

KONSYL ORIGINAL FORMULA PSYLLIUM FIBER- psyllium husk granule
Konsyl Pharmaceuticals, Inc.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Konsyl Original Formula Psyllium Fiber

Konsyl Original Formula Psyllium Fiber

Active Ingredients (in each teaspoon)

Psyllium Hydrophilic Mucilloid 6g

Purpose

Laxative

Uses

For relief of occasional constipation and to induce regularity.

This product generally produces bowel movements within 12-72 hours.

Warnings

Choking Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Do not use

- when abdominal pain, nausea or vomiting are present unless directed by a doctor.
- if constipation lasts more than seven days
- if you have difficulty swallowing

Ask a doctor before use if you have

- noticed a sudden change in bowel habits that persists over a period of 2 weeks

Stop use and ask a doctor if

- you experience rectal bleeding or fail to have a bowel movement, as these may be signs of a serious condition

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away

Directions

Mix this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough fluid may cause choking. See choking warning.

adults and children 12 years and older | one teaspoon 1 to 3 times daily

children 6 to under 12 years of age | 1/2 teaspoon 1 to 3 times daily

children under 6 years of age | consult a doctor

Other Information

- each 6g dose contains: Potassium 50mg
- laxatives, including bulk fibers, may affect how other medicines work, wait 1-2 hours before or after taking other medicines
- tamper-evident bottle mouth sealed for your protection
- do not use if imprinted inner seal is broken or missing
- do not discard Konsyl into any plumbing system
- store below 86 degrees F (30 degrees C)
- keep container tightly closed-protect from excessive moisture
- can be taken before or after meals, mornings or evenings

Inactive Ingredients

none

Questions or comments?

- 1-800-356-6795 8:30 a.m to 5 p.m. ET.

Package Labeling

Drug Facts

Active Ingredient (in each teaspoon) **Purpose**
 Psyllium Hydrophilic Muclloid 6g.....Laxative

Uses For relief of occasional constipation and to induce regularity. This product generally produces bowel movements within 12-72 hours.

Warnings
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Do not use
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NDC 0224-1801-07



KONSYL
 100% ALL-NATURAL
ORIGINAL FORMULA
 PSYLLIUM FIBER

**Helps Lower Cholesterol
 To Promote Heart Health***

Also helps support

- Healthy Blood Sugar Levels+
- Digestive Health
- Healthy Weight+

Heart Healthy **More Psyllium Fiber Per Dose!*** **75 Doses**

Sugar Free Gluten Free
LAXATIVE / SUPPLEMENT

NET WEIGHT 450g (15.9oz)

Supplement Facts

Serving Size: 1 teaspoon (6g)
 Servings Per Container 75

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 5g	2%*
Dietary Fiber 5g	20%*
Soluble Fiber 3g	†
Iron 1mg	6%*

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Ingredients: Psyllium Hydrophilic Muclloid (Husks)

Manufactured By
 Konsyl Pharmaceuticals, Inc. Easton, MD 21601
 www.konsyl.com ©Konsyl Pharmaceuticals, Inc.

Dosage: Adults and children 12 years and over: One teaspoon 1 to 3 times daily. **Children 6 to under 12 years of age:** 1/2 teaspoon 1 to 3 times daily. Follow with additional fluid to aid product action, before or after meals, mornings or evenings. **Children under 6 years of age:** consult a doctor. **Notice:** This product should be taken with at least a full glass of liquid. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. **Warnings:** Read entire label, including warnings in Drug Facts. **Allergy Alert:** Inhaled or ingested psyllium powder may cause an allergic reaction in people sensitive to psyllium.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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* For lowering cholesterol to promote heart health. Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from psyllium husk as in Konsyl Original Formula may reduce the risk of heart disease by lowering cholesterol. One adult dose of Konsyl Original Formula has 3 grams of this soluble fiber.
 ** More psyllium fiber per dose than the leading brands.

Package Labeling: 0224-1801-80

Drug Facts

Active Ingredient (in each teaspoon) Psyllium Hydrophilic Mucilloid Gg. **Purpose** Bulk-forming laxative

Use For relief of occasional constipation and aid in regularity. This product generally produces bowel movements within 12-72 hours.

