# DAYTIME SEVERE COLD AND FLU NIGHTTIME SEVERE COLD, COUGH AND FLUacetaminophen, dextromethorphan hbr, phenylephrine hcl, diphenhydramine hcl H E B

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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# HEB Daytime Severe Cold & Flu, Nighttime Severe Cold, Cough & Flu Drug Facts

# Active ingredients (in each packet) - Daytime

Acetaminophen 500 mg
Dextromethorphan HBr 20 mg
Phenylephrine HCl 10 mg

# **Purpose**

Pain reliever/fever reducer Cough suppressant Nasal decongestant

### Uses

- temporarily relieves these symptoms due to a cold:
- minor aches and pains
- minor sore throat pain
- headache
- nasal and sinus congestion
- cough due to minor throat and bronchial irritation
- temporarily reduces fever

## Warnings

**Liver warning**: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Sore throat warning**: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

### Do not use

- in a child under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

## Ask a doctor before use if you have

- liver disease
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- trouble urinating due to an enlarged prostate gland
- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with smoking, asthma, or emphysema
- a sodium-restricted diet

# Ask a doctor or pharmacist before use if you are

taking the blood thinning drug warfarin

# When using this product do not exceed recommended dosage

# Stop use and ask a doctor if

- nervousness, dizziness, or sleeplessness occurs
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- pain, cough or nasal congestion gets worse or lasts more than 7 days cough comes back or occurs with rash or headache that lasts. These could be signs of a

serious condition.

# If pregnant or breast-feeding,

ask a health professional before use.

# Keep out of reach of children.

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### **Directions**

- do not use more than directed (see overdose warning)
- take every 4 hours, while symptoms persist. Do not take more than 6 packets in 24 hours unless directed by a doctor.

Age	Dose
adults and children 12 years of age and	one packet
over	
children under 12 years of age	do not use

- dissolve contents of one packet into 8 oz. hot water: sip while hot. Consume entire drink within 10-15 minutes.
- if using a microwave, add contents of one packet to 8 oz. of cool water: stir briskly before and after heating. Do not overheat.

### Other information

- each packet contains: potassium 10 mg and sodium 25 mg
- **phenylketonurics:** contains phenylalanine 22 mg per packet
- store at 20-25°C (68-77°F). Protect product from heat and moisture.

# **Inactive ingredients**

acesulfame potassium, anhydrous citric acid, aspartame, colloidal silicon dioxide, D&C yellow #10, FD&C blue #1, FD&C red #40, flavors, maltodextrin, pregelatinized starch, sodium citrate, sucrose, tribasic calcium phosphate

### **Ouestions or comments?**

1-800-719-9260

# Active ingredients (in each packet) - Nighttime

Acetaminophen 650 mg

Diphenhydramine HCI 25 mg

Phenylephrine HCl 10 mg

# **Purposes**

Pain reliever/fever reducer

Antihistamine/cough suppressant

Nasal decongestant

### Uses

- temporarily relieves these symptoms due to a cold:
- minor aches and pains
- minor sore throat pain
- headache
- · nasal and sinus congestion
- runny nose
- sneezing
- itchy nose or throat
- itchy, watery eyes due to hay fever
- cough due to minor throat and bronchial irritation
- temporarily reduces fever

# **Warnings**

**Liver warning**: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
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- 3 or more alcoholic drinks every day while using this product

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- skin reddening
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If a skin reaction occurs, stop use and seek medical help right away.

**Sore throat warning**: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

### Do not use

• in a child under 12 years of age

- if you have ever had an allergic reaction to this product or any of its ingredients
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

# Ask a doctor before use if you have

- liver disease
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- glaucoma
- trouble urinating due to an enlarged prostate gland
- a breathing problem such as emphysema or chronic bronchitis
- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with smoking, asthma, or emphysema

# Ask a doctor or pharmacist before use if you are

- taking sedatives or tranquilizers
- taking the blood thinning drug warfarin

# When using this product

- do not exceed recommended dosage
- avoid alcoholic drinks
- marked drowsiness may occur
- · alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

# Stop use and ask a doctor if

- nervousness, dizziness, or sleeplessness occurs
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- pain, cough or nasal congestion gets worse or lasts more than 7 days
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

# If pregnant or breast-feeding,

ask a health professional before use.

