

**SLEEP AID- diphenhydramine hcl capsule**  
**Safeway, Inc.**

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**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness.

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## **Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

## **Other information**

- store between 15-30°C (59-86°F)

## **Inactive ingredients**

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink

## **Questions or comments?**

Call **1-877-753-3935** Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

**COMPARE TO** Unisom® SleepGels® Active Ingredient\*

### **NIGHTTIME SLEEP AID**

DIPHENHYDRAMINE HCl 50 mg

- Helps you fall asleep
- Not for treating pain, cold or flu

SOFTGELS

One softgel per dose

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

\*This product is not manufactured or distributed by Sanofi Consumer Healthcare NA, distributor of Unisom® SleepGels®.

### **DISTRIBUTED BY:**

BETTER LIVING BRANDS LLC

P.O. BOX 99, PLEASANTON, CA 94566-0009

## **Package Label**

**COMPARE TO**  
Unisom® SleepGels® Active Ingredient\*

NDC 21130-816-32



# NIGHTTIME SLEEP AID

DIPHENHYDRAMINE HCl 50 MG

- Helps you fall asleep
- Not for treating pain, cold or flu

**32 SOFTGELS**  
One softgel per dose



Actual Size

RD25139 S2801



3 21130 7810 1 1

PLD-L6328 F0009422

Lot No.:  
Exp. Date:

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

Scan here for more information  
smartlabel™



DISTRIBUTED BY:  
BETTER LIVING BRANDS LLC  
P.O. BOX 99  
PLEASANTON, CA 94566-0099  
+1-888-723-3929  
Product of China



\*This product is not manufactured or distributed by Sanofi Consumer Healthcare NA, distributor of Unisom® SleepGels®.

<b>Drug Facts</b>
<b>Active ingredient (in each softgel)</b> Diphenhydramine HCl 50 mg Nighttime sleep aid
<b>Use</b> For relief of occasional sleeplessness.
<b>Warnings</b> Do not use ■ for children under 12 years of age ■ with any other product containing diphenhydramine, even one used on skin Ask a doctor before use if you have ■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ trouble urinating due to an enlarged prostate gland Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.
<b>Directions</b> ■ adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor <b>Other information</b> ■ store between 15-30°C (59-86°F)
<b>Inactive ingredients</b> FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink
<b>Questions or comments?</b> Call 1-877-753-3935 Monday-Friday 9AM-5PM EST



**SIGNATURE SELECT Nighttime Sleep Aid**

# SLEEP AID

diphenhydramine hcl capsule

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:21130-816
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITAN</b> (UNII: 6O92ICV9RU)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>LECITHIN, SOYBEAN</b> (UNII: 1DI56QDM62)	
<b>LIGHT MINERAL OIL</b> (UNII: N6K5787QVP)	
<b>MANNITOL</b> (UNII: 3OWL53L36A)	

## Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	PC5
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-816-32	1 in 1 BOX	11/29/2019	03/29/2027
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:21130-816-96	96 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/29/2019	03/29/2027

## Marketing Information

Marketing	Application Number or Monograph	Marketing Start	Marketing End
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Category	Citation	Date	Date
OTC Monograph Drug	M010	11/29/2019	03/29/2027

**Labeler** - Safeway, Inc. (009137209)

Revised: 12/2025

Safeway, Inc.