Warnings
Choking Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Do not use
 ■ when abdominal pain, nausea or vomiting are present unless directed by a doctor
 ■ if constipation lasts more than seven days
 ■ if you have difficulty swallowing

Ask a doctor before use if you have
 ■ noticed a sudden change in bowel habits that persists over a period of 2 weeks.

Stop use and ask a doctor if
 ■ you experience rectal bleeding or fail to have a bowel movement, as these may be signs of a serious condition

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions Mix this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough fluid may cause choking. See choking warning.

adults and children 12 years and older	one teaspoon 1 to 3 times daily
children 6 to under 12 years of age	1/2 teaspoon 1 to 3 times daily
children under 6 years of age	consult a doctor

Other Information
 ■ each 6g dose contains Potassium 50mg
 ■ laxatives, including bulk fibers, may affect how other medicines work, wait 1-2 hours before or after taking other medicines
 ■ tamper-evident bottle mouth sealed for your protection
 ■ do not use if imprinted inner seal is broken or missing
 ■ do not discard Konsyl into any plumbing system
 ■ store below 86° F (30° C)
 ■ keep container tightly closed-protect from excessive moisture
 ■ can be taken before or after meals, mornings or evenings

Inactive Ingredients none

Questions or Comments? *+1-410-822-5192 8:30 a.m. to 5 p.m. ET.

* For lowering cholesterol to promote heart health. Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from psyllium husk as in Konsyl Original Formula may reduce the risk of heart disease by lowering cholesterol. One adult dose of Konsyl Original Formula has 3 grams of this soluble fiber.

NDC 0224-1801-80

NEW LOOK Same trusted formula!

Konsyl

ORIGINAL FORMULA DAILY FIBER

100% PSYLLIUM FIBER

ALL NATURAL

SUGAR FREE

NON-GMO FREE

GF GLUTEN FREE

K PAREVE PASSOVER

✓ Helps support digestive health
 ✓ Helps support healthy weight*
 ✓ Helps lower cholesterol to promote heart health**
 ✓ Helps support healthy blood sugar levels*

Heart Healthy

POWDER LAXATIVE / FIBER SUPPLEMENT NET WEIGHT 10.6 oz (300g)

Supplement Facts

Serving Size: 1 teaspoon (6g)
 Servings Per Container 50

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 5g	2%*
Dietary Fiber 5g	20%*
Soluble Fiber 3g	†
Iron 1mg	6%*

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Ingredients: Psyllium Hydrophilic Mucilloid (Husks)

Manufactured For Konsyl Pharmaceuticals, Inc. Easton, MD 21601
www.konsyl.com ©Konsyl Pharmaceuticals, Inc.

Dosage: Adults and children 12 years and over: One teaspoon 1 to 3 times daily. Children 6 to under 12 years of age: 1/2 teaspoon, before or after meals, mornings or evenings. Children under 6 years of age: consult a doctor. **Notice:** This product should be taken with at least a full glass of liquid. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. **WARNING:** This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov. Read entire label, including warnings in Drug Facts. **Allergy Alert:** Inhaled or ingested psyllium powder may cause an allergic reaction in people sensitive to psyllium.

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Package Labeling: 0224-1801-84

Drug Facts

Active Ingredient (in each packet) Psyllium Hydrophilic Mucilloid Gg. **Purpose** Bulk-forming laxative

Use For relief of occasional constipation and aid in regularity. This product generally produces bowel movements within 12-72 hours.

Warnings
Choking Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

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Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions Mix this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough fluid may cause choking. See choking warning.

adults and children 12 years and older	one packet 1 to 3 times daily
children 6 to under 12 years of age	1/2 packet 1 to 3 times daily
children under 6 years of age	consult a doctor

Other Information
 ■ each 6g dose contains Potassium 50mg
 ■ laxatives, including bulk fibers, may affect how other medicines work, wait 1-2 hours before or after taking other medicines
 ■ tamper-evident packaging. Do not use if opened or damaged
 ■ do not discard Konsyl into any plumbing system
 ■ store below 86° F (30° C)
 ■ can be taken before or after meals, mornings or evenings

Inactive Ingredients none

Questions or Comments? *+1-410-822-5192 8:30 a.m. to 5 p.m. ET.