# Keep out of reach of children.

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### **Questions or comments?**

1-800-719-9260

# Package/Label Principal Display Panel

Compare to Theraflu® Multi-Symptom Severe Cold active ingredients

H•E•B

**DAYTIME** 

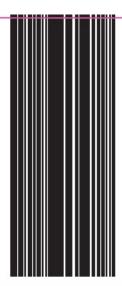
Severe Cold & Flu Acetaminophen / Pain Reliever/Fever Reducer Dextromethorphan HBr / Cough Suppressant Phenylephrine HCI / Nasal Decongestant Multi-Symptom Relief of: • Pain Fever • Cough Nasal Congestion Green Tea & Honey Lemon Flavors **6 PACKETS** Compare to Theraflu® Nighttime Severe Cold & Cough active ingredients H•E•B **NIGHTTIME** Severe Cold, Cough & Flu Acetaminophen / Pain Reliever/Fever Reducer Diphenhydramine HCI / Antihistamine / Cough Suppressant Phenylephrine HCI / Nasal Decongestant Multi-Symptom Relief of: • Pain • Fever • Cough

Nasal Congestion

Honey Lemon Infused with White Tea Flavors

Sneezing

**6 PACKETS** 



Compare to Theraflu® Multi-Symptom Severe Cold active ingredients

Compare to Theraflu® Nighttime Severe Cold & Cough active ingredients\*

NDC 37808-602-55



# DAYTIME

# Severe Cold Severe Cold,

Acetaminophen / Pain Reliever/Fever Reducer Dextromethorphan HBr / Cough Suppressant Phenylephrine HCI / Nasal Decongestant

### Multi-Symptom

### Relief of:

- Pain
- Fever
- Cough
- Nasal Congestion

**Green Tea & Honey Lemon Flavors** 





# NIGHTTIME

# Cough & Flu

Acetaminophen /

Pain Reliever/Fever Reducer Diphenhydramine HCI Antihistamine / Cough Suppressant Phenylephrine HCI / Nasal Decongestant

# **Multi-Symptom**

### Relief of:

- Pain
- Fever
- · Cough
- Nasal Congestion
- Sneezing

Honey Lemon Infused with White Tea Flavors





DO NOT TAKE A DOSE OF THE NIGHTTIME PRODUCT SOONER THAN 4 HOURS AFTER THE LAST DOSE OF MULTI-SYMPTOM PRODUCT UNLESS DIRECTED BY YOUR DOCTOR.

Daytime Flu & Severe Cold

### Drug Facts

Active ingredients (in each packet)

Purposes

Acetaminophen 500 mg...... Dextromethorphan HBr 20 mg. Phenylephrine HCl 10 mg...

Pain reliever/fever reducer ..Cough suppressant .Nasal decongestant

Uses temporarily relieves these symptoms due to a cold:

- minor aches and pains
- minor sore throat pain headache
- nasal and sinus congestion cough due to minor throat and bronchial irritation
- temporarily reduces fever

# Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product
- Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include: ■ skin reddening ■ blisters ■ rash
- If a skin reaction occurs, stop use and seek medical help right away. Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a

- Do not use in a child under 12 years of age
  if you have ever had an allergic reaction to this product or any of its ingredients
- with any other drug containing acetaminophen (prescription or nonprescription). If you
- are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

  if you are now taking a prescription monoamine coddase inhibitor (MACI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

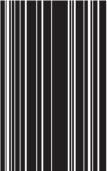
- Ask a doctor before use if you have If Iver disease Interest disease Interest disease Interest disease Introduction of the Interest disease Interes

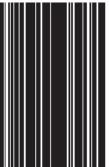
- cough that lasts or is chronic such as occurs with smoking, asthma, or emphysema.

