

**MENSTRUAL BLOAT RELIEF- pamabrom tablet, film coated
WALMART INC.**

Equate 44-800

Active ingredient (in each tablet)

Pamabrom 50 mg

Purpose

Diuretic

Uses

for the temporary relief of:

- bloating
- water-weight gain
- swelling
- full feeling associated with the premenstrual and menstrual periods

Warnings

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- **do not take more than directed**
- adults and children 12 years and over:
 - take 1 tablet with water
 - repeat every 6 hours, as needed
 - do not exceed 4 tablets per day
- children under 12 years: ask a doctor

Other information

- **each tablet contains:** calcium 150 mg
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

Inactive ingredients

croscarmellose sodium, dibasic calcium phosphate dihydrate, hypromellose, magnesium stearate, microcrystalline cellulose, propylene glycol, silicon dioxide, stearic acid, titanium dioxide

Questions or comments?

1-888-287-1915

Principal display panel

equate™

NDC 79903-425-30

**Compare
to Midol®
Bloat Relief
active
ingredient***

**Menstrual
Bloat Relief
Pamabrom 50 mg / Diuretic**

Relieves:

- **Bloating**
- **Swelling**
- **Full feeling**
- **Water-weight gain**

Actual Size

**30
TABLETS**

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

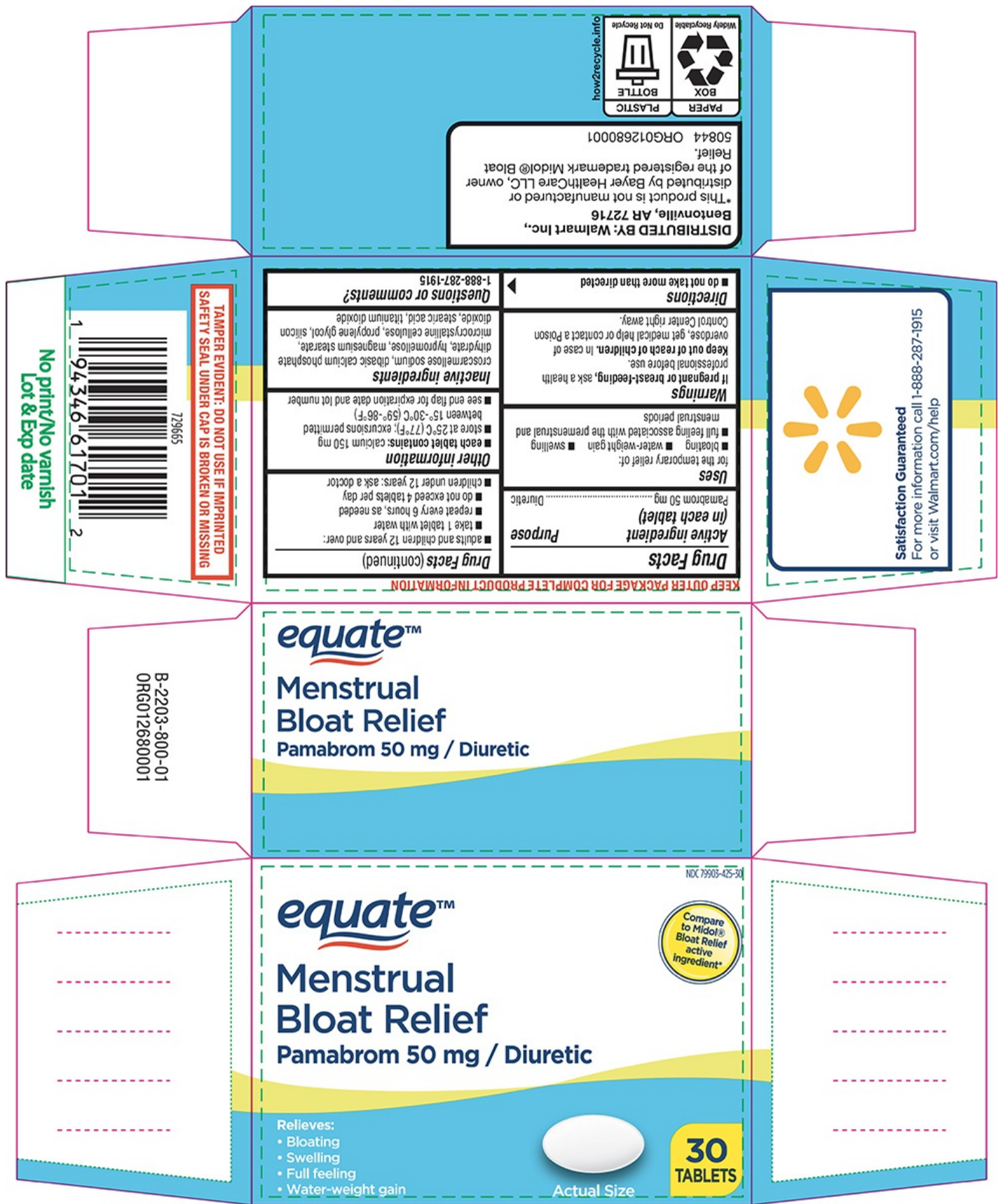
**DISTRIBUTED BY: Walmart Inc.,
Bentonville, AR 72716**

*This product is not manufactured or distributed by Bayer HealthCare LLC, owner of the registered trademark Midol® Bloat Relief.

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Satisfaction Guaranteed

For more information call 1-888-287-1915
or visit Walmart.com/help



Equate 44-800

MENSTRUAL BLOAT RELIEF

pamabrom tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:79903-425
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PAMABROM (UNII: UA8U0KJM72) (BROMOTHEOPHYLLINE - UNII:FZG87K1MQ6)	PAMABROM	50 mg

Inactive Ingredients

Ingredient Name	Strength
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
DIBASIC CALCIUM PHOSPHATE DIHYDRATE (UNII: O7TSZ97GEP)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	white	Score	no score
Shape	OVAL	Size	16mm
Flavor		Imprint Code	44;800
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:79903-425-30	1 in 1 CARTON	04/07/2026	
1		30 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M027	04/07/2026	

Labeler - WALMART INC. (051957769)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	pack(79903-425)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(79903-425) , pack(79903-425)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(79903-425)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		117025878	manufacture(79903-425)

Revised: 4/2026

WALMART INC.