

MUSCLE RESCUE- arnica montana, rhus tox, phytolacca decandra, pulsatilla (vulgaris), ruta graveolens gel
Peaceful Mountain, Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

DRUG FACTS:

ACTIVE INGREDIENTS:

0.20% of Arnica Montana 3X, Phytolacca Decandra 12X, Pulsatilla 12X, Rhus Tox 4X, Ruta Graveolens 12X.

PURPOSE:

May temporarily relieve minor symptoms of muscle aches, pains from overexertion, and injury.**

**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

WARNINGS:

For external use only.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

When using this product. Do not get into eyes.

Stop use and ask a doctor if. Condition worsens • Symptoms last more than 7 days. Do not use if safety seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN:

If swallowed, get medical help or contact a Poison Control Center right away.

DIRECTIONS:

Apply at least 3 times daily over the affected area. Children under 12 years of age: Consult a doctor.

INDICATIONS:

May temporarily relieve minor symptoms of muscle aches, pains from overexertion, and

injury.**

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INACTIVE INGREDIENTS:

Water/Arnica (Arnica Montana) Flower/Comfrey (Symphytum officinale) Leaf/White Willow (Salix Alba) Bark/Witch Hazel (Hamamelis Virginiana) Bark/Ascorbic Acid Extract, Water, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Aloe Vera Leaf Juice, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, PEG-33, PEG-8 Dimethicone, PEG-14, Sodium Hydroxide, Tocopherols (Soy), Disodium EDTA, Natural Plant Extract, Potassium Sorbate, Sodium Benzoate, Ethanol and Citric Acid

QUESTIONS:

Dist. by Peaceful Mountain, Inc.

Woodbine, IA 51579

888-303-3388

www.peacefulmountain.com

PACKAGE DISPLAY LABEL:

Muscle rescue

Peaceful Mountain

homeopathic gel

Net wt. 2 oz. (57 g)



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patent pending

muscle rescue®

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unscented • non-greasy • no petroleum • no animal testing

peaceful mountain®
THE HEIGHT OF HEALTH®

homeopathic gel

paraben-free



formulated in
boulder, co

Net wt. 2 oz. (57 g)

MUSCLE RESCUE

arnica montana, rhus tox, phytolacca decandra, pulsatilla (vulgaris), ruta graveolens gel

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:43846-0083
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA WHOLE (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA WHOLE	3 [hp_X] in 1 g
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	TOXICODENDRON PUBESCENS LEAF	4 [hp_X] in 1 g
PHYTOLACCA AMERICANA ROOT (UNII: 11E6VI8VEG) (PHYTOLACCA AMERICANA ROOT - UNII:11E6VI8VEG)	PHYTOLACCA AMERICANA ROOT	12 [hp_X] in 1 g
PULSATILLA VULGARIS WHOLE (UNII: I76KB35JEV) (ANEMONE PULSATILLA - UNII:I76KB35JEV)	PULSATILLA VULGARIS WHOLE	12 [hp_X] in 1 g
RUTA GRAVEOLENS FLOWERING TOP (UNII: N94C2U587S) (RUTA GRAVEOLENS FLOWERING TOP - UNII:N94C2U587S)	RUTA GRAVEOLENS FLOWERING TOP	12 [hp_X] in 1 g

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	
CAPRYLYL GLYCOL (UNII: 00YIU5438U)	
SORBIC ACID (UNII: X045WJ989B)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
CARBOMER COPOLYMER TYPE A (ALLYL PENTAERYTHRITOL CROSSLINKED) (UNII: 71DD5V995L)	
POLYETHYLENE GLYCOL 1600 (UNII: 1212Z7S33A)	
PEG-8 DIMETHICONE (600 CST) (UNII: GIA7T764OD)	
POLYETHYLENE GLYCOL 700 (UNII: 762678AC5R)	
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
.ALPHA.-TOCOPHEROL (UNII: H4N855PNZ1)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	
OREGANO (UNII: 0E5AT8T16U)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)	
COMFREY LEAF (UNII: DG4F8T839X)	
SALIX ALBA BARK (UNII: 205MXS71H7)	
HAMAMELIS VIRGINIANA BARK (UNII: IH3063S9MY)	
ASCORBIC ACID (UNII: PQ6CK8PD0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
ALCOHOL (UNII: 3K9958V90M)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
	NDC 43846	57 mL (1.9 FL OZ) TUBE, Tube, 1.9 FL OZ (57 mL)		

1	NDC:43846-0083-1	57 g in 1 TUBE; Type U: Not a Combination Product	06/11/2024	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
unapproved homeopathic			06/11/2024	

Labeler - Peaceful Mountain, Inc. (078430707)

Registrant - Apotheca Company (844330915)

Establishment			
Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture(43846-0083) , api manufacture(43846-0083) , label(43846-0083) , pack(43846-0083)

Revised: 6/2024

Peaceful Mountain, Inc.