# HEADACHE RELIEF TO GO- as pirin and caffeine powder Breakthrough Products Inc.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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#### Headache Relief to GoTM

#### **Drug Facts**

Active Ingredients (per powder)	Purpose
Aspirin 325 mg (NSAID)*	Pain reliever
Caffeine 30 mg	Pain reliever aid

<sup>\*</sup> nonsteroidal anti-inflammatory drug

#### Uses

- temporarily relieves
- muscle pain
- minor arthritis pain
- headache
- pain and fever of colds

# Warnings

# Reye's syndrome

Children and teenagers who have or are recovering from chickenpox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

### Allergy alert

Aspirin may cause a severe allergic reaction which may include:

- hives
- facial swelling
- asthma (wheezing)
- shock

## Stomach bleeding warning

This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for longer than directed

**Do not use** if you are allergic to aspirin or any other pain reliever/fever reducer

#### Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have asthma

# Ask a doctor or pharmacist before use if you are taking a prescription drug for

- gout
- diabetes
- arthritis

**When using this product** limit use of caffeine containing drugs, foods, or drinks, because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat

#### Stop use and ask a doctor if

- an allergic reaction occurs (seek medical help right away)
- pain gets worse or lasts more than 10 days
- redness or swelling is present
- fever lasts more than 3 days
- new symptoms occur
- ringing in the ears or a loss of hearing occurs
- you experience any of the following signs of stomach bleeding:
  - feel faint
  - vomit blood
  - have bloody or black stools
  - have stomach pain that does not get better

**If pregnant or breast-feeding**, ask a health professional before use. It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

#### Directions

adults and children 12 years and over

- see instructions above for opening packet
- place 1-2 powders on the tongue and swallow with or without water
- repeat every 4-6 hours, while symptoms persist
- do not take more than 8 powders in 24 hours
- children under 12 years: Ask a doctor

### **Inactive ingredients**

acesulfame potassium, citric acid, flavor, glucose, sucralose

#### Questions?

1-888-99-URGENT (Mon-Fri 9AM-5PM MDT)

# Do not use if pouch is torn or open

distributed by URGENT Rx®
Breakthrough Products, Inc.
Denver, CO 80202

#### PRINCIPAL DISPLAY PANEL - Pouch Label

New!

RIGHT NOW

 $RELIEF_{TM}$ 

No Liquid Required **FAST POWDERS**<sup>TM</sup>

Pour Directly In Mouth

SEE OPENING INSTRUCTIONS ON BACK PANEL

HEAD ACHE

 $URGENT Rx^{\mathbb{R}}$ 

RELIEF TO- $GO_{TM}$ 

ASPIRIN (NSAID) + CAFFEINE / PAIN RELIEVER + ADJUVANT

#### lemon-lime

distributed by UrgentRx 1 POWDER PACK





www.urgentRx.com

Do not use if pouch is torn or open

Headache Relief to Go

distributed by *URGENT R*<sub>®</sub>

Breakthrough Products, Inc.

Denver, CO 80202

Fold Top and Store in Purse or Wallet

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Purpose Pain reliever

Pain reliever aid

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orug • take other drugs containing prescription or nonprescription
NSAIDs (aspirin, ibuprofen, naproxen, or others) • have 3 or more
alcoholic drinks every day while using this product • take more or for longer than directed **Do** not use if you are allergic to aspirin or any other pain reliever/fever reducer Ask a doctor before use if . stomach bleeding warning applies to you . you have a history of stomach problems, such as heartburn • you have high blood pressure, heart disease, liver cirrhosis, or kidney disease • you are taking a diuretic • you have asthma Ask a doctor or pharmacist before use if you are taking a prescription drug for . gout . diabetes . arthritis When using this product limit use of caffeine containing drugs, foods, or drinks, because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat Stop use and ask a doctor if • an allergic reaction occurs (seek medical help right away) • pain gets worse or lasts more than 10 days • redness or swelling is present • fever lasts more than 3 days • new symptoms occur • ringing in the ears or a loss of hearing occurs • you experience any of the following signs of stomach bleeding: • feel faint vomit blood
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#### HEADACHE RELIEF TO GO

aspirin and caffeine powder

Route of Administration

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:51596-007

ORAL

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
aspirin (UNII: R16CO5Y76E) (aspirin - UNII:R16CO5Y76E)	aspirin	325 mg	
caffeine (UNII: 3G6 A5W338E) (caffeine - UNII:3G6 A5W338E)	caffeine	30 mg	

Inactive Ingredients			
Ingredient Name	Strength		
acesulfame potassium (UNII: 23OV73Q5G9)			
anhydrous citric acid (UNII: XF417D3PSL)			
dextrose (UNII: IY9 XDZ35W2)			
sucralose (UNII: 96K6UQ3ZD4)			

Product Characteristics				
Color	WHITE	Score		
Shape		Size		
Flavor	LEMON (Lemon-Lime)	Imprint Code		
Contains				

Packaging				
# Ite	m Code	Package Description	Marketing Start Date	Marketing End Date
1 NDC:5159	6-007-05	5 in 1 BOX		
1 NDC:5159	6-007-01	1 in 1 POUCH		
2 NDC:5159	6-007-12	12 in 1 BOX		
2 NDC:5159	6-007-01	1 in 1 POUCH		
3 NDC:5159	6-007-24	24 in 1 BOX		
3 NDC:5159	6-007-01	1 in 1 POUCH		
4 NDC:5159	6-007-01	1 in 1 POUCH		

Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC MONOGRAPH NOT FINAL	part343	10/01/2012		

# Labeler - Breakthrough Products Inc. (962008251)

Revised: 11/2013 Breakthrough Products Inc.