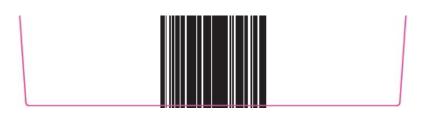
a sodium-restricted diet

Ask a doctor or pharmacist before use if you are taking the blood thinning

When using this product do not exceed recommended dosage







# Multi-Symptom

Na sal Decongestant Phenylephrine HCI / Antihistamine / Cough Suppressant Diphenhydramine HCI / Pain Reliever/Fever Reducer Acetaminophen /

# Cough & Flu Severe Cold,

**MIGHTTIME** 



### Multi-Symptom

Nasal Decongestant Phenylephrine HQ / Cough Suppressant Dextromethorphan HBr / Pain Reliever/Fever Reducer Acetaminophen/

# א Flu Severe Cold

DAYTIME



### Drug Facts (continued)

### Stop use and ask a doctor if

- nervousness, dizziness, or sleeplessness occurs fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- m pain, cough or nasal congestion gets worse or lasts more than
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use

Keep out of reach of children. Overdose warning: In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Prompt medical attention is critical for adults as well as for children even if you do not

#### Directions

- do not use more than directed (see overdose warning)
- take every 4 hours, while symptoms persist. Do not take more than 6 packets in 24 hours unless directed by a doctor.

### Drug Facts (continued)

Age	Dose
adults and children 12 years of age and over	one packet
children under 12 years of age	do not use

- dissolve contents of one packet into 8 oz. hot water: sip while hot. Consume entire drink within 10-15 minute
- if using a microwave, add contents of one packet to 8 oz. of cool water: stir briskly before and after heating. Do not overheat

### Other information

- each packet contains: potassium 10 mg and sodium 25 mg
- phenylketonurics; contains phenylalanine 22 mg per packet store at 20-25°C (68-77°F). Protect product from heat

Inactive ingredients acesulfame potassium, anhydrous citric acid, aspartame, colloidal silicon dioxide, D&C yellow #10, FD&C blue #1, FD&C red #40, flavors, maltodextrin, pregelatinized starch, sodium citrate, sucrose, tribasic calcium phosphate

Questions or comments? 1-800-719-9260

### Nighttime Severe Cold & Cough

### Drug Facts

### Active ingredients (in each packet)

Purposes

### .Pain reliever/fever reducer cetaminophen 650 mg.

- USES temporarily relieves these symptoms due to a cold: minor aches and pains minor sore throat pain
- nasal and sinus congestion
   headache
- itchy nose or throat
- runny nose
   sneezing
- itchy, watery eyes due to hay fever ■ cough due to minor throat and bronchial irritation
- temporarily reduces fever

Liver warning: This product contains acetaminophen, Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
   3 or more alcoholic drinks every day while using this product
- Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:
- skin reddening blisters rash
- If a skin reaction occurs, stop use and seek medical help right away.

### Drug Facts (continued)

Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

- Do not use in a child under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- if you are now taking a prescription monoamine coidas inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- thyroid disease
- high blood pressure
- liver disease heart disease glaucoma
- trouble urinating due to an enlarged prostate gland
- a breathing problem such as emphysisma or chronic bronchitis
   cough that occurs with too much philegm (mucus)
- cough that lasts or is chronic such as occurs with smoking,
- asthma, or emphysema.

### Drug Facts (continued)

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers taking the blood thinning drug warfarin

- When using this product do not exceed recommended dosage avoid alcoholic drinks marked drowsiness may occur
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

Stop use and ask a doctor if mervousness, dizziness, or sleeplessness occurs

- fever gets worse or lasts more than 3 days
- redness or swelling is present new symptoms occur pain, cough or nasal congestion gets worse or lasts more than 7 days
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. Overdose warning: In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions ■ do not use more than directed (see overdose warning)
■ take every 4 hours, while symptoms persist. Do not take more than 5 packets in 24 hours unless directed by a doctor.

Age	Dose
adults and children 12 years of age and over	one packet
children under 12 years of age	do not use

- dissolve contents of one packet into 8 oz, hot water; sip while hot, Consume entire drink within 10-15 minutes.
- if using a microwave, add contents of one packet to 8 oz. of cool water: stir briskly before and after heating. Do not overheat.

### Other information

- each packet contains: potassium 10 mg and sodium 25 mg
- phenylketonurics: contains phenylalanine 13 mg per packet
- store at 20-25°C (68-77°F). Protect product from heat and moisture.

