFH-TALK (1-844-936-8255)

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WHOLE FOODS MARKET REGULAR STRENGTH PEPPERMINT FLAVOR

calcium carbonate tablet, chewable

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:42681-0028
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CALCIUM CARBONATE (UNII: H0G9379FGK) (CARBONATE ION - UNII:7UJQ5OPE7D, CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CARBONATE	500 mg

Inactive Ingredients

Ingredient Name	Strength
DEXTROSE, UNSPECIFIED FORM (UNII: IY9XDZ35W2)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
STARCH, CORN (UNII: O8232NY3SJ)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
STEVIA REBAUDIANA LEAF (UNII: 6TC6NN0876)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	16mm
Flavor	PEPPERMINT	Imprint Code	RP101
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42681-0028-1	12 in 1 TUBE; Type 0: Not a Combination Product	01/24/2022	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M001	01/24/2022	

Labeler - WHOLE FOODS MARKET, INC. (196175616)

Revised: 10/2025

WHOLE FOODS MARKET, INC.