

**RESTFUL LEGS PM- anemone patens,matricaria
chamomilla,sulfur,zinc,toxicodendron pubescens leaf,arsenic trioxide,arabica
coffee bean,lycopodium clavatum spore tablet
Hyland's Inc.**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Restful Legs PM

Drug Facts

Active Ingredients

Arsenicum Album 12X HPUS

Chamomilla 3X HPUS

Coffea Cruda 3X HPUS

Lycopodium 6X HPUS

Pulsatilla 6X HPUS

Rhus Toxicodendron 6X HPUS

Sulphur 6X HPUS

Zincum Metallicum 12X HPUS

"HPUS" indicates that the active ingredients are in the official Homeopathic Pharmacopœia of the United States.

Purpose

creeping, crawling itch

occasional sleeplessness, disrupted sleep

occasional sleeplessness

feeling of agitation while lying down

constant urge to move legs

agitation, better with activity

itching, tingling, and urge to move legs

twitching and jerking of legs while sitting

Uses

■ Helps temporarily relieve occasional sleeplessness or disrupted sleep due to:

- agitation or compelling urge to jerk or move legs
- itching, tingling, or crawling sensations in legs

Warnings

Ask a doctor before use if you have

Restless Leg Syndrome.

Stop use and ask a doctor if

symptoms persist for more than 7 days or worsen.

If pregnant or breastfeeding

Ask a health professional before use

Keep out of reach of children

Directions

- Use as directed.

Adults and Children 12 years and over	Dissolve 2-3 tablets under tongue at bedtime and every 4 hours during the night until relieved.
Children 6 years to under 12 years	Dissolve 1-2 tablets under tongue at bedtime and every 4 hours during the night until relieved.

Inactive Ingredients

Acacia Gum, Lactose.

Questions?

www.hylands.com or care@hylands.com

***CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.**

****THIS PRODUCT IS NOT INTENDED TO TREAT RESTLESS LEG SYNDROME.**

DO NOT USE IF TAMPER-EVIDENT SEAL IS BROKEN OR MISSING.

Principal Display Panel- Restful Legs PM 50 Count

Hyland's

NATURALS™

RESTFUL

LEGS PM

FAST + EFFECTIVE RELIEF*

Helps calm

agitated legs

so you can sleep**

50

QUICK-DISSOLVING

TABLETS

HOMEOPATHIC



RESTFUL LEGS PM

anemone patens,matricaria chamomilla,sulfur,zinc,toxicodendron pubescens leaf,arsenic trioxide,arabica coffee bean,lycopodium clavatum spore tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:54973-3352
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARSENIC TRIOXIDE (UNII: S7V92P67HO) (ARSENIC CATION (3+) - UNII:C96613F5AV)	ARSENIC TRIOXIDE	12 [hp_X]
MATRICARIA CHAMOMILLA (UNII: G0R4UBI2ZZ) (MATRICARIA CHAMOMILLA - UNII:G0R4UBI2ZZ)	MATRICARIA CHAMOMILLA	3 [hp_X]
SULFUR (UNII: 70FD1KFU70) (SULFUR - UNII:70FD1KFU70)	SULFUR	6 [hp_X]
ZINC (UNII: J41CSQ7QDS) (ZINC - UNII:J41CSQ7QDS)	ZINC	12 [hp_X]
ARABICA COFFEE BEAN (UNII: 3SW678MX72) (ARABICA COFFEE BEAN - UNII:3SW678MX72)	ARABICA COFFEE BEAN	3 [hp_X]
LYCOPODIUM CLAVATUM SPORE (UNII: C88X29Y479) (LYCOPODIUM CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPODIUM CLAVATUM SPORE	6 [hp_X]
PULSATILLA PATENS WHOLE (UNII: 4M1169RWJD) (PULSATILLA PATENS WHOLE - UNII:4M1169RWJD)	PULSATILLA PATENS WHOLE	6 [hp_X]
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	TOXICODENDRON PUBESCENS LEAF	6 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
ACACIA (UNII: 5C5403N26O)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	

Product Characteristics

Color	white (Off-White to Light Beige)	Score	no score
Shape	ROUND	Size	9mm
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:54973-3352-1	1 in 1 CARTON	03/14/2018	
1		50 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:54973-3352-2	4 in 1 PACKET; Type 0: Not a Combination Product	03/14/2018	
3	NDC:54973-3352-3	1 in 1 CARTON	03/14/2018	12/29/2021
3		30 in 1 BOTTLE, PLASTIC; Type 0: Not a		

3		Combination Product		
4	NDC:54973-3352-4	1 in 1 CARTON	03/14/2018	
4		16 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
5	NDC:54973-3352-5	1 in 1 CARTON	03/14/2018	
5		16 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/14/2018	

Labeler - Hyland's Inc. (008316655)

Establishment

Name	Address	ID/FEI	Business Operations
Hyland's Consumer Health Inc.		008316655	pack(54973-3352) , label(54973-3352) , manufacture(54973-3352)

Revised: 4/2025

Hyland's Inc.