

**COUGH DM- dextromethorphan polistirex suspension, extended release**  
**Meijer Distribution Inc**

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**Meijer Distribution, Inc. Cough DM Drug Facts**

**Active ingredient (in each 5 mL)**

Dextromethorphan polistirex equivalent to 30 mg dextromethorphan hydrobromide

**Purpose**

Cough suppressant

**Uses**

temporarily relieves

- cough due to minor throat and bronchial irritation as may occur with the common cold or inhaled irritants
- the impulse to cough to help you get to sleep

**Warnings**

**Do not use**

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Allergy Alert:** Contains sodium metabisulfite, a sulfite that may cause allergic-type reactions.

**Ask a doctor before use if you have**

- chronic cough that lasts as occurs with smoking, asthma, or emphysema
- cough that occurs with too much phlegm (mucus)

**Stop use and ask a doctor if**

- side effects occur. You may report side effects to FDA at 1-800-FDA-1088.
- cough lasts more than 7 days, cough comes back, or occurs with fever, rash or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

## Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

## Directions

- **shake bottle well before use**
- measure only with dosing cup provided
- do not use dosing cup with other products
- dose as follows or as directed by a doctor

adults and children 12 years of age and over	10 mL every 12 hours, not to exceed 20 mL in 24 hours
children 6 to under 12 years of age	5 mL every 12 hours, not to exceed 10 mL in 24 hours
children 4 to under 6 years of age	2.5 mL every 12 hours, not to exceed 5 mL in 24 hours
children under 4 years of age	do not use

## Other information

- each 5 mL contains: **sodium 5 mg**
- store at 20° to 25°C (68° to 77°F)
- dosing cup provided

## Inactive ingredients

artificial grape flavor, D&C Red #30 aluminum lake, FD&C Blue #1 aluminum lake, glycerin, high fructose corn syrup, methylparaben, polysorbate 80, polyvinyl acetate, povidone, propylparaben, purified water, sodium metabisulfite, sodium polystyrene sulfonate, sucrose, tartaric acid, tragacanth gum, triacetin, xanthan gum

## Questions or comments?

**1-800-719-9260**

## Package/Label Principal Display Panel

meijer®

Cough DM

Dextromethorphan Polistirex Extended-Release Oral Suspension

Cough Suppressant

COMPARE TO DELSYM® ACTIVE INGREDIENT

12 HOUR RELIEF

CONTROLS COUGH DAY OR NIGHT

GRAPE-FLAVORED LIQUID

Alcohol Free

Contains sodium metabisulfite, a sulfite that may cause allergic-type reactions

5 FL OZ (148 mL)



# COUGH DM

dextromethorphan polistirex suspension, extended release

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:41250-494
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	30 mg in 5 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>D&amp;C RED NO. 30 ALUMINUM LAKE</b> (UNII: GE75M6YV5W)	
<b>FD&amp;C BLUE NO. 1 ALUMINUM LAKE</b> (UNII: J9EQA3S2JM)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>HIGH FRUCTOSE CORN SYRUP</b> (UNII: XY6UN3QB6S)	
<b>METHYLPARABEN</b> (UNII: A2I8C7HI9T)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>POLYVINYL ACETATE</b> (UNII: 32K497ZK2U)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>PROPYLPARABEN</b> (UNII: Z8IX2SC1OH)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM METABISULFITE</b> (UNII: 4VON5FNS3C)	
<b>SODIUM POLYSTYRENE SULFONATE</b> (UNII: 1699G8679Z)	
<b>SUCROSE</b> (UNII: C151H8M554)	
<b>TARTARIC ACID</b> (UNII: W4888I119H)	
<b>TRAGACANTH</b> (UNII: 2944357O2O)	
<b>TRIACETIN</b> (UNII: XHX3C3X673)	
<b>XANTHAN GUM</b> (UNII: TTV12P4NEE)	

## Product Characteristics

<b>Color</b>	PURPLE	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	GRAPE	<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41250-494-28	1 in 1 CARTON	03/26/2015	
1		148 mL in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA091135	03/26/2015	

**Labeler** - Meijer Distribution Inc (006959555)

Revised: 1/2026

Meijer Distribution Inc