

**LEADER NIGHTTIME SLEEP-AID- diphenhydramine hydrochloride liquid
CARDINAL HEALTH**

**Leader Nighttime Sleep Aid Diphenhydramine HCl Berry Flavor 12 FL OZ
354mL**

Drug Facts

Active ingredient (in each 30 mL dose cup)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin
- with other drugs that cause drowsiness such as antihistamines and nighttime cold/flu products

Ask a doctor before use if you have

- a breathing problem such as asthma, emphysema, or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland
- heart disease

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers or any other sleep- aid.

When using this product

- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if sleeplessness persists continuously for more than two weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning:

Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away. 1-800-222-1222

Directions

- take only one dose per day (24 hours) – see Overdose warning
- Measure with dosing cup provided.

adults & children 12 yrs & over	One Dose = 30 mL (2 tablespoons) at bed time if needed or as directed by a doctor
Children under 12 yrs	Do not use

Other information

- each 30 mL dose contains: **sodium 23 mg**
- store at room temperature
- protect from light. Does not meet USP <671>

Inactive ingredients

anhydrous citric acid, FD&C blue 1, FD&C red 40, flavor, glycerin, potassium citrate, purified water, sodium benzoate, sorbitol, sucralose, xanthan gum.

Questions or comments?

1-866-467-2748

PRINCIPAL DISPLAY PANEL

LEADER

NDC **70000-0174-1**

Nighttime Sleep-aid

Diphenhydramine HCl

COMPARE TO ZZZQUIL[®] active ingredient*

100% money Back Guarantee

- Non-habit forming

Berry flavor

Naturally & Artificially Flavored

- Non-habit forming

12 FL OZ (354 mL)

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Failure to follow these warnings could result in serious consequences.

TAMPER EVIDENT: Do not use if printed shrink band is missing or broken

DISTRIBUTED BY: CARDINAL HEALTH

DUBLIN, OHIO 43017

www.myleader.com 1-800-200-6313

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LEADER NIGHTTIME SLEEP-AID

diphenhydramine hydrochloride liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70000-0174
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40)
(DIPHENHYDRAMINE - UNII:8GTS82S83M)

DIPHENHYDRAMINE
HYDROCHLORIDE

50 mg
in 30 mL

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
GLYCERIN (UNII: PDC6A3C0OX)	
POTASSIUM CITRATE (UNII: EE90ONI6FF)	
WATER (UNII: 059QF0KO0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SORBITOL (UNII: 506T60A25R)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
XANTHAN GUM (UNII: TTV12P4NEE)	

Product Characteristics

Color	purple	Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70000-0174-1	354 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	01/17/2017	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	01/17/2017	

Labeler - CARDINAL HEALTH (063997360)

Revised: 10/2025

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