* For lowering cholesterol to promote heart health. Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from psyllium husk as in Konsyl Original Formula may reduce the risk of heart disease by lowering cholesterol. One adult dose of Konsyl Original Formula has 3 grams of this soluble fiber.

NDC 0224-1801-84

NEW LOOK Same trusted formula!

Konsyl

ORIGINAL FORMULA DAILY FIBER

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ALL NATURAL

SUGAR FREE

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K PAREVE PASSOVER

✓ Helps support digestive health
 ✓ Helps support healthy weight*
 ✓ Helps lower cholesterol to promote heart health**
 ✓ Helps support healthy blood sugar levels*

Heart Healthy

POWDER LAXATIVE / FIBER SUPPLEMENT

30-0.2 OZ (6g) SINGLE DOSE PACKETS/NET WT 6.3 OZ (180g)

Package Labeling: 0224-1801-88

Drug Facts

Active Ingredient (in each teaspoon)
 Psyllium Hydrophilic Mucilloid 6g **Purpose**
 Bulk-forming laxative

Use For relief of occasional constipation and aid in regularity. This product generally produces bowel movements within 12-72 hours.

Warnings
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 ■ do not discard Konsyl into any plumbing system
 ■ store below 86° F (30° C)
 ■ keep container tightly closed-protect from excessive moisture
 ■ can be taken before or after meals, mornings or evenings

Inactive Ingredients none

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Helps support healthy weight +
 Helps lower cholesterol to promote heart health **
 Helps support healthy blood sugar levels *
 * For lowering cholesterol to promote heart health. Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from psyllium husk as in Konsyl Original Formula may reduce the risk of heart disease by lowering cholesterol. One adult dose of Konsyl Original Formula has 3 grams of this soluble fiber.

NDC 0224-1801-88

TRUSTED BRAND FOR 80+ YEARS

Konsyl

ALL NATURAL PSYLLIUM FIBER PRODUCT 100%

ORIGINAL FORMULA

DAILY PSYLLIUM FIBER

★ All-natural fiber supplement
 ★ Helps support digestive health
 ★ Provides gentle relief to aid in regularity

ALL NATURAL SUGAR FREE GMO FREE GLUTEN FREE PAREVE PASSOVER

POWDER LAXATIVE / FIBER SUPPLEMENT NET WEIGHT 14.2 oz (402g)

Supplement Facts

Serving Size: 1 teaspoon (6g)
 Servings Per Container 67

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 5g	2%*
Dietary Fiber 5g	20%*
Soluble Fiber 3g	†
Iron 1mg	6%*

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Ingredients: Psyllium Hydrophilic Mucilloid (Husks)
 Manufactured For Konsyl Pharmaceuticals, Inc. Easton, MD 21601
 www.konsyl.com ©Konsyl Pharmaceuticals, Inc.

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KONSYL ORIGINAL FORMULA PSYLLIUM FIBER

psyllium husk granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0224-1801
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PSYLLIUM HUSK (UNII: 0SHO53407G) (PSYLLIUM HUSK - UNII:0SHO53407G)	PSYLLIUM HUSK	6 g in 6 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0224-1801-84	30 in 1 BOX	03/31/2011	
1		6 g in 1 PACKET; Type 0: Not a Combination Product		
2	NDC:0224-1801-35	30 in 1 BOX	03/31/2011	03/01/2020
2		6 g in 1 PACKET; Type 0: Not a Combination Product		
3	NDC:0224-1801-07	450 g in 1 CANISTER; Type 0: Not a Combination Product	03/31/2011	04/01/2020
4	NDC:0224-1801-81	450 g in 1 CANISTER; Type 0: Not a Combination Product	03/31/2011	
5	NDC:0224-1801-06	300 g in 1 CANISTER; Type 0: Not a Combination Product	03/31/2011	04/01/2020
6	NDC:0224-1801-80	300 g in 1 CANISTER; Type 0: Not a Combination Product	03/31/2011	
7	NDC:0224-1801-88	402 g in 1 BOTTLE; Type 0: Not a Combination Product	10/17/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	03/31/2011	

Labeler - Konsyl Pharmaceuticals, Inc. (102463866)

Registrant - Konsyl Pharmaceuticals, Inc. (102463866)

Revised: 10/2019

Konsyl Pharmaceuticals, Inc.