Inactive ingredients acesulfame potassium, anhydrous citric acid, aspartame, colloidal silicon diceide, D&C yellow #10, FD&C blue #1, FD&C red #40, flavors, mattodextrin, pregelatinized starch, sodium citrate, sucrose, tribasic calcium phosphata

### Questions or comments? 1-800-719-9260

These products are not manufactured or distributed by GSK Consumer Healthcare, distributor of Theraflu® Multi-Symptom Severe Cold and Theraflu® Nighttime Severe Cold & Cough.

Do not use if printed packets are torn or punctured

MADE IN MEXICO MADE WITH PRIDE & CARE FOR H-E-B® SAN ANTONIO, TX 78204





PARENTS:

10033-1808



1E655 1J C1

# DAYTIME SEVERE COLD AND FLU NIGHTTIME SEVERE COLD, COUGH AND FLU

acetaminophen, dextromethorphan hbr, phenylephrine hcl, diphenhydramine hcl kit

### **Product Information**

Product Type HUMAN OTC DRUG Item Code (Source) NDC:37808-602

Packaging			
# Item Code	Package Description	Marketing Start Date	Marketing End Date
1 NDC:37808-602-	1 in 1 CARTON; Type 0: Not a Combination Product	12/10/2018	

Quantity of Parts		
Part #	Package Quantity	Total Product Quantity
Part 1	1 CARTON	6
Part 2	1 CARTON	6

# Part 1 of 2

# **SEVERE COLD AND FLU**

acetaminophen, dextromethorphan hbr, phenylephrine hcl powder, for solution

### **Product Information**

Route of Administration ORAL

Active Ingredient/Active Moiety		
Ingredient Name	<b>Basis of Strength</b>	Strength
ACETAMINOPHEN (UNII: 36209ITL9D) (ACETAMINOPHEN - UNII:36209ITL9D)	ACETAMINOPHEN	500 mg
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	20 mg
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII: 1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg

Inactive Ingredients	
Ingredient Name	Strength
ACESULFAME POTASSIUM (UNII: 230V73Q5G9)	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
ASPARTAME (UNII: Z0H242BBR1)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
SODIUM CITRATE, UNSPECIFIED FORM (UNII: 1Q73Q2JULR)	
SUCROSE (UNII: C151H8M554)	
TRIBASIC CALCIUM PHOSPHATE (UNII: 91D9GV0Z28)	

Product Characteristics			
Color		Score	
Shape		Size	
Flavor	HONEY (green tea) , LEMON (green tea)	Imprint Code	
Contains			

Pa	Packaging			
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		6 in 1 CARTON; Type 0: Not a Combination Product		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	12/10/2018	

# Part 2 of 2

# SEVERE COLD, FLU AND COUGH

acetaminophen, diphenhydramine hydrochloride, phenylephrine hydrochloride powder, for solution

Product Information	
Route of Administration	ORAL

# **Active Ingredient/Active Moiety**

Ingredient Name	<b>Basis of Strength</b>	Strength
ACETAMINOPHEN (UNII: 36209ITL9D) (ACETAMINOPHEN - UNII:36209ITL9D)	ACETAMINOPHEN	650 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII: 1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg

Inactive Ingredients		
Ingredient Name	Strength	
ACESULFAME POTASSIUM (UNII: 230V73Q5G9)		
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)		
ASPARTAME (UNII: Z0H242BBR1)		
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)		
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)		
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)		
FD&C RED NO. 40 (UNII: WZB9127XOA)		
MALTODEXTRIN (UNII: 7CVR7L4A2D)		
SODIUM CITRATE, UNSPECIFIED FORM (UNII: 1Q73Q2JULR)		
SUCROSE (UNII: C151H8M554)		
TRIBASIC CALCIUM PHOSPHATE (UNII: 91D9GV0Z28)		

Product Characteristics			
Color	WHITE (mixture of white, light yellow-orange particles) , ORANGE	Score	
Shape		Size	
Flavor		Imprint Code	
Contains			

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		6 in 1 CARTON; Type 0: Not a Combination Product		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	12/10/2018	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	12/10/2018	

# **Labeler -** H E B (007924756)

Revised: 12/2022